



The new website is up and running! We owe a big thank-you to Scott Alumbaugh and Steve McMahon for developing the site, and to Dan Shadoan for helping to make the transition from the old site to the new site. Also, many thanks to Dan for developing and maintaining the old site on his server for many years. Our web address remains the same: [davisbikeclub.org](http://davisbikeclub.org). The new site will be hosted at no charge by Davis Community Network, but content updates will be done by DBC members in their respective areas of responsibility.

A new touring kit (jersey and shorts) has been designed by Scott Alumbaugh and his team (Dean Albright, Steve Kahn, Darrell Dickey). Our thanks to them all for their work and excellent results. The clothing design incorporates the new DBC logo, and it has gotten rave reviews. It was presented at January club meeting and can now be seen on our website. By the time this is published we will be taking orders for the new clothing, which will be sold to DBC members at cost.

We have now filled the last open position on the Board - Foxy's Director. This year we will have co-chairs for Foxy's - Steve Macaulay and Michael Borgg. I thank them for volunteering to fill this very important role. The idea of having co-chairs may set a precedent for making this job less intimidating for new volunteers. The Foxy's Director position could remain open or may be filled by Steve or Michael.

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DBC has designed new club jerseys and shorts, which are displayed on our website at:

[http://www.davisbikeclub.org/about\\_dbc/club\\_kit](http://www.davisbikeclub.org/about_dbc/club_kit). We are taking orders now for a group order to be placed with Voler in mid-February. If you would like to place an order please go to:

[http://www.davisbikeclub.org/about\\_dbc/club\\_kit/club\\_kit\\_order\\_form](http://www.davisbikeclub.org/about_dbc/club_kit/club_kit_order_form) and indicate your choice(s) of item(s), style, and size. You can order on-line and send a check for the items to: **Stu Bresnick, 409 Heron Place, Davis 95616** by FEBRUARY 10. Or, you can just send a check to Stu with your order information.

We hope to have the clothing in time for distribution at the April club meeting. If you cannot make the meeting you will be contacted with pickup instructions. If we do not receive your check by February 10, your order will not be included. Also, your order will not be accepted if you are not a current member of the DBC.

This is the pricing table, which you can use to mail in your order.

	Price (includes tax)	Order: quant./size/shorts-color
Men's-hidden zipper	\$52	
Women's " "	\$52	
Men's-full zipper	\$54	
Women's " "	\$54	
Color: Light or Dark		
Men's (Torino pad)	\$61	
Women's (Diamante pad)	\$61	

Total: \_\_\_\_\_

## Calendar

Board Meeting  
 Mon., Feb. 1, 7pm  
 Tandem Properties

General Club Meeting  
 Mon., Feb. 8, 7pm (open 6:30)  
 Vets Memorial Club Room

Ride Schedule deadline  
 Fri., February 15

Newsletter deadline  
 Wed., February 20  
 Midnight

at the  
 Vets Memorial Club Room,  
 14th and B, on February 8 at  
 6:30 pm. Meeting to start at  
 7:00 sharp. Steve Kahn is the  
 speaker. Topic: this year's  
 touring preview

Calvin Rivera-Penafiel  
 Lorne Sachs  
 Jeffery Weaver  
 Tim Johnson  
 Rich Gagnon  
 Greg moon  
 Michelle Walker  
 Amanda Walker  
 Jennifer Walker  
 Bryan Bolich  
 Nancy Templeton  
 George Taylor  
 Raymond Wong  
 Kobi Iseri  
 Susan Graybill  
 Anthony Julien  
 Thomas Harter

It's a Saturday evening in late Spring, and the year is 1974. A young mother is driving her car down a Davis street late at night and sees an astonishing sight.

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## The Prez Sez

-continued from page 1

### Board of Directors Meeting

The full board minutes will be posted on the DBC website. Highlights of the January 4th meeting:

The Board unanimously passed the 2010 budget. We have a budget with a planned deficit of \$42,205. Details of the budget are presented in this newsletter.

The board discussed a request from the Blue and White Foundation for financial support of a Steve Larsen Bike Parking Area in the plaza of the new DHS stadium. The Board will vote next month on the amount of support we will provide.

Ride Safely,

Stu ☐

### Robin Neuman

-continued from page 1

Despite the lateness of the hour, hordes of cyclists are streaming into town. The driver's reaction was not surprising, "These people must be crazy!" What this woman could not possibly realize was that this was only the first of over thirty Davis Doubles that she would see in the years ahead.

The young woman was Robin Neuman and what she was watching were late arriving stragglers in the Davis Double Century.

The following year, Robin's husband became interested in cycling and joined the Davis Bike Club. Robin also began to take an interest in cycling and then volunteered to help with staffing a Davis Double rest stop. As Robin's superb organizational skills became more apparent, she was elevated to coordinator of all DD rest stops.

In 1985, Robin was asked to be the Coordinator for the entire event. Except for one year, Ms. Neuman has remained as DD Coordinator for the subsequent 24 years, and counting. It is simply impossible for anybody to say, "Davis Double," and not think, "Robin Neuman."

### Memorable Events

For someone who has seen literally tens of thousands of cyclists participate in the premier cycling event in California over the past three decades, there must have some Doubles that tend to stand out. Robin recalled two Davis Doubles that resulted in serious injury to participants. Fortunately, both survived.

Some of the other registrants can be easily remembered as well. There was "The Barfer," a man who repeatedly vomited during the rides, but continued to participate in subsequent years. Then, there was the guy who showed up late on ride day without his registration packet. He was directed to Robin for resolution. Robin confirmed that this rider had, indeed, been mailed his packet and was asked why he forgot his packet. His response, "I just got out of jail yesterday." Robin had the jailbird driven to the first rest stop where he joined the rest of the riders. Nobody cared to speculate on the man's pre-ride training schedule.

Robin is a shrewd judge of human character and is the final authority of any disputes by Davis Double participants. A rider showed up on ride day with no registration packet. He said he forgot it, but was insistent he had pre-paid. Robin had no immediate ability to confirm his claim, but was suspicious. She gave the man a packet but demanded his driver's license to ensure he returned after Robin checked her records.

Robin's suspicions were increased when she realized the guy's driver's license was expired. No registration entry could be found and Robin demanded payment before she would return the license. She was given a check. The check bounced.

The following year, the same man did register and sent another check. Robin called the guy and said that it was "cash only" for his

kind and payment was needed for two years before his request would be processed. Remarkably, he sent the money. The man's profession? Financial advisor.

When asked what was the funniest episode she could remember in regards to the Davis Double, Robin had an immediate reply. One year a rider fell and hit a skunk. The skunk did what skunks do under stress. The rider returned to check-out and was to be picked up by his wife in her car. After one sniff, she refused to let him in her car. Nobody knows how the rider got home, or the future status of their marriage.

Phil Coleman ☐

### The Davis Bike Collective

This is a volunteer organization that provides a do-it-yourself bike repair facility, classes on bike repair, other bicycle related events.

You can learn more at: <<http://www.davisbikecollective.org/>>

Here are their events for February:

**Feb 1:** Workshop on headsets (5:30pm) followed by a potluck and short story readings (7:00pm) @ Bike Forth (1221 1/2 4th Street).

**Feb 8:** Workshop on Cranks & pedals (5:30pm) followed by DIY t-shirt screen printing and bike jewelry (7:00pm) @ Bike Forth (1221 1/2 4th Street).

**Feb 13:** Deadly Davis Dash Bicycle Race (5:00pm) followed by Bike Love Fundraiser Party (7:00pm-12:00am) both @ the Delta of Venus.

**Feb 15:** Workshop on Cables (5:30pm) followed by a board game night (7:00pm) @ Bike Forth (1221 1/2 4th Street).

**Feb 22:** Workshop on consensus and meeting facilitation for volunteers (5:30pm) @ Bike Forth (1221 1/2 4th Street). ☐

**March Madness** is the club's premier fundraiser. How does it work?

--Riders pay a flat fee and set a mileage goal for the month of March

--Riders then ride as much as they can and keep track of all their bicycle miles (either online or hardcopy).

--Then the club buys helmets for local school kids. (how many? and what determines the number?)

--Club volunteers show up at local schools and fit helmets to kids who have been nominated by school staff.

--There is a unique MM jersey every year with mileage printed on the sleeve.

--There is a MM banquet.

--There is a MM photo contest.

More information and applications will soon be available on the club's website at: <[http://www.davisbikeclub.org/annual\\_events/club\\_challenges/march\\_madness](http://www.davisbikeclub.org/annual_events/club_challenges/march_madness)>. ☐

### Online with the DBC

**Club web site:** <[davisbikeclub.org](http://davisbikeclub.org)>

**Newsletter Photo Supplement:** <<http://gallery.dbcnewsletter.org/main.php>>

**Race team:** <[dbcrcraceteam.org](http://dbcrcraceteam.org)>

**Double Century:** <[davisbikeclub.org/ddc/2009/index.htm](http://davisbikeclub.org/ddc/2009/index.htm)>

**Fall Century:** <[davisbikeclub.org/foxys/2008/index.htm](http://davisbikeclub.org/foxys/2008/index.htm)>

**Memberships:** <[davisbikeclub.org/membership.htm](http://davisbikeclub.org/membership.htm)>

Dues are as follows:

1-year: \$20 single, \$30 family

3-year: \$50 single, \$75 family

5-year: \$80 single, \$120 family

Race team add-on: \$20 per racer per year

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Dr.John's Early Bird Revival** Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	2 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	3 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	4 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	5 Dr.John's Early Bird Revival** Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	6 Saturday Coffee and a Roll 9:00am
7 Sunday No Drop 11:00am	8 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	9 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	10 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	11 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	12 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	13 Lake Solano Loop (Julie) 8:30am Saturday Coffee and a Roll 9:00am
14 Sunday No Drop 11:00am	15 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	16 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	17 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	18 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	19 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	20 3rd Saturday, or Cantelow x 2 9:00am Outland Series* 10:00am
21 Sunday No Drop 11:00am	22 Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	23 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	24 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	25 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	26 Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	27 Saturday Coffee and a Roll 9:00am
28 Two Bridges, No Tolls (Longer Option) 10:00am Two Bridges, No Tolls (Shorter Option) 11:00am Sunday No Drop 11:00am					**Dr. John's Early Bird rides <b>do not</b> take place every Monday and Friday. They are scheduled by appointment. See description-	

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact Marla Stuart, Ride Calendar Master. Location of starting points for rides beginning elsewhere will (indicated by an asterisk \*) be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

### New terrain numbers!

#### Terrain:

1. Flat
2. Rolling (Lake Solano, Pleasants Valley)
3. Moderate Climbs (Gibson, Steiger)
4. Steeper Climbs (Cantelow, Cardiac)
5. Steep, sustained climbs ((Mix Canyon, Cobb)

### Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: [dbcridecal@gmail.com](mailto:dbcridecal@gmail.com)

### Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroup every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

## Regularly Recurring Rides

\* Asterisked rides have a starting location other than Starbucks.  
Consult ride description for location.

### Sunday No Drop

Sundays, 11:00 am T1/P3-4/34 mi

Alan Hill, 530-792-8900 or <arhill8711@aol.com>

No one is dropped intentionally. Come out and play if you can maintain a pace of 14-16 mph. Ride stops in Winters for coffee or brunch and a visit to the new Winters Farmers Market (seasonal) before returning via Putah Creek Road to Davis. This is a good first group ride with the club. NOTE LATER START TIME FOR THE WINTER!

### Monday at Morrison's (faster) [Ed Martin Series]

Mondays, 9:00 am T1/P4-5/35 mi

Barry Bolden, 530-297-5123 or <boliverb@dcn.org>

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

### Monday at Morrison's (slower) [Ed Martin Series]

Mondays, 9:00 am T1/P2-3/24 mi

Dan Cucinotta, 530-756-1711 or <scucher@comcast.net>

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

### Dr. John's Early Bird Revival

Mon or Fri, Time varies 6:00-7:00 am

T1/P3/10-20 mi

John Whitehead, 530-758-8115 or <jcw@dcn.org>

Meet at Starbucks-by-the-Hospital. This ride occurs sporadically to fit in a workout before work. Office hours (start time) and route vary. Call for an appointment.

### Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 8:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

### Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

### Solano Baking Company [Ed Martin Series]

Wednesdays, 8:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or <scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano

Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00.

### Solano Baking Company [Ed Martin Series]

Wednesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

### Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or <deweyms@hotmail.com>

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

### Steady Eddy's [Ed Martin Series]

Thursdays, 8:45 am T1/P3/30mi

Max Massey, 530-756-6151

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

### Steady Eddy's [Ed Martin Series]

Thursdays, 9:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

### Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Meet on the Russell Blvd. bike path at Lake Blvd.

Remember to bring your lights and fully charged batteries.

Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

### Vacaville Rolling Hills [Ed Martin Series]

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <larryburdick@netzero.net>

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

### Napa/Bay Area/Sierra Hill Climbing\*

Fridays, 9:00-ish am T5-6/P-3/30-50 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

Relaxed, worth-the-drive rides that feature hill climbing around Napa Valley and the Bay/Sierra area. Designed for cyclists (especially women) who want to improve their climbing skills on

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## Regularly Recurring Rides

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supportive, non-competitive rides. Beautiful back roads, frequent regrouping (no drop), perfect weather ;-), and challenging fun are guaranteed. Details of route, meeting place, and meeting time are announced each week on the DBC listserve (or send an email to the ride leader). PLEASE RSVP, so the ride leader knows whether to wait for you. (Occasionally, these may turn into mini overnight/weekend tours; watch for postings.)

### Ride around the Town\*

Fridays, 10:00 am T1/P2/15-18 mi  
Dutch Martinich, 530-756-8234 or <dmartinich@att.net>  
Ride starts in front of Vet's Memorial Auditorium at 14th and B Streets. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride often finishes in the downtown area and stops for refreshments if riders are interested. Contact leader if in doubt about the weather.

### Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P5/30 mi  
Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net>  
Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller

## Non-Recurring Rides

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### Lake Solano Loop

February 13, Saturday, 8:30 am  
T1-3/P3/45 mi

Julie Sly, 916-201-2790 or Juliesly@aol.com  
Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.

### Outland Series\* First Ride

February 20, Saturday, 10:00 am  
T5-6/P3/50 mi

Bruce & Jennifer Wilson, 925-443-6617 or <bawjen@comcast.net>  
Back country out & back ride (50 miles total) on Mines Rd. (unbusy 2-lane paved road); initial 4 miles level, followed by 7.5% grade for first mile of climb, then much easier rolling terrain. Often, in February you can climb out of the cold, damp valley fog into warmer temperatures, complete with blue skies and sunshine. Lots of regrouping stops and riding at a sociable "P3" pace, with a very fun descent back down into Livermore. Ride leaders, Jennifer and Bruce, will be riding their tandem. Bring ample water

\* Asterisked rides have a starting location other than Starbuck's.  
Consult ride description for location.

groups when a consensus can't be achieved. Following this extension, we reconvene at Steady Eddies for refreshment and conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon. Note: ride does not occur on 3rd Saturday of the month.

### 3rd Saturday, or Cantelow x 2 (except May, October)

Third Saturday, 9:00 am  
T4/P4-5 (16-20 mph)/64 mi  
David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>  
The object of this ride is to stay together as a group at a controlled pace. Winters via Covell, 95, Stevenson Bridge Road and Putah Creek road. Short break/regroup in Winters at the restrooms. Continue west on Putah Creek Road to Pleasants Valley Road, then south to Cantelow. Continue over Cantelow to Gibson Road, to Steiger Hill Road and back over Cantelow again. Return to Winters via Pleasants Valley Road and Putah Creek Road. Optional lunch stop in Winters. Return to Davis via Putah Creek Road, Stevenson Bridge Road and Russell. 08:00 June, July, August & Sept. 09:00 Nov thru April. No May or October ride, conflicts with DDC and Foxy's.

\* Asterisked rides have a starting location other than Starbuck's.  
Consult ride description for location.

and food; no stores and no water available enroute  
Starting Place: Bruce & Jennifer's house at 2176  
Normandy Circle, Livermore, CA

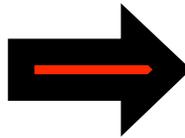
### Two Bridges, No Tolls\*

February 28, Sunday, 10:00 am, T2/P3/56 mi, (**longer**),  
11:00am, T2/P3/30 mi, (**shorter**)  
Scott McDonald, 530-753-7187 or <scottogeo@hotmail.com>  
for directions

Celebrate Abraham Washington's birthday a week late by riding both the Benicia-Martinez and Zampa bridge bike lanes. Alternative distances, 90 & 48 K. The long riders start at 10 AM in Cordelia Jct at Lopes Road and Auto Park Ct. [38°12.77 -122°8.49'] Ride the rollers past the Fossil Fleet of War Plan Orange and up to grab the 30 mile group at the Benicia-Martinez Bridge overlook at about 11 AM. A fast descent on the Benicia-Martinez bridge to Martinez and out via the post-apocalyptic Carquinez Scenic Drive via Port Costa to Crockett and the Zampa Bridge into Vallejo. A few city streets and a bayside bike path take us to a Benicia downtown coffee break and up the steep hill to drop off the short route riders back at the overview. Then a 13 mile straight shot back to Cordelia Jct. to satisfy the long riders. Heavy cross winds on Lopes. T2/P3 (12-16) where possible. No drop.

# DAVIS BIKE CLUB MEMBERSHIP APPLICATION

Exp: _____
Pd: _____
Check #: _____
Entered: _____



**Step 1:** Fill out form completely.  
**Step 2:** Sign where indicated.  
**Step 3:** Make checks payable to Davis Bike Club and return completed form to:  
 DBC Membership, c/o B&L Bike Shop, 610 Third St., Davis CA 95616

Name for mailing label: \_\_\_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-mail \_\_\_\_\_

If you wish to be added to the DBC email list please visit our website [www.DavisBikeClub.org](http://www.DavisBikeClub.org)

Action Type	<input type="checkbox"/> New Member	Basic Membership, 1 year.....	<input type="checkbox"/> \$20.00 single or .....	<input type="checkbox"/> \$30.00 family	\$ _____
	<input type="checkbox"/> Renewal	Basic Membership, 3 years.....	<input type="checkbox"/> \$50.00 single or .....	<input type="checkbox"/> \$75.00 family	
	<input type="checkbox"/> Address Change	Basic Membership, 5 years.....	<input type="checkbox"/> \$80.00 single or .....	<input type="checkbox"/> \$120.00 family	
		Race Team add-on... <input type="checkbox"/> \$20.00 per racer per year .....			\$ _____
		<input type="checkbox"/> Aggie Cycling Team (no race team fee) OR... <input type="checkbox"/> Junior Race Team (no race team fee)			
		<b>TOTAL AMOUNT DUE</b>		\$ _____	

### ALL adult members must sign release; parent or guardian signature required for members under age 18.

Your signature indicates that you have read, understand and agree to all of the conditions set forth in the Accident Waiver and Release of Liability statement below.

Name _____	Age _____	Signature _____	Racer? <input type="checkbox"/>	Date _____
Name _____	Age _____	Signature _____	Racer? <input type="checkbox"/>	Date _____
Minor's Name _____	Age _____	Parent/Guardian Signature _____	Racer? <input type="checkbox"/>	Date _____
Minor's Name _____	Age _____	Parent/Guardian Signature _____	Racer? <input type="checkbox"/>	Date _____

### ACCIDENT WAIVER AND RELEASE OF LIABILITY

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: Davis Bike Club, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand its content.

### Parent Guardian Waiver for Minors (Under 18 years old)

The above signed parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parent or legal guardian.

### Helmets are required on all club rides.



**Incomplete applications will be returned unprocessed. Please allow up to 6 weeks for processing.**



Revised 03-26-2006

The Davis Bike Club is a volunteer organization. The club has many activities that require member assistance during the year. Your volunteered time helps make these projects successful. Please indicate if you would be interested in helping with any of the following club activities and events:

<input type="checkbox"/> Leading local club rides	<input type="checkbox"/> Organizing/leading club tours	<input type="checkbox"/> Serving as a Board Member	<input type="checkbox"/> Other - Contact me for general help
<input type="checkbox"/> March Madness	<input type="checkbox"/> Double Century	<input type="checkbox"/> Foxy's Fall Century	<input type="checkbox"/> Fourth of July Criterium
			<input type="checkbox"/> Dunlap Memorial Time Trial

## Establishing Limits. Some Opinions.

### How many rear cogs?

Racing doesn't answer this, because racers are paid to ride what they ride. they're up to ten, eleven...nutty. For normal riders, seven is plenty, but unavailable. So stop at 8 or 9. No more. No double-digits.

### How light a road bike?

Twenty wispy pounds, and then only if you live for your fast club rides. even that involves some compromises, but not necessarily any dangerous ones. For non-clubbies, don't worry about weight. Period.

### How expensive a bike?

Pinarello has a \$17,000 bike. There are scores of \$6,500 bikes. They're ridden lightly and replaced soon, making the cost-per-year about \$2K. The price becomes the status. it's a weird world out there.

### How hard the tires?

If you don't race: 70 psi. If the tire needs more than that to keep from bottoming out, it's too skinny. Want to be comfy, want long-lasting wheels? Ride fatter, softer.

### How skinny the tire?

Even racers stop at 23mm, and other than maybe some world record attempt on the track, there's no reason for anything skinnier. Non-world record attempters should ride one size bigger than the smallest size they're comfortable with.

### How few the spokes?

Anything less than 28 is "I'm living in fantasy land" and if you weigh 200 to 215, 32 front and 36 rear is your min. over that, 36 both, and wide rims, big soft tires.

This was taken from the current edition of the Rivendell Reader. RR 42, published on an occasional basis by Rivendell Bicycle Works in Walnut Creek. It can be downloaded from their web site at <<http://www.rivbike.com/>> "Riv" is run by Grant Peterson who was responsible for many of the innovative bikes from Bridgestone U.S.A. His bicycles, while out of the mainstream are practical and beautiful. (None of this implies endorsement by the Davis Bike Club but reflects the editor's personal preferences.) □



## Emergency Phone Numbers

### Yolo County

Davis City Police: 530-758-3600

Davis Fire: 756-3400

UC Davis Police: 530-752-1230

UC Davis Fire: 530-752-1234

Winters Police: 530-795-4561

Winters Fire: 530-666-661 (Yolo dispatcher)

911 Yolo County 530-668-8920

Yolo Animal Control: 530-668-5287

### Sacramento county

next column-

## Club Contacts:

Mail Address: 610 Third Street, Davis, CA 95616

Web Site: <[davisbikeclub.org](http://davisbikeclub.org)>

### DBC Board of Directors

#### President

- Stuart Bresnick  
- 530.756.0420  
- addy@omsoft.com

#### Vice President

- Alan Hill  
- 530.792.8900  
- arhill8711@aol.com

#### Treasurer

- Marnelle Gleason  
- 530.753.9331  
- marnlea@sbcglobal.net

#### Recording Secretary

- Mary James  
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- jamesclan@sbcglobal.net

#### Corresponding Secretary

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-  
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#### Quartermaster

- David Joshel  
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#### Safety Director

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- pkcoleman@comcast.net

#### Race Team Director

- Jason Eiserich  
-  
- jpeiserich@ucdavis.edu

#### Director-at-Large

**Double Century** - Robin Neuman  
- 530.758.1917  
- roknrobin2@aol.com

**Director-at-Large Foxy's Fall Century** - Michael Borgg  
- Steve Macauley  
-

#### Director-at-Large Ultra Cycling

**Events** - Paul Guttenberg  
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- 530.758.8115  
- jcw@dcn.davis.ca.us

#### Philanthropy Director

- Diane Richter  
- 707-678-9515  
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#### Ride Calendar Coordinator

- Marla Stuart  
- dbcridecal@gmail.com

#### Web Site Coordinator

- Scott Alumbaugh  
- sea@seadogdesigns.com

#### Photo Supplement Host

- Steve Macauley  
- macauley.steve@gmail.com

American River Parkway 916-875-PARK

(7am to late eve, otherwise Sac. County).

Sac. County emergency dispatch 916-875-5000.

### Solano county

Dixon Police & Fire: 707-678-7080

Vacaville Police: 707-449-5200

Vacaville Fire: 707-449-5452 (or 5200)

911 Solano County 707-421-7090

Solano County Animal Care Services

Telephone Service: 8:30am to 6pm Monday through Friday only: Call 707-784-1356 All other hours and County Holidays: Sheriff's Dispatch 707-421-7090

*Non-expired date and this card signify the above person and/or family is a member in good standing of the Davis Bike Club.*

*DBC Membership Card*



DAVIS BIKE CLUB  
610 THIRD STREET  
DAVIS, CA 95616

# Changing Gears

**Changing Gears** is the monthly newsletter of the Davis Bike Club. The club address is: Davis Bike Club c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.



**Changing Gears** is mailed First Class, or by email, to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions, contact the Membership director at [dbcmembership@gmail.com](mailto:dbcmembership@gmail.com) or via the Davis Bike Club Hotline, 530-756-0186.



Contributions to **Changing Gears** may be sent to the editor by e-mail to: [dbcnewsletter@gmail.com](mailto:dbcnewsletter@gmail.com) Submittals in text or .doc files are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dutch Martinich, 530-756-8234

## Paper newsletter?

**If you are currently receiving paper copies of the newsletter and would prefer to receive Changing Gears by email, (or vice versa) please let me know at <[dbcmembership@gmail.com](mailto:dbcmembership@gmail.com)>.**

**The membership maestro.**