

## 2009 DAVIS BIKE CLUB TOURS

1. **March 19 - 22: Clear Lake Tour # 1 (Russell Reagan)**
2. **March 21-22: Clear Lake Tour # 2 (Lee Mitchell)**
3. **March 29 - April 2: March Fools Tour**
4. **April 24 – 26: Sierra Foothills Tour**
5. **May 2 – 3: Rocklin Roll**
6. **May 23 – 24: San Francisco/Marin Saunter**
7. **July 12 – 19: Smell the Roses, Oregon Tour**
8. **TBA: Quebec**
9. **September 18 – 20: Gold Lakes Tour**
10. **September 22 – 26: Tour de Bakery**
11. **Late December: Calistoga Tour**

**Please Note: Tour participation requires current DBC Membership and a commitment of 8 hours work time to a DBC activity some time in 2009. Deposits for tours are not always refundable; for example, when rooms have been booked before the participant cancels and rooms cannot be cancelled and/or no replacements can be found.**

### Clear Lake Tours #1 (Russell) and #2 (Lee)

Tour #1, Russell Reagan, March 19-22: This tour is a four-day version of Lee Mitchell's Clear Lake Tour #2, with a two-night stay at Harbin Hot Springs near Middletown, before we join the faster riders from the two-day tour as they approach Clear Lake. The last part of this tour is the same as Lee's two-day version (see following description): motel stay in Lakeport, and 104-mile ride back to Davis on the final day. We will have our own SAG, in addition to Lee Mitchell providing SAG for his two-day tour.

If you are an occasional century rider, or aspire to ride your first century with a moderate amount of hill climbing -- or if you're interested in the Clear Lake tour but prefer to take the first half of it at a slower pace with an extra day at a beautiful resort with hiking trails and hot tubs -- then this tour is for you! Our itinerary breaks the "harshesht" day of the traditional two-day Clear Lake tour into two segments: 77 miles, and 30 miles -- the latter beginning with the challenging ascent of Cobb Mountain grade (Highway 175 north to the town of Cobb). This gives us more time to enjoy the beautiful back roads of the coastal mountains in Napa and Lake Counties.

Harbin Hot Springs, where we will stay the first two nights, is a vacation destination in its own right: 1600 acres with hiking trails, clothing-optional soaking pools of varying temperatures from the hot springs, daily workshops (e.g. yoga classes) and various events to which we have free access as guests. The Stonefront Restaurant on site serves breakfast and dinner.

Thursday, March 19: Davis to Harbin Hot Springs, 77 miles  
Friday, March 20: "free" day at Harbin Hot Springs  
Saturday, March 21: Harbin Hot Springs to Lakeport, 30 miles  
Sunday, March 22: Lakeport to Davis, 104 miles

Cost to each rider ranges from \$147-\$173 (depending on some details still to be worked out). This includes three nights' double occupancy accommodations, amenities at Harbin, route maps, SAG service to carry luggage, snacks (and lunch on some days). Riders also pay for own meals at restaurants (perhaps including lunch on some days). Riders should reserve space at the Skylark Shores Lakeport as instructed by Lee Mitchell for the two-day tour. More details about accommodations at Harbin will be decided once we know how many riders are interested in the four-day tour.

Limit: 10 riders

Contact: Russell Reagan ([russell.reagan@gmail.com](mailto:russell.reagan@gmail.com), 530-792-7366)

Tour #2, Lee Mitchell, March 21 - 22: This is a 2-day tour, leaving from Davis and riding to Lakeport. The ride is about 104 miles each day. Meet and pack at the hospital parking lot just west of Starbucks. Arrive and start riding at 8 AM. We'll ride to Winters, Cardiac, Mike's Berryessa Corners (nee Moskowite), Pope Valley. Lunch at Beulahs in Middletown. HUGE hamburgers. Up Cobb Mountain. To Lakeport.

Overnight at: Skylark Shores Lakeport, 707-263-6151. Mention Lee Mitchell/Davis BC. Group dinner down a couple of blocks--aim for 6:30? Reserve your own rooms at the motel. As far as I know, they all have two beds and are non-smoking. Club provides SAG food both days. You need to buy your own lunch Saturday, dinner Saturday night, and breakfast(s) Sunday.

Sunday: early morning breakfast next to motel. We will ride around the lake have another breakfast at 26 miles? Up Resurrection, down the Capay Valley, home again, lickety-split?

Please let me know by Thursday, March 19 so I know how many cases of Twinkies, Ding Dongs, Ho-Hos to bring! If you have special 'on the road' diet issues, tell me. Instead of boiling potatoes, leaching all the nutrients out, drying and grinding the residue, giving it out in Ziplocs or even toasting road kill on the manifold, I might be convinced to bring boiled red potatoes along.

Cost Estimate: Riders should call the motel and reserve their own rooms. Pay by 2/6 for 2 queens, \$64.00. Pay at time of check-in, \$75.00)

Contact [LeeBikeVan@aol.com](mailto:LeeBikeVan@aol.com), 530-661-3650

### **March Fools Tour: March 29 – April 2**

What better way to celebrate the end of March Madness than to join your friends on a really mellow tour of the wine country? And April Fools' Day is a bonus.

Sunday, March 29: A 55-mile ride from Davis to Napa via Pleasants Valley and Wooden Valley with only half the vertical climb of CA 128 (Cardiac).

Monday, March 30: Ride the popular Silverado trail for its entire length and on Cloverdale. You'll go 60 miles through America's premier vineyards.

Tuesday, March 31: From Cloverdale, we ride back roads west of the Russian River all the way to the coast, then finish along the beautiful Sonoma beach at Bodega Bay for a total of 57 miles.

Wednesday, April 1: We follow the coast route with a tailwind down to the Larkspur Ferry—a delightful 56 miles without the foolish Golden Gate Bridge crossing, over-nighting in the city.

Thursday, April 2: We will take a twenty-mile tour of the Presidio before returning to the hotel and packing up. Mid-day, cyclists will take public transportation back to Davis, while the SAG will carry their luggage. Each day, we can suggest some interesting routes if you'd like to add to your miles and fun. A deposit of \$50 is needed to hold space, with the balance due March 10. Tour Limit: 16

Cost Estimate: Member's cost, double occupancy, \$225 covers four nights in 2 or 3-star lodging, 3 breakfasts, excellent maps, and SAG service to carry luggage.

Contact: Bruce and Marilyn Dewey, 530-753-9188 or [deweyms@hotmail.com](mailto:deweyms@hotmail.com).

### **Sierra Foothills Tour: April 24 – 26**

We will leave Davis by bike early Friday morning and ride the causeway through West Sacramento to the Jedediah Smith Memorial Trail along the American River to a DBC provided lunch at Beal's Point on Folsom Lake. After lunch we'll drop down to Auburn-Folsom Road on our way the Lincoln Highway, old

town Auburn and Ikeda's. Then, it's under I-80 to Placer Hills Road, Dogbar Road and La Barr Meadows Road to Grass Valley and, the Nevada City Highway to our destination, the Outside Inn in old town Nevada City. The total distance is about 100 miles. Saturday is open for relaxing, browsing around town, riding in the local area, etc. Saturday evening we'll have a DBC provided salad and spaghetti feed. Sunday morning we'll reverse the route back to Davis. Our return on Sunday follows the route in reverse with lunch at Beal's Point. The DBC will also provide snacks/water, etc in the SAG vehicle. While the SAG will be available to riders, please be prepared to ride the 100 mile route as space in the SAG will be very limited and availability of the SAG will also be limited.

We will again be staying at the Outside Inn in Nevada City. Please call to reserve a room (530) 265-2233. Cancellation policy is 48 hours before day of use. I have 3 rooms reserved. The other rooms available are - 2 rooms w/ 1 queen bed @ \$90/night; 3 rooms w/ 1 queen bed @ \$95/night; 3 rooms w/ 1 king bed @ \$145/night; 3 rooms w/ 1 queen + 1 twin @ \$95/night. Current prices are subject to change + T.O.T.

Tour Limit: The tour is limited to 20 riders due to SAG vehicle space considerations.

Cost: Deposit: \$25.00 (check payable to DBC). Contact Bill Sbarra at 530-669-3640, [Bill\\_Sbarra2001@sbcglobal.net](mailto:Bill_Sbarra2001@sbcglobal.net).

### **Rocklin Roll: May 2 - 3**

T1/P3/85 mi. On Saturday afternoon, gather at the Davis Amtrak station. The club will buy train tickets for members. Spend an hour on the Capitol Corridor train and arrive in Rocklin to check in at the motel and in time for dinner. Sunday morning, after a nice breakfast, we'll ride about 45 miles in the beautiful foothills on roads with very little traffic. After lunch, the ride descends to Folsom lake and takes the American River bike path to the Sacramento Amtrak station for the train trip back to Davis. Note - this is a self-contained ride. There won't be a SAG.

Tour Limit: 20. Cost Estimate: TBA. Contact: Paul Grant: [pwgrant@mac.com](mailto:pwgrant@mac.com)

### **San Francisco/Marin Saunter: May 23 - 24**

This tour is designed for those who want an easy to moderate tour with plenty of time for sightseeing in San Francisco for families and individuals. On Saturday, May 23, we will leave Crissy Field in SF at 9:30 a.m. for a ride to Marin via the Paradise Loop (30-45 miles depending on what you choose). On Sunday, May 24, we will meet at Crissy Field again at 9:30 a.m. for a ride through the Presidio and to Golden Gate Park and perhaps the Great Highway (again 30-45 miles depending on the route you choose). On Sunday there would be time to stop at the DeYoung Museum or the new Academy of Arts and Sciences in GG Park. There will be no SAG on this tour and you can make your way to SF via rail, bike and ferry, or car on Friday or Saturday. Carpooling could possibly be set up after we know how many are touring. Your tour leader will be staying at Cow Hollow Inn (Lombard and Steiner Streets in the Marina district) from Friday, May 22 through Monday, May 25 (Memorial Day) and participants are welcome to come for one or more days. Your tour leader will recommend hotels where you can reserve your own room (or you can choose other hotels). Your tour leader will also recommend restaurants where you can dine in the Marina district or on Fillmore St. that can be accessed via walking or via MUNI line No. 22. More details to follow.

Cost: Depends on your choice of hotels and restaurants.

Contact: Julie Sly at (916) 201-2790 or [Juliesly@aol.com](mailto:Juliesly@aol.com).

### **Smell the Roses Oregon Tour: July 12 – 19**

This tour is designed for all levels of touring and for families who wish to accompany riders. Different rides will be offered for riders of different abilities. You should be able to ride at least at Pace Level 2 (9 – 12 mph) for 25 to 40 miles. Sharing support for all Corvallis rides will be discussed and arranged for by tour participants at a pre-tour meeting. If beginning tour riders wish, we will provide afternoon meetings to discuss the day, touring, and bike maintenance on tours, etc.

We will meet in Corvallis, Oregon on July 12. We will stay at the Holiday Inn Express on the Willamette River. The motel is on the bike path and an easy walk from downtown. Most rooms will have river views. A block of rooms has been reserved for \$109 (breakfast included) for singles, doubles and triples. You must call to make your own reservation (541-752-0800), citing the DBC/Steve Kahn. On July 13, 14 and 15, we will do loop rides from Corvallis. Afternoons and evenings can be spent relaxing at the motel, exploring the Willamette Valley or wandering around Corvallis.

On July 16, we will ride and/or carpool to Newport on the coast, spending the night in Newport. The ride is approximately 75+ miles. People carpooling to Newport can split the ride. We will spend the night at the Newport Comfort Inn, approx. \$90/night double occupancy. On the 17<sup>th</sup> we will ride down the coast to Yachats, about 25 miles and stay in Yachats at the Fireside Inn (120/night, double occupancy, minus possible 10% discount if we have enough riders) on the nights of the 17<sup>th</sup> and the 18<sup>th</sup>. The Fireside Inn is located in a beautiful spot overlooking the ocean. On the morning of the 19<sup>th</sup>, riders will leave for home. A ride back to Corvallis may also be offered if there are enough riders to share SAG duties back to Corvallis. If we don't have enough riders to share SAG duties back to Corvallis, the tour will end at Yachats.

Tour Limit: 20 people

Deposit: \$50.00 with remainder due March 31.

Cost Estimate: (pending, due February 2 at DBC Meeting)

Contact: Steve Kahn at 530-758-4083

### **Quebec**

A tour may be offered this year during August in the Province of Quebec. If offered, it will be about two weeks long. As of this date, we don't have complete information. Further information will be posted on the website.

Contacts: Dominique Blanchard; Diane Richter

### **Gold Lakes Tour: September 18 – 20**

Last year, people came back raving about this tour. Itinerary: 3 day bicycle tour of the High Sierra's. Lodging: 2 nights at the Feather River Resort in the town of Blairsden, California, approximately 1 hour north of Truckee on State route 89. The resort has a rustic ambiance among tall pine trees.

Food: The cabins reserved have cooking facilities. 2 dinners, 3 lunches and 2 breakfasts will be provided. All food is included in tour cost.

Travel: Leave Davis Friday morning September 18<sup>th</sup>, return Sunday evening September 20<sup>th</sup>. Approximately 3 hours each way from Davis.

Rides: SAG Van with SAG food will be provided. Lunches on the road will be provided.

Weather: At an altitude of 4500 ft, the temperature in the morning could be as low as 35 degrees Fahrenheit at this time of year. The days will usually warm up nicely to the mid 60's.

Σ Day 1: Arrive at noon, 30 mile easy ride to acclimate and explore the local area.

- Σ Day 2: Saturday 75 miles approximately 4000 feet of climbing from Graegle to Davis Lake and the Sierra Valley through the towns of Sierraville, Loyalton & Portola.
- Σ Day 3: Sunday 56 miles approximately 4500 feet of climbing up Yuba Pass and Gold Lakes road with an 8 mile descent at the end

Tour Limit: 12-14 people.

Cost: ESTIMATE \$180.00 including deposit, all food and lodging based on sharing cabins with at least three people. (Deposit: \$50; make checks payable to David Joshel.) The cost will be less the more people sign up. Transportation to and from Tour will be carpooling.

Contact info: David Joshel, 2743 Loyola Drive, Davis, CA 95618, Home 756-7409 Cell: 510 717-5133

### **Tour de Bakery III: September 22 - 26**

Now a DBC Classic, this tour will be offered once again. Led by our fearless DBC President, this is the third annual Tour de Bakery. We will ride from Davis to San Francisco with motel stops in Calistoga, Occidental, Petaluma, and San Francisco, and Bakery stops at several places. The daily mileage varies from about 50 to 65 miles, and the terrain is hilly. On two of the days there are alternate shorter routes available. We will ride through beautiful wine country, forests, and great coastal views.

- Σ Day 1: Davis to Calistoga
- Σ Day 2: Calistoga to Occidental
- Σ Day 3: Occidental to Petaluma via Bodega Bay or Freestone (shorter route)
- Σ Day 4: Petaluma to Larkspur Ferry to San Francisco via Tomales (shorter route available)
- Σ Day 5: End of Tour, return to Davis via BART/AMTRAK

Tour Limit: 18

Cost estimate: \$50.00 per rider deposit. Total cost, \$290 per rider, 2 breakfasts included SAG support.

Contact: Stu Bresnick, [hfhstu@omsoft.com](mailto:hfhstu@omsoft.com), 530-220-5344

### **Calistoga Tour: Late December - 3 days, 2 nights**

Calistoga Tour - T5/P3/50 mi/50 mi. After breakfast at the Putah Creek Cafe in Winters, we will ride to Calistoga with rest stops for snacks and lunch. Upon arrival in Calistoga, you'll be able to enjoy the swimming pool, hot tub and sauna. The middle day is available for more riding or simply strolling in Calistoga. In the past, some have used this time to have a mud pack. On the third day, you'll ride back to Winters.

Tour Limit: TBA

Cost Estimate: TBA

Contact: Paul Grant: [pwgrant@mac.com](mailto:pwgrant@mac.com)