



The Wednesday Ed Martin Ride on the way to the Solano Baking Company



The Prez Sez

May is a big month for cycling in Davis. The 41st annual Davis Double Century will take place on Saturday May 15. If you would like to volunteer please contact Robin Neuman at <double-century@davisbikeclub.org>. There should be a big turnout for the DC because the second stage of the AMGEN Tour of California starts in Davis on Monday May 17, and will be preceded by some local Tour festivities on Sunday May 16. We expect riders will come for the DC and stay for the start of the Tour on Monday.

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The 2008 Amgen Tour of California turns on to Russell Blvd. from Road 95A. That's George Hincapie and Mario Cipollini on the left. photo by D.Martinich

The City of Davis has generously given us a booth at the "Lifestyle Festival" which will be in Central Park on May 17 for the start of the Tour of California. We will be providing information on DBC and will be offering some of our DBC clothing for sale. -continued on pg. 2

You Are Needed, Saturday, May 15, 2010, Davis Double Century

The DC Committee is working very hard behind the scenes in anticipation for another excellent DBC event. We are expecting a greater number of cyclists to participate, which means we need all of you to help. Following are the names and emails of coordinators for the areas that we need to fill. Please contact one of them and don't forget to tell us your t shirt size. -continued on pg. 2

No Fools, These! -A Tour Report

An Impressionist Report by the Participants -continued on pg. 2

The Davis Bike Club Elite Team

The DBC Race Team has always strived to promote all levels of racing and the development of team riders. -continued on pg. 5

This Month's General Club Meeting will be on Monday, April 12 at the Veterans Memorial Club Room at the intersection of 14th and B Streets. Doors open at 6:30, meeting starts at 7:00pm. For more information, contact Alan Hill at 530-792-8900 or <vice-president@davisbikeclub.org>

Calendar

- Board Meeting
Mon., May 3, 7pm
Tandem Properties
- General Cub Meeting
Mon., May 10, 7pm
(open 6:30pm)
Vets Memorial Club Room
- Ride Schedule deadline
Sat., May 15
- Davis Double Century
Sat., May 15
- Newsletter deadline
Thur., May 20, Midnight



New Members

- Virginia Thigpen
- Howard and Nancy Mason
- Felix Jaramillo
- Bruce Haynes
- Linda Rodgers
- Wendy Stevens
- Ellen Evans
- Scott Mauger
- Nicholas Rumiansev
- Janet Jensen

You Are Needed

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- Pre ride check in, Friday, May 14, 4 PM, Vet's Memorial: Barbara Anderson, <babz@copper.net>
- Radio and Sag, Saturday, May 15, different shifts day and night: David Nishikawa. <dhnishik@wheel.dcn.davis.ca.us>
- First Aid: different shifts at rest stops and S/F: Mary James, <jamesclan@sbcglobal.net>
- Rest stops: Marla Stuart, <mstuart@accessbee.com>
- Post ride check in, Vet's Memorial: Nancy and Jeff Hall, <nhall@cal.net>
- Finish line dinner, Vet's Memorial, Stu Bresnick, <addy@omsoft.com>
- Finish line, Vet's Memorial, 12 Noon, Saturday, May 15 to 1 AM, Sunday, May 16: Alan Hill, <ARHILL8711@aol.com>
- Clean up, Sunday morning, May 16, 8 AM, Vet's Memorial: Barry Bolden, <boliverb@dcn.org>
- Various duties for food and gear distribution, Fri., May 14, Nugget, Covell Blvd.: Dan Barcellos, <djbarcello-dbc@yahoo.com>, or Craig Dinger, <cadinger@hotmail.com>

For any questions, please contact me, Robin Neuman, <roknrobin2@aol.com>

Let's make this another great DBC event that will lead into the Amgen TOC, the ultimate bicycling weekend!

Robin Neuman, DC Coordinator ☐

The Prez Sez

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Board of Directors Meeting

The full board minutes will be posted on the DBC website. Highlights of the April 5th meeting:

- A motion was made and seconded to reduce the membership dues for a single member from \$20/year to \$15/year. The motion was defeated.
- The board voted to approve a \$2,500 sponsorship for the City of Davis AMGEN Tour of California program. This is the same level of donation that DBC gave last year.
- Discussion was held on the need to revise the DBC Touring Policy to address issues that have developed regarding selection of participants when a tour is overbooked. A committee is being formed to develop a revised policy and present it to the Board.

Ride Safely, Stu Bresnick ☐

No Fools, These!

An Impressionist Report by the Participants

Thirteen riders joined tour leaders Marilyn and Bruce Dewey for a spectacular adventure on the second March Fool's Tour, which boasted the special van support team, Dee and Larry Burdick. The route covered about 60 miles per day for four days (March 28 through April 1), a great way to log March Madness miles!

The group, joined by John, Ann and William, set off on a perfect day through Winters, Vacaville and Fairfield to lunch at Manka's Corner, then on through Wooden Valley.

"The hills are bright green. Cows out grazing make a very relaxing scene. Meandering tree-lined creek. Blue heron standing motionless. Hawk on the phone wire watching me ride by." —Randy

Then, the big climb up and over Mt. George. Overheard at the summit, "I swore about 10 times. Did you swear at all?" —Carol, to Jean

Day 2—Napa to Cloverdale

After a buffet breakfast at the River View Terrace Inn, it was "don the rain gear" and head up the Silverado Trail. Cloud tendrils drifted white against the dark green hillsides, reminiscent of Southeast Alaska. Coffee in Calistoga, and through the Alexander Valley for lunch at the Jimtown Store, where you can get a Boylan black cherry vintage soda pop (with cane sugar) and innumerable other delicacies. Our destination, a Victorian bed and breakfast on the National Registry of Historic Places, had a wisteria-draped front porch. Dee and Larry enjoyed the porch swing while awaiting riders, and brownies were served in the second-floor sunroom.

Day 3—Cloverdale to Bodega Bay

A multicourse breakfast was served to the group in the formal dining room. The first destination was the splendid Ferrari-Carano Winery gardens, then coffee on the square in Healdsburg.

"Dropping down to the Russian River along River Road is like entering a new world. The redwood trees loom high overhead. Sunlight has a hard time penetrating, and moss seems to grow on everything. Korbel Champagne Cellars, the lunch stop, has a great deli and sun-drenched patio. "Passing through Guerneville, the last five miles of the Russian River are some of the most scenic of the day. The tall redwoods give way to lush hillsides. The river grows wider and wider. Wildflowers in full bloom. Weathered barns. Could this be Ireland? I wanted to stop and take photos every quarter-mile.

"Once we hit the coast, big smiles lit up. Although there were hills to climb, the wind kicked in at our backs giving us a great push. Watching the Pacific surf crash against the rocks makes the sensation of effort fade away. Considering this was slated to be a dark and stormy day, it turned out to be one of the best." —Randy

Russell's camera batteries lost power during the afternoon, but he and others have many tour photos posted on the DBC March online gallery. The group dined at a fish restaurant near the motel, and while waiting for the food to arrive, Larry demonstrated his prowess using the "Paper Toss" app on iPhone.

"Walking back from dinner, the harbor lights were blinking. A fog horn sounded off in the distance. A harbor seal called out. Surf gently kissing the shore. Rain showers now hitting the sliding glass window." —Randy

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
New Category: Date-TBA Rides.	These are rides given on an appointment basis (like Dr. John's) or rides with no departure time given by press time.	Check Ride Descriptions for contacts and ride details.				1 Saturday Coffee and a Roll 9:00am American Route Verte* 9:00am
2 Sunday No Drop 11:00am	3 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	4 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	5 Solano Baking Company 8:45am and 9:00am Women's Wednesdays* 9:00am Cinco de Mayo Dinner Ride* 6:15pm	6 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	7 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	8 Saturday Coffee and a Roll 9:00am
9 Sunday No Drop 11:00am	10 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	11 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	12 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	13 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	14 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	15 Davis Double Century
16 Sunday No Drop 11:00am	17 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	18 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	19 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	20 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	21 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	22 Saturday Coffee and a Roll 9:00am Don Aumann Memorial Ride - Hills* 8:00/9:00am Don Aumann Memorial Ride - Family Ride* 11:00am
23 Sunday No Drop 11:00am	24 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	25 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	26 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	27 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	28 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	29 Saturday Coffee and a Roll 9:00am
30 Sunday No Drop 11:00am	31 Same as above					

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact Marla Stuart, Ride Calendar Master. Location of starting points for rides beginning elsewhere (indicated by an asterisk *) will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

New terrain numbers!

Terrain:

1. Flat
2. Rolling (Lake Solano, Pleasants Valley)
3. Moderate Climbs (Gibson, Steiger)
4. Steeper Climbs (Cantelow, Cardiac)
5. Steep, sustained climbs ((Mix Canyon, Cobb)

Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: ride-calendar@davisbikeclub.org

Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbuck's.
Consult ride description for location.

Sunday No Drop

Sundays, 9:00 am T1/P3-4/34 mi

Alan Hill, 530-792-8900 or <arhill8711@aol.com>

No one is dropped intentionally. Come out and play if you can maintain a pace of 14-16 mph. Ride stops in Winters for coffee or brunch and a visit to the new Winters Farmers Market (seasonal) before returning via Putah Creek Road to Davis. This is a good first group ride with the club.

Monday at Morrison's (faster) [Ed Martin Series]

Mondays, 9:00 am T1/P4-5/35 mi

Barry Bolden, 530-297-5123 or <boliverb@dcn.org>

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Monday at Morrison's (slower) [Ed Martin Series]

Mondays, 9:00 am T1/P2-3/24 mi

Dan Cucinotta, 530-756-1711 or <scucher@comcast.net>

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

.Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 8:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Solano Baking Company [Ed Martin Series]

Wednesdays, 8:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or <scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano

Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00.

Solano Baking Company [Ed Martin Series]

Wednesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or <deweys@hotmail.com>
Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Steady Eddy's [Ed Martin Series]

Thursdays, 8:45 am T1/P3/30mi

Max Massey, 530-756-6151

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Steady Eddy's [Ed Martin Series]

Thursdays, 9:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Meet on the Russell Blvd. bike path at Lake Blvd. Remember to bring your lights and fully charged batteries. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

Vacaville Rolling Hills [Ed Martin Series]

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <larryburdick@netzero.net>

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Napa/Bay Area/Sierra Hill Climbing*

Fridays, 9:00-ish am T5-6/P-3/30-50 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

Relaxed, worth-the-drive rides that feature hill climbing around Napa Valley and the Bay/Sierra area. Designed for cyclists (especially women) who want to improve their climbing skills on supportive, non-competitive rides. Beautiful back roads, frequent regrouping (no drop), perfect weather ;-), and challenging fun are guaranteed. Details of route, meeting place, and meeting time are announced each week on the DBC listserve (or send an email to the ride leader). PLEASE RSVP, so the ride leader knows whether to wait for you. (Occasionally, these may turn into mini overnight/weekend tours; watch for postings.)

The Davis Bike Club Elite Team

The DBC Race Team has always strived to promote all levels of racing and the development of team riders. For that reason, the DBC Elite Team consists of DBC's highest categorized races. For those of you not familiar with USA Cycling's category system, every rider is classified into a category (5-4-3-2-1-Pro) based on his level of skill. Whereas a Category 5 rider is a beginner, a Category 1 rider is an expert racer who just hasn't quite signed a pro contract. In most of northern California's local races, professionals race along side Category 1 and Category 2 riders, which means that on any given day we could end up racing against some of the nation's top professionals. Radioshack's Levi Leipheimer and Bissell's Paul Mach (DBC Elite Team alum!) and Ben Jaques-Maynes both make a fair number of cameos at races throughout the year; Lance Armstrong even made his way to the Nevada City Cycling Classic last year.

Our Elite Team is made up of Category 1 and Category 2 riders – many of which one day hope to become professionals. As you would expect, there are usually less riders in each category as the categories get harder. To fill our roster of ten, we reach beyond the City limits of Davis. Members of the 2010 DBC Elite Team are:

Charlie Alexander – Sacramento, CA
Keith Hillier – Sacramento, CA
Jason King – Napa, CA
Taylor Kuphaldt – Sacramento, CA
Frank Marrs – Davis, CA
John Teeter – Davis, CA
Greg White – Lafayette, CA
Russell White – Lafayette, CA
Alex Wick – Davis, CA
Zach Wick – Davis, CA

So what's it like to be on the DBC Elite Team?

Since we live far apart and all have different schedules for working and riding, we unfortunately don't train together very much. A lot of our time on the bike is spent alone, following the training workouts prescribed to us by our coaches, and daydreaming about post-ride burritos. Total weekly training time at our level usually requires between 15 and 20 hours per week of riding – which quickly becomes a balancing act with work and/or college.

Weekends are more often than not spent racing throughout northern California, which is when we spend most of our time together as a team. What are our days like when we're traveling for races? Let's consider the example of Saturday at the Merco Cycling Classic. We had just raced the Team Time Trial on Friday, so were already in Merced when we woke up on Saturday morning:

8:00 AM – wake up, eat breakfast.
9:00 AM – loosen up the legs on an easy ride, grab a cup of coffee, ride some more.
10:30 AM – shower, stretch, nap.
12:00 PM – lunch.
1:00 PM – ride to race, warm up, make final preparations.

3:00 PM – race the criterium.

4:15 PM – finish race.

4:30 PM – ride back to hotel

6:00 PM – make Olive Garden regret their decision to offer free salad and breadsticks.

So we spent practically the entire day preparing for a race that took just over an hour – it really is demanding and emphasizes how much effort is required to succeed at this level. Through all of our time together, though, we have become close friends – which is probably the best part of being on the team. Cycling requires long hours during the week and a lot of travel on the weekends, so having fun and enjoying the company of your teammates is critical.

To date in 2010, we've already raced several times. We had large squads at some of the area's biggest early season races: Merco Cycling Classic, the Madera Stage Race, San Dimas Stage Race, and Topsport Stage Race. Some of the highlights are:

---Russell White – 15th Place – Valley of the Sun Stage Race
GC 4th Place –Merco Team Time Trial (and making the sports page of the local paper!)

---Frank Marrs – 17th Place – Madera Stage Race GC (first placed Category 2)

---Keith Hillier – 8th Place – San Dimas Stage Race GC

---Frank Marrs – 4th Place – Topsport Stage Race

Look for us later this season at local races throughout northern California, as well as at some big stage races later this spring and summer: the Mt. Hood Cycling Classic, Elkhorn Classic stage Race, and Cascade Classic Stage Race.

Davis Bike Club Race Team Sponsor

The primary sponsor of the Davis Bike Club Race Team (DBCRT) is the Davis Bike Club. DBC is a nonprofit organization dedicated to > cycling and cycling-related activities. It has more than 300 members have varied interests and abilities, ranging from ultra-distance events, to multi-day tours, to local and family-oriented rides to our very own DBCRT. What all of our members have in common is a love of bicycling and the desire to promote it as a fun, healthy, safe, and environmentally sustainable means of transportation. DBC continuously supports the community through philanthropy. Beyond donating to bicycle-related organizations, DBC also donates to a variety of Yolo County charities and other non-profit organizations.

The Race Team truly appreciates DBC's continued support in our racing endeavors including mountain bike, cyclocross, track, and road racing. **Charlie Alexander** □

Bike-to-Work Breakfast

May 19, 2010 – 7:00 - 9:00 AM, Central Park, Davis
The annual breakfast, sponsored by Yolo TMA, UC Davis and the City of Davis, has become a mainstay in Davis. It's a great way to begin your work day. May is Bike Month T-shirts will be available for those registered to log miles. Register at: <<http://www.mayisbikemonth.com/reg1.asp>> Or contact Bob Andosca, 530-554-9400, or <bob@yolotma.org>



George Hincapie leads the Breakaway ride across Stevenson Bridge with DBC's Tim Simmons directly behind him.



There's no shortage of DBC jerseys in this group.



This Davis rider has his own motorcycle escort.



Membership Maestro, John Hess takes the turn off the bridge

The Stage 2 Breakaway Ride, Davis

Cycling enthusiasts and fans were invited to participate in the "Breakaway Ride presented by Specialized," two riding events held in conjunction with the upcoming 2010 Amgen Tour of California professional cycling race set for May 16-23, 2010. Both rides were held in April 2010 to raise funds for Amgen's Breakaway from Cancer® initiative, which aims to raise awareness of the continuum of resources available from prevention to education, and patient care to advocacy and financial support. The Breakaway from Cancer nonprofit partners include the Prevent Cancer Foundation, Cancer Support Community (formerly The Wellness Community), Patient Advocate Foundation and National Coalition for Cancer Survivorship. These are photos from the ride that followed the route of Stage 2 originating in Davis on April 25.

Each 'Breakaway Ride' gave cycling enthusiasts the opportunity to ride the actual route of the 2010 Amgen Tour of California. Three distances were offered for each ride to accommodate various skill levels; the longest distance covered the same route that the pros will ride (an entire stage). Riders were chip timed and supported, with a maximum of 3,500 riders per event.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbucks.
Consult ride description for location.

Ride around the Town*

Fridays, 10:00 am T1/P2/15-18 mi
Dutch Martinich, 530-756-8234 or <dmartinich@att.net>
Ride starts in front of Vet's Memorial Auditorium at 14th and B Streets. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride often finishes in the downtown area and stops for refreshments if riders are interested. Contact leader if in doubt about the weather.

Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P5/30 mi
Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net>
Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved. Following this extension, we reconvene at Steady Eddy's for refreshment and conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good

ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon. Note: ride does not occur on 3rd Saturday of the month.

3rd Saturday, or Cantelow x 2 (except May, October)

Third Saturday, 9:00 am
T4/P4-5 (16-20 mph)/64 mi
David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>
The object of this ride is to stay together as a group at a controlled pace. Winters via Covell, 95, Stevenson Bridge Road and Putah Creek road. Short break/regroup in Winters at the restrooms. Continue west on Putah Creek Road to Pleasants Valley Road, then south to Cantelow. Continue over Cantelow to Gibson Road, to Steiger Hill Road and back over Cantelow again. Return to Winters via Pleasants Valley Road and Putah Creek Road. Optional lunch stop in Winters. Return to Davis via Putah Creek Road, Stevenson Bridge Road and Russell.
08:00 June, July, August & Sept. 09:00 Nov thru April. No May or October ride, conflicts with DDC and Foxy's.

* Asterisked rides have a starting location other than Starbucks.
Consult ride description for location.

Non-Recurring Rides

American Route Verte*

May 1, Saturday, 9:00 am
T1/P3/50 mi
Bruce and Marilyn Dewey, 530-753-9188 or <deweyms@hotmail.com>
Meet at the Sacramento REI parking lot (on Exposition just west of the UPRR over crossing) at 9:00 am for a sociable ride to Folsom using the American River bike trail. After a light lunch, we retrace our route enjoying greenery en route. Cycle this regional gem and imagine you are on Quebec's Route Verte along the St. Lawrence.

Cinco de Mayo Dinner Ride*

May 5, Wednesday, 6:15PM
T1-3/P4/35-40 miles
Dean Albright, 916.806.6543 or <deanalbright@sbcglobal.net>
Meet at Five Points shopping center, Arden Way & Fair Oaks Blvd. (Bella Bru). Roll down Arden and enter the American River Bike Trail at William Pond Park for a ride to Q'Bole in Folsom for some regional Mexican cuisine. Bring lights with fully charged batteries for the ride home. No-one will be left behind.

Don Aumann Memorial Ride - Hills*

May 22, Saturday, 8:00/9:00 am
T5/P3/56 or 25 miles
Ted Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>
Ride begins/ends at either Veteran's Memorial in Davis (8 am)

or Steady Eddy's in Winters (9 am). Pedal to celebrate the life of "Mr. Yalza", our late DBC member Don Aumann. The ride travels Don's beloved Cantelow route.

Don Aumann Memorial Ride - Family Ride*

May 22, Saturday, 11:00 am
T1/P1/16 miles
Jennifer Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>
This family ride leaves 11 am from the Aumann house at 1215 Aspen Place in Davis. Pedal to celebrate the life of "Mr. Yalza", our late DBC member Don Aumann. Tandems, families, and little wheels (Bike Fridays, recumbents) encouraged!

Date-TBA Rides

Dr. John's Early Bird Revival

Mon or Fri, Time varies 6:00-7:00 am
T1/P3/10-20 mi
John Whitehead, 530-758-8115 or <jcw@dcn.org>
Meet at Starbucks-by-the-Hospital. This ride occurs sporadically to fit in a workout before work. Office hours (start time) and route vary. Call for an appointment.



Club Contacts:

Mail Address: 610 Third Street, Davis, CA 95616

DBC Board of Directors

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Ride Calendar Coordinator

- Marla Stuart

- ride-calendar@davisbikeclub.org

Web Site Coordinator

- Scott Alumbaugh

- sea@seadogdesigns.com

Photo Supplement Host

- Steve Macaulay

- macaulay.steve@gmail.com

At the Bike Collective in May

May 3

---City Council Candidate Transportation Forum

May 10

---Funny Bike Potluck!

May 17

---Bike Jewelry & Bucket Panniers (DIY Night)

May 24

---Wheel Building Workshop

May 31

---Movie (Rad - It's like Karate Kid on wheels!)

Saturday May 21 and 22:

---Several bands will be playing at the shop

Regular hours: M 1-5, W 4-8, Th 4-8, Sat 12-6

Women/Trans/Femme?: Tue 5-7

Location: 1221 1/2 4th Street, Davis, CA

Emergency Phone Numbers

Yolo County

Davis City Police: 530-758-3600

Davis Fire: 756-3400

UC Davis Police: 530-752-1230

UC Davis Fire: 530-752-1234

Winters Police: 530-795-4561

Winters Fire: 530-666-661 (Yolo dispatcher)

911 Yolo County 530-668-8920

Yolo Animal Control: 530-668-5287

Sacramento county

American River Parkway 916-875-PARK (7am to late eve.)

Sac. County emergency dispatch 916-875-5000.

Solano county

Dixon Police & Fire: 707-678-7080

Vacaville Police: 707-449-5200

Vacaville Fire: 707-449-5452 (or 5200)

911 Solano County 707-421-7090

Solano County Animal Care Services 707-784-1356

Tom Milton

Members of California ultra-distance cycling community were shocked and saddened to learn of the death of fellow cyclist, Tom Milton. Tom was participating in the Devil Mountain Double Century on April 24th. He was ascending the East side of Mt. Hmilton when he collapsed. Fellow riders administered cpr followed by Sherrif's deputies. Eventually a med-evac unit arrived and he was pronounced dead, most likely the result of heart failure.

Tom was in his late 50's or early 60's. He was a fit and experienced cyclist with an enthusiasm for long distance events, roding in centuries, double centuries, brevets and randonees. He was a Paris-Brest-Paris veteran and was inducted into the California Triple Crown Hall of Fame in 2009 in recognition of him completing 50 Double Centuries in the California Triple Crown Series.

Tom was also the man behind Selle An-Atomica saddles, known for their quality, comfort, and the extensive research behind the product. If you have memories of Tom or wish to convey condolences, you can post at:

<<http://caltriplecrown.blogspot.com/2010/04/tom-milton-you-will-be-missed.html>> □

Day 4—Bodega Bay to San Francisco

With the full moon setting over the bay at morning low tide, the van was loaded, and Dee pointed out a baby bird popping up from its nest in a light scone on the side of the motel.

“Leaving Bodega Bay and riding through the Sonoma County coastal dairy lands was spectacular. Crisp early morning sun. Rolling hills. And steep hills. Constantly shifting down to my lowest gears for grinding climbs. And, of course, I said to myself this would be the last climb, and things would flatten out. But the next hill would come just around the corner.”

—Randy

The van stopped in Tomales, at Diekman’s old fashioned General Store, which carries everything from penny candy to hardware. Across the street was an ancient Texaco gas pump. Marilyn asked if anyone had heard the owls calling back and forth across the valley.

“Point Reyes Station is a great spot for a bike ride rest stop. Fresh baked buns. Sitting in the sun on the bench in front of the Bovine Bakery welcoming everyone as they arrive.”

—Randy

The group headed down through Samuel P. Taylor State Park to Sir Francis Drake Drive and to lunch at a deli, then on to the Larkspur Ferry. Paul, following the pack, experienced the limits of his rain gear in the late afternoon downpour. Randy opted to go for the challenging Highway 1 route and cycled all the way in to San Francisco.

“Arriving at the Golden Gate Bridge is just fabulous. I had beaten the storm and the tough riding was behind me. I never get tired crossing the bridge. And even better, on a bike it is free!” —Randy

Leave it to Bruce to find the “50 percent-off” pasta in North Beach! That’s where the entire group enjoyed an end-of-the-tour meal (I fiori d’Italia) and celebrated Jean’s 67th birthday.

—Nancy

Tour Highlights

“I recall the following high points (although the whole trip was pretty much a high point): The fellowship while moving, or at meals and food stops; climbing up the Atlas Peak road with John Whitehead the first day out.

“Being glad I put fenders on my bike; knowing that Larry and Dee would be watching to be sure we didn’t miss a turn; seeing road cuts spiffed up with spring wildflowers; catching the rare solar rays on the back deck of the Duncans Mills coffee shop.

“Stopping along Highway 1 to watch the sea take on the bluffs; listening to the Black Brant geese converse on Bodega Bay (luckily Bodega Bay’s birds weren’t out to get us); riding in west Marin County; seeing the elusive Fetid Adder’s Tongue in bloom near Samuel P. Taylor State Park [<http://www.gdanmitchell.com/2009/12/28/fetid-adders-tongue>].

“Taking in the views from the enclosed, comfortable upper deck of the ferry to S.F. (especially the view of driving rain); finding good, cheap food at the Jack London Square market with Jean and Alan; discovering again why we’re so lucky to live so close to so many great places for riding.” —Roger
Spending time with Larry and Dee. Riding in the rain. Group

meals. Being on the road at the height of spring.
Experiencing another great Dewey/DBC tour. Thanks to all!
—Susan Donahue and her tourmates □

Regional Recreational Cycling Clubs - URLs

Santa Rosa Cycling Club <<http://www.srcc.com>>

San Luis Obispo Bicycle Club

<<http://www.slobc.org/Newsletter.html>>

Grizzly Peak Cyclists

<<http://www.GrizzlyPeakCyclists.org>>

Benicia Bicycle Club

<<http://www.beniciabicycleclub.org>>

Valley Spokesmen Bicycle Touring Club

<<http://www.valleyspokesmen.org>>

Chico Velo Cycling Club <<http://www.chicovelo.org>>

Shasta Wheelmen <<http://www.shastawheelmen.org>>

Tailwinds of Santa Maria Bicycle Club

<<http://www.tailwindsofsantamariabc.org>>

Sacramento Wheelmen

<<http://www.sacwheelmen.org>>

Sacramento Bike Hikers

<<http://www.bikehikers.com>>

Almaden Cycle Touring Club <<http://www.actc.org>>

Monticello Cycling Club

<<http://www.MonticelloCycling.org>>

Santa Rosa Cycling Club

<<http://srcc.memberlodge.com>>

Western Wheelers Bicycle Club

<<http://www.westernwheelers.org>>

Online with the DBC

Club web site: <davisbikeclub.org>

Newsletter Photo Supplement: <<http://gallery.dbcnewsletter.org/main.php>>

Race team: <dbcraceteam.org>

Double Century: <davisbikeclub.org/ddc/2009/index.htm>

Fall Century: <davisbikeclub.org/foxys/2008/index.htm>

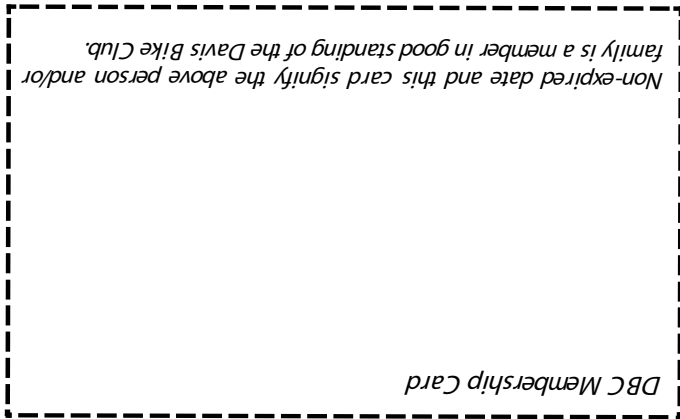
Memberships: <davisbikeclub.org/membership.htm>

Unfortunately, memberships can not be processed electronically at this time. We require a signed waiver and a check. To get a copy of the application, go to this URL and download a .pdf file of the membership application, fill out the application, enclose payment, and mail it to: Davis Bike Club, 610 Third St., Davis, CA 95616. Or, you can email <info@davisbikeclub.org> and request an application to be mailed to you.

DBC Mailing List: To post, mail to : <DBC@dbclist.org>

For list help- <<http://dbclist.org/mailman/listinfo/dbc>>

To subscribe or unsubscribe from DBC, get a password reminder, or change your subscription options, go to this URL.



DAVIS BIKE CLUB
610 THIRD STREET
DAVIS, CA 95616

Changing Gears

Changing Gears is the monthly newsletter of the Davis Bike Club. The club address is: Davis Bike Club c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.



Changing Gears is mailed First Class, or by email, to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions, contact the Membership director at membership@davisbikeclub.org or via the Davis Bike Club Hotline, 530-756-0186.



Contributions to **Changing Gears** may be sent to the editor by e-mail to: newsletter@davisbikeclub.org Submittals in text or .doc files are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dutch Martinich, 530-756-8234

Paper newsletter?

If you are currently receiving paper copies of the newsletter and would prefer to receive Changing Gears by email, (or vice versa) please let me know at <membership@davisbikeclub.org>.

The membership maestro.