# **Echanging Gears** The Davis Bike Club Newsletter- December 2009-



The Prez Sez: - Stu Bresnick

Welcome to the end of another successful DBC year. The 40th annual Double Century ride was once again a big hit, thanks to Robin Neuman and her volunteer crew. Robin even got the weather to cooperate! Foxy's was bigger and better than ever thanks to John Hess and his volunteer crew and, again, perfect weather. We had some wonderful tours, and the Race Team continues to grow and develop some top-level racers. Finally, on the big event calendar, the quadrennial GRR (1200k randonee) attracted riders from all over the globe and had rave reviews, thanks to Dan Shadoan and the numerous volunteers who staffed the route to and from the Oregon border.

#### **HOLIDAY PARTY!**

To culminate the year we are having our annual Holiday Party on Tuesday December 15. If you have not yet registered, there is still time. There is no cost to members and their guest. Details are:

Date: Tuesday, December 15, 2009 Time: Talktales: 6:30, Dinner: 7:00

Place: Davis Senior Center, 6th and A Streets Please sign up at the following web site:

<a href="http://www.seadogdesigns.com/dbc/2009\_holiday\_party">http://www.seadogdesigns.com/dbc/2009\_holiday\_party</a>
Buffet dinner catered by Maria's Tacos Restaurant of Sacramento

Soft drinks provided by DBC: BYO wine or beer.

Please bring a (small) dessert to share

Party favors (bike socks) for all DBC members

Special Door Prize generously donated by Wheelworks: CicloSport CM 628 Wireless Cyclo-

meter / Heart Rate Monitor

Please bring a donation of food (or cash), or clean winter coats for distribution by STEAC to our less fortunate neighbors.

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# My View on a DBC Potentially Exclusionary Voting Policy - Ste

As a DBC Board Member, I am writing the general membership because I am concerned by a recent board decision to maintain a policy which potentially limits your right to vote on bylaw changes and for candidates for the DBC Board.

Every year, the club general membership elects new officers to the DBC Board of Directors. Currently, the only way of registering your vote in those elections is to attend the annual holiday party and vote on the new slate. You cannot vote if you don't attend the holiday party. Most of the time, candidates are running unopposed so it is not a really too big a deal if people can't register their vote. For bylaw changes, you must attend the meeting where the changes are presented to the membership.

But what happens if there is a contested position? What if two members decide to run for the same position and propose radically different agendas? Shouldn't all DBC members who want a say have a say in this case, even if they can't attend the holiday party? What if, as a member, you

2010 Board Candidates

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#### Calendar

Board Meeting Mon. December 14, 7pm Tandem Properties

General Cub Meeting/ Christmas Party Tue. December 15, 6:30 pm Senior Center, 6th & A St.

Ride Schedule deadline Tue., December 15

Newsletter deadline Sun., December 20 Midnight

#### **New Members**

Ryan Alvey **Brad Callos** Ken Farrar Steve Grube Chris Hopkins Chris Horton Ken Kaplan Rebecca Kluchin Jeff MacLellan Jon Matters Joe Maxon Steve McCaffrey Aaron & Lindy Obelleiro Julie Petersen Tobin Richardson Pamela Spencer Robert Wachter Jeff Waybright

#### The Prez Sez:

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BOARD OF DIRECTORS MEETING Starting this month, I will be summarizing results of the Board meeting, highlighting any votes taken or any significant issues that are coming up. Of course, Board meetings are op-en to all members who wish to attend.

From the November 9 meeting:

Discussion was held on possible changes to the voting process for election of Board members.

Two motions were presented to consider amending the By-Laws to expand voting beyond those attending the annual meeting. Neither motion passed. The Board decided to take no action and to leave the voting process as currently defined in the By-Laws.

A draft budget for 2010 was developed by the Budget Committee, to be presented to the Board at the December meeting, for their review and approval for forwarding to the 2010 Board for final approval at the January meeting. Ride Safely,

Stu

**-Exclusionary Voting Policy** -continued from page 1 prefer one candidate over another but can't attend the party, for whatever reason...you're sick, you're working late, can't find a babysitter, or are out of town or just don't want to be there? Well, you are out of luck. You can't vote.

The same holds true for changes to DBC bylaws. Shouldn't we all have a chance to vote our opinions without having to face artificial barriers?

Last year, several DBC members were concerned about this process and drafted a proposal which the board discussed at our recent November meeting. (Voting on bylaw changes was not discussed at this time.) After board members reviewed the proposal, two motions were made: the first motion was to review the process and find a method through which members who wanted to vote in contested elections, could vote, even if they couldn't attend the holiday party. The second motion was to let DBC members who cannot attend the holiday party send in proxies in contested elections. The proxies would be counted at the party. The DBC Board voted down both motions. The vote was 6 to 6, with one abstention, so both motions were defeated. At that point, the Recording Secretary recorded the yes and no votes which will be included in the Board minutes, hopefully to be posted at a later date.

I believe the board maintained a potentially exclusionary voting policy. The main reason six board members voted to keep the status quo seemed to be that most DBC elections are uncontested, so there was no reason to change current policy. The board members opposing any change argued that a contested election would, most likely, never occur. If I remember correctly, one board member stated that there was a "one in one million chance" of contested elections occurring. What-

ever the reason was, I believe the board decision flies in the face of the democratic elections which allow all members a vote, even if they can't attend meetings.

I will be circulating an informal online survey to determine members' feelings on this issue and will be taking the results of that survey to the DBC board in 2010.  $\Box$ 

2010

John Whitehead

David Joshel

Office	Current	Candidates
President	Stu Bresnick	Stu Bresnick
Vice President	Alan Hill	Alan Hill
Recording Secretary	Carolyn Regan	Mary James
Treasurer	Marnelle Gleason	Marnelle Gleason
Corresponding Secretary	Marlene Hanson	Marilyn Dewey
Newsletter Editor	Dutch Martinich	Dutch Martinich
DC Director At Large	Robin Neuman	Robin Neuman

**Candidates for Board of Directors** 

Public Relations Director John Whitehead

Unfilled Foxy's Director At Large John Hess Race Team Director Robin Rolles Jason Eiserich Safety Director Phil Coleman Phil Coleman Milt Blackman Diane Richter Philanthropy Director Membership Director Bruce Winder John Hess Ultra Distance Director Paul Guttenberg Paul Guttenberg **Touring Director** Steve Kahn Steve Kahn

#### Club Contacts:

President

- Stuart Bresnick

Ouartermaster

- 530.756.0420

- addy@omsoft.com

Vice President
- Alan Hill

- 530.792.8900

- arhill8711@aol.com

Treasurer

- Marnelle Gleason

- 530.753.9331

- marnglea@sbcglobal.net

Recording Secretary

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- 530.750.1005

- regan.carolyn@gmail.com Corresponding Secretary

- Marlene Hanson

- 530.662.0638

- mhanson516@sbcglobal.net

Quartermaster

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**Race Team Director** 

- Robin Rolles

- 530.383.3187

- robin.rolles@wavecable.com Ride Calendar Coordinator

- John Seabury

- dbcridecal@gmail.com

New Web Site Coordinator -Scott Alumbaugh

-sea@seadogdesigns.com

Director-at-Large

David Joshel

**Double Century - Robin Neuman** 

Mail Address: 610 Third Street, Davis, CA 95616

- 530.758.1917

- roknrobin2@aol.com

Director-at-Large Foxy's Fall

Century - John Hess

- 530.753.2970

- johnfhess@comcast.net

Director-at-Large Ultra Cycling

**Events - Paul Guttenberg** 

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Membership Director

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Public Relations Director

- John Whitehead

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**Philanthropy Director** 

- Milt Blackman

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Web Site Contact

-Dan Shadoan

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**Photo Supplement Host** 

-Steve Macaulay

-macaulay.steve@gmail.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 Sunday No Drop 11:00am	30 Dr.John's Early Bird Special* occasional, see decription- Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	1 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	3 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	4 Dr.John's Early Bird Special* see decription- Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	5 Saturday Coffee and a Roll 9:00am Bill the Cat Retro Ride* 9:00am
6 Sunday No Drop 11:00am	7 Dr.John's Early Bird Special* see decription- Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	8 Mocha Joe's Country Loop 8:45am Mocha Joe's Country Loop 9:00am	9 Solano Baking Company 8:45am Solano Baking Company 9:00am Women's Wednesdays* 9:00am	10 Steady Eddy's 8:45am Steady Eddy's 9:00am Winters Dinner Ride* 6:00pm	Dr.John's Early Bird Special* see decription- Vacaville Roll'g Hills 8:00am Napa/BayArea/Sierra Climbing* 9:00am Ride around the Town* 10am	13 Saturday Coffee and a Roll 9:00am
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Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

#### New terrain numbers!

#### Terrain:

- 1. Flat
- 2. Rolling (Lake Solano, Pleasants Valley)
- 3. Moderate Climbs (Gibson, Steiger)
- 4. Steeper Climbs (Cantelow, Cardiac)
- 5. Steep, sustained climbs ((Mix Canyon, Cobb)

# Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: dbcridecal@gmail.com

#### Pace/Speed (on level road)

- 1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
- 2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
- 3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
- 4. Brisk (16-18 mph). Experienced; no obligation to wait.
- 5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
- 6. Strenuous (21 mph & faster). Very strong riders.

# **Regularly Recurring Rides**

\* Asterisked rides have a starting location other than Starbuck's Consult ride description for location.

#### **Sunday No Drop**

Sundays, 11:00 am T1/P3-4/34 mi

Alan Hill, 530-792-8900 or <arhill8711@aol.com>

No one is dropped intentionally. Come out and play if you can maintain a pace of 14-16 mph. Ride stops in Winters for coffee or brunch and a visit to the new Winters Farmers Market before returning via Putah Creek Road to Davis. This is a good first group ride with the club. NOTE LATER START TIME FOR THE WINTER!

# Monday at Morrison's (faster) [Ed Martin Series]

Mondays, 9:00 am T1/P4-5/35 mi

Barry Bolden, 530-297-5123 or <body>
Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

# Monday at Morrison's (slower) [Ed Martin Series]

Mondays, 9:00 am T1/P2-3/24 mi

Dan Cucinotta, 530-756-1711 or <scucher@comcast.net> Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

# Dr. John's Early Bird Revival\*

Mon Fri, Time varies 6:00-7:00 am

T1/P3/10-20 mi

John Whitehead, 530-758-8115 or <jcw@dcn.org> Meet at Starbucks-by-the-Hospital. This ride occurs sporadically to fit in a workout before work. Office hours (start time) and route vary. Call for an appointment.

# Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 8:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com> Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

#### Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net> Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

# Solano Baking Company [Ed Martin Series]

Wednesdays, 8:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or

<scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano

Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

# **Solano Baking Company [Ed Martin Series]**

Wednesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or cpkcoleman@comcast.net>
Ride south to Dixon past orchards and fields, relax at Solano
Baking Company in Dixon before returning to Davis.

#### Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi Marilyn Dewey, 530-753-9188 or <deweyms@hotmail.com> Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

# **Steady Eddy's [Ed Martin Series]**

Thursdays, 8:45 am T1/P3/30mi

Ride Leader TBD (Volunteers welcome)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

# **Steady Eddy's [Ed Martin Series]**

Thursdays, 9:00 am T1/P4-P5/34 mi Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net> Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

#### Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi
Paul Grant, 530-756-3610 or <pwgrant@mac.com>
Meet on the Russell Blvd. bike path at Lake Blvd.
Remember to bring your lights and fully charged batteries.
Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

# Vacaville Rolling Hills [Ed Martin Series]

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <a href="mailto:slarryburdick@netzero.net">slarryburdick@netzero.net</a> Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

# Napa/Bay Area/Sierra Hill Climbing\*

Fridays, 9:00-ish am T5-6/P-3/30-50 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

Relaxed, worth-the-drive rides that feature hill climbing around

Napa Valley and the Bay/Sierra area. Designed for cyclists (especially women) who want to improve their climbing skills on

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# **Regularly Recurring Rides**

\* Asterisked rides have a starting location other than Starbuck's Consult ride description for location.

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upportive, non-competitive rides. Beautiful back roads, frequent regrouping (no drop), perfect weather ;-], and challenging fun are guaranteed. Details of route, meeting place, and meeting time are announced each week on the DBC listserve (or send an email to the ride leader). PLEASE RSVP, so the ride leader knows whether to wait for you. (Occasionally, these may turn into mini overnight/weekend tours; watch for postings.)

#### Ride around the Town\*

Fridays, 10:00 am T1/P2/15-18 mi
Dutch Martinich, 530-756-8234 or <dmartinich@att.net>
Ride starts in front of Vet's Memorial Auditorium at 14th and
B Streets Route changes weekly but always includes
portions of the citywide greenbelt system and the City of
Davis bike route. Ride often finishes in the downtown area and
stops for refreshments if riders are interested. Contact leader if
in doubt about the weather.

# Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P5/30 mi Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net> Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved. Following this extension, we reconvene at Steddy Eddies for refreshment and conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon.

# 3rd Saturday, or Cantelow x 2 (except May, October)

December 19, Third Saturday, 9:00 am T4/P4-5 (16-20 mph)/64 mi

David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>
The object of this ride is to stay together as a group at a controlled pace. Winters via Covell, 95, Stevenson Bridge Road and Putah Creek road. Short break/regroup in Winters at the restrooms. Continue west on Putah Creek Road to Pleasants Valley Road, then south to Cantelow. Continue over Cantelow to Gibson Road, to Steiger Hill Road and back over Cantelow again. Return to Winters via Pleasants Valley Road and Putah Creek Road. Optional lunch stop in Winters. Return to Davis via Putah Creek Road, Stevenson Bridge Road and Russell. 08:00 June, July, August & Sept. 09:00 Nov thru April. No May or October ride, conflicts with DDC and Foxy's.

\* Asterisked rides have a starting location other than Starbuck's Consult ride description for location.

# **Non-Recurring Rides**

#### Bill the Cat Retro Ride\*

December 5, Saturday, 9:00 am T1/P3-4/30+ mi Steve Macaulay, 916-813-3307 or <macaulay.steve@gmail.com>

Meet at the end of the Russell Blvd bike trail near Three Palms Nursery. Inaugural ride with Bill the Cat. (If you don't know who/what Bill the Cat is, you better show up to find out!) Bring out your old steel bikes for a retro-bike ride. Aluminum, carbon, titanium, and newer steel also welcome. Bamboo or PVC, fixies or shifters, tandems or half bikes? You decide. This loop ride follows the 4-S route (Stevenson Bridge Road, Sievers, Schroeder and Silveyville), zig-zags to Putah Creek Road by way of Wolfskill and Gaddini, on to Winters for cof-

fee and return via PCR. Rain (rust!) cancels. Unless the winds are fierce, ride leader will be there. Cameras suggested. Call / email if questions.

# Ride the Light Fantastic\*

December 5, Saturday, 7:00 PM

T1/P1/<12 mi

Ted Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>
This ride leaves from the Veteran's Center. Celebrate the coming of winter with a pedaling light show! Decorate your bike with headlights, rear flashers, glow sticks and battery-powered Christmas lights for a short, fun loop around town. Unusual bikes such as tandems, recumbents, folders, recumbents are encouraged.

#### Online with the DBC

Club web site: <davisbikeclub.org>

Newsletter Photo Supplement: <a href="http://gallery.dbcnewsletter">http://gallery.dbcnewsletter</a>

.org/main.php>

Race team: <dbcraceteam.org>

**Double Century:** <davisbikeclub.org/ddc/2009/index.htm> **Fall Century:** <davisbikeclub.org/foxys/2008/index.htm>

#### Memberships

Davis Bike Club membership applications are available at: <a href="http://www.davisbikeclub.org/membership.htm">http://www.davisbikeclub.org/membership.htm</a>

Dues are as follows:

1-year: \$20 single, \$30 family 3-year: \$50 single, \$75 family 5-year: \$80 single, \$120 family

Race team add-on: \$20 per racer per year

family is a member in good standing of the Davis Bike Club. Non-expired date and this card signify the above person and/or



DBC Membership Card

DAVIS, CA 95616 **910 THIRD STREET** DAVIS BIKE CLUB

# Changing Gears

Changing Gears is the monthly newsletter of the Davis Bike Club. The club address is: Davis Bike Club c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.







Changing Gears is mailed First Class, or by email, to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions, contact the Membership director at dbcmembership@gmail.com or via the Davis Bike Club Hotline, 530-756-0186.







Contributions to Changing Gears may be sent to the editor by e-mail to:

dbcnewsletter@gmail.com Submittals in text or .doc files are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dutch Martinich, 530-756-8234

### Paper newsletter?

If you are currently receiving paper copies of the newsletter and would prefer to receive Changing Gears by email, (or vice versa) please let me know at <dbcmembership@gmail.com>.

The membership maestro.