Changing Gears

The Davis Bike Club Newsletter-

September 2009-



Proposed changes to the DBC by-laws

In July, the DBC board of directors approved the following changes to the club's by-laws. They will be subject to approval by membership vote at September's General Club Meeting.

-continued on page 2

Sitting Down With Paul Mach, DBC Racer Turned Pro

You've probably heard a lot about Paul Mach lately. This year, Paul helped bring home a Division I title for the Aggies. He raced (and raced well) against Lance Armstrong at Nevada City and was second to Levi Leipheimer at the Sea Otter Road Race. He was the overall winner at Mt. Hood and at Cherry Blossom Stage races. This is his first year with the Bissell Pro Cycling team. When he's not riding his bicycle, he's working on his PhD, focusing on computational biology.

I talked with Paul over the phone as he prepared for the second day of the Tour of Utah, touted as "America's Toughest Stage Race". Stage Two, for example, has a 20 mile, 4,000 foot climb to the finish.



What are some of your favorite memories from this year?

Mount Hood was the first time I've ever contested for a big stage race and have a team riding for me. Every day was a challenge. Pretty cool.

What's the difference between riding local Northern CA races and riding for Bissell?

A lot of times I'm the one doing the work. Your whole strategy changes and you can't get away with the same stuff. You have a role and you can't just fit in the group anymore. You have to really time your move and put all your eggs in one basket.

-continued on page 7

Yolo Hospice Family Bike Ride & Picnic

Please support Yolo Hospice and enjoy a fall ride in October: Yolo Hospice has provided not-for-profit hospice care in our community for 30 years. In this anniversary year, we are beginning the annual Family Bike Ride and Picnic.

Saturday, October 10, 2009, 10:00 AM – 3:00 PM, Community Park in Davis 10:00 A.M: 5 and 10 mile Fun rides or ? Century ride 12:00 P.M: Picnic Begins Registration is now open. Check local bike stores or the Yolo Hospice website for registration information http://www.yolohospice.org All proceeds from the Family Bike Ride and Picnic will directly support Yolo Hospice and its services. The Yolo Hospice team of professionals helps people fully live the final days of their lives by focusing on the whole person, body-mind-spirit. Providing clinically expert care, delivered in a spirit of loving service, we emphasize comfort through pain control and sophisticated symptom relief.

Contact: Candace Frawley, Director of Community Relations,

Tel: 530-758-5566 □

Ride Calendar pg 3

Ride Descriptions pg 4 & 5

New Members pg 5

Emergency Phone Numbers pg 5

Club Contacts pg 6

Writing Bike Ads pg 7

Calendar

General Cub Meeting Mon.Sept. 14, 7 pm Common Grounds Coffee

Board Meeting Date TBD Tandem Properties

Race team Meeting date and location to be determined

Race Commitee Meeting date and location to be determined

Ride Schedule deadline Tue., September 15

Newsletter deadline Sun., September 20 Midnight

The General Meeting will feature Eric Norris giving a presentation on the "Wheels North"adventure. Coffee 6:30, Meeting 7 pm







Reminder:

Foxy's Fall Century is on Saturday, October 17. To volunteer, contact John Hess at:

<johnfhess@comcast.net>

DBC By-laws Proposed Revision June 2009

ARTICLE XVI. CONFLICT OF INTEREST POLICY (New)

Section A. Purpose. This policy statement is intended to protect the Club's interest in any transaction that could benefit the personal financial interest of a Club Officer, Director, or any member with funding or policy authority.

Section B. Duty to Disclose. Any Club member must disclose to the Board of Directors any potential conflict of interest where the member may financially benefit. A member may have a financial interest but no conflict of interest. The Board will determine if a conflict does exist and take appropriate action as necessary.

Section C. Failure to Disclose. Failure to make a timely disclosure of a potential conflict of interest to the Board as required above will be considered a violation of this Policy. Appropriate action, up to expulsion from the Club membership, may follow as determined by the Board.

Section D. Board Responsibility. Upon receiving a report of a potential or actual conflict of interest, the Board shall review all circumstances available and render a ruling by majority vote of Board members present. The Club President shall preside over this issue. Board members who are the subject of the conflict of interest are excluded from any Board review and deliberations.

ARTICLE XVII WHISTLEBLOWER POLICY (New)

Section A. Purpose. Suspected violations of Club rules, improper use of club funds or property, or questionable accounting practices, must have a means to be reported to protect the Club's integrity and to prevent possible retaliation for such reporting. Similarly, deliberately false or malicious allegations under this policy shall be cause for censure, up to expulsion from Club membership.

Section B. Reporting Procedure. Reports of any impropriety as described in Section A shall be made to any Director. The Director receiving such a report is responsible for forwarding it to the Club President. The Club President shall determine how to proceed with the complaint and advise Board Members of his/her action in a timely fashion. If the Club President is the subject of the report, the Vice President shall be assigned this responsibility.

Section C. Persons making any reports under this policy shall not suffer any retaliation from anybody under the authority of the Club leadership. Any retaliatory actions determined to be valid will be cause for censure against the offender.

Section D. Club officers shall also be protected from knowingly false or malicious reports under authority of this Article. Club members making such reports shall be subject to ap propriate censure as well.

ARTICLE XVIII. DOCUMENT RETENTION POLICY (New)

Section A. Definition. Club documents are defined as written records produced by members in the context of Club affairs. The documents can be either paper or electronic.

Section B. Purpose. Documents identified under this policy must be retained for the specified time period. Document retention is essential for historical reference, as well as source material for possible litigation.

Section C. Categories of Documents and Retention Period.

Tax returns (form 990), shall be retained for a period of six (6) years.

Financial records (i.e., Quicken data files, contracts, invoices, and reimbursement forms) shall be retained for a period of three (3) years.

Board minutes shall be retained for a period of six (6) years.

Section D. Responsibility for Compliance. Sitting Directors shall be responsible for the safe and secure maintenance of current and past records, and for the transfer of those records to their replacements, as follows:

Tax returns & financial records: Treasurer Board Minutes: Recording Secretary.

EXPENSE REIMBURSEMENT POLICY Add to Article VIII BUDGET AND FINANCES, the following Sections:

Section D. Expense Reimbursement Policy. Requests for reimbursement funds used for Club expenses shall be submitted in a timely manner to the Treasurer on the Club's Expense Reimbursement Form. The form must be approved by a Director, preferably the Director with budget responsibility for the expense.

-continued on page 7

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Tour of Marin County Sunday 7am Sunday No Drop 9:30am	31 Early Bird Special* 6:15am Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	1 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am	2 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	3 Steady Eddy's 7:45am Steady Eddy's 8:00am Winters Dinner Ride* 6:00pm	4 Early Bird Special* 6:15am Vacaville Roll'g Hills 8:00am Napa/BayArea Climbing* 9:00am Ride around the Town* 10:00am	5 Saturday Coffee and a Roll 8:00am
6 Sunday No Drop 9:30am	7 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	8 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am	9 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	10 Steady Eddy's 7:45am Steady Eddy's 8:00am Winters Dinner Ride* 6:00pm	11 Early Bird Special* 6:15am Vacaville Roll'g Hills 8:00am Napa/BayArea Climbing* 9:00am Ride around the Town* 10:00am	12 Saturday Coffee and a Roll 8:00am Second Saturday Saunter* 10:00am
13 Sunday No Drop 9:30am	14 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	15 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am	16 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	17 Steady Eddy's 7:45am Steady Eddy's 8:00am Winters Dinner Ride* 6:00pm	18 Early Bird Special* 6:15am Vacaville Roll'g Hills 8:00am Napa/BayArea Climbing* 9:00am Ride around the Town* 10:00am	19 Saturday Coffee and a Roll 8:00am 3rd Saturday 8:00am
20 Sunday No Drop 9:30am	21 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am	23 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	24 Steady Eddy's 7:45am Steady Eddy's 8:00am Winters Dinner Ride* 6:00pm	Early Bird Special* 6:15am Vacaville Roll'g Hills 8:00am Napa/BayArea Climbing* 9:00am Ride around the Town* 10:00am	26 Saturday Coffee and a Roll 8:00am
27 Sunday No Drop 9:30am	28 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am	30 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	1 Steady Eddy's 7:45am Steady Eddy's 8:00am Winters Dinner Ride* 6:00pm	2 Early Bird Special* 6:15am Vacaville Roll'g Hills 8:00am Napa/BayArea Climbing* 9:00am Ride around the Town* 10:00am	3 Saturday Coffee and a Roll 8:00am

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

Terrain:

- 1. Flat(Davis to Woodland, Sacramento)
- 2. Easy/Gentle grade (Antioch Bridge)
- 3. Rolling (Dunnigan Hills, Auburn Road)
- 4. Moderate/Easy (Solano to Monticello Dam)
- 5. Moderate grades (Cardiac/Cantelow)
- 6. Steep, long grade (Mt. Diablo, Marshall)

Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: dbcridecal@gmail.com

Pace/Speed (on level road)

- 1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
- 2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
- 3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
- 4. Brisk (16-18 mph). Experienced; no obligation to wait.
- 5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
- 6. Strenuous (21 mph & faster). Very strong riders.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbuck's Consult ride description for location.

Sunday No Drop

Sundays, 9:30 am T1/P3-4/34 mi

Peter Widjaja, 415-370-7146 or the-vibra ever this popular stroll out to Winters for the summer months, and Alan will return in September. No one is dropped intentionally. Come out and play if you can maintain a pace of 14-16 mph. Ride stops in Winters for coffee or brunch and a visit to the new Winters Farmers Market before returning via Putah Creek Road to Davis. This is a good first group ride with the club.

Monday at Morrison's (faster) [Ed Martin Series]

Mondays, 8:00 am T1/P4-5/35 mi

Barry Bolden, 530-297-5123 or <body>
Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Monday at Morrison's (slower) [Ed Martin Series]

Mondays, 8:00 am T1/P2-3/24 mi

Dan Cucinotta, 530-756-1711 or <scucher@comcast.net> Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi
Jack Kenward, 530-753-9329 or <kenward2@dcn.org>
Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 7:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com> Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 8:00 am T1/P4-P5/39 mi

Solano Baking Company [Ed Martin Series]

Wednesdays, 7:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or

<scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Solano Baking Company

Wednesdays, 8:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or deweyms@hotmail.com Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Steady Eddy's [Ed Martin Series]

Thursdays, 7:45 am T1/P3/30mi

Gerry Peterson, 530-756-1254 or gnjpeter0856@juno.com Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Steady Eddy's [Ed Martin Series]

Thursdays, 8:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or pwgrant@mac.com
Meet on the Russell Blvd. bike path at Lake Blvd. Now that
June is behind us, we'll need to remember to bring our lights
and be sure the battery is fully charged. Come out on this
easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills [Ed Martin Series]

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or larryburdick@netzero.net Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe

Napa/Bay Area/Sierra Hill Climbing*

Fridays, 9:00-ish am T5-6/P-3/30-50 mi

Deb Ford, 707-224-2288 or napaford@aol.com

Relaxed, worth-the-drive rides that feature hill climbing around Napa Valley and the Bay/Sierra area. Designed for cyclists (especially women) who want to improve their climbing skills on supportive, non-competitive rides. Beautiful back roads, frequent regrouping (no drop), perfect weather ;-], and challenging fun are guaranteed. Details of route, meeting place, and meeting

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbuck's Consult ride description for location.

time are announced each week on the DBC listserve (or send an email to the ride leader). PLEASE RSVP, so the ride leader knows whether to wait for you. (Occasionally, these may turn into mini overnight/weekend tours; watch for postings.)

Ride around the Town*

September, Fridays, 10:00 amT1/P2/15-18 mi Dutch Martinich, 530-756-8234 or dmartinich@att.net Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch Martinich and Gerry Peterson (gnjpeter@juno.com, 530-756-1254). Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if riders are interested. Contact either leader if in doubt about the weather.

Saturday Coffee and a Roll Saturdays, 8:00 am T1/P5/30 mi

Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net> Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved. Following this

extension, we reconvene at Steddy Eddies for refreshment and

conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon.

Second Saturday Saunter*

September 12, Second Saturday, 10:00 am T1/P2/10-15 mi Dutch Martinich, 530-756-8234 or dmartinich@att.net Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. This ride is similar to Around the Town as we pretty much stick to the city bikeways. Spandex and carbon-fiber not required.

3rd Saturday (except May, October)

July 18, Third Saturday, 8:00 am T1-T5/P4/62 mi David Joshel, 510-717-5133 or <davidjoshel@hotmail.com> Ride together as a group. Putah Creek, Pleasants Valley, Cantelow, Gibson, Steiger Hill. We'll climb Cantelow in both directions after making a loop on Gibson and Steiger. Optional break in Winters on the return leg.

Non-Recurring Rides

There are no non-recurring rides scheduled for this month.

Emergency Phone Numbers

Calling 911 on a cell phone does not always bring rapid response. You will often get faster results by programming the agency's actual emergency number.

Yolo County

Davis City Police: 530-758-3600

Davis Fire: 756-3400

UC Davis Police: 530-752-1230 UC Davis Fire: 530-752-1234 Winters Police: 530-795-4561

Winters Fire: 530-666-661 (Yolo dispatcher)

911 Yolo County 530-668-8920 Yolo Animal Control: 530-668-5287

Sacramento county

American River Parkway 916-875-PARK (7am to late eve, otherwise Sac. County). Sac. County emergency dispatch 916-875-5000.

Solano county

Dixon Police & Fire: 707-678-7080 Vacaville Police: 707-449-5200 Vacaville Fire: 707-449-5452 (or 5200) 911 Solano County 707-421-7090 Solano County Animal Care Services

Telephone Service: 8:30am to 6pm Monday through Friday

only: Call 707-784-1356

All other hours and County Holidays: Sheriff's Dispatch 707-421-7090

Online with the DBC

Club web site: <davisbikeclub.org>

Newsletter Photo Supplement: http://gallery.dbcnewsletter

.org/main.php>

Race team: <dbcraceteam.org>

Double Century: <davisbikeclub.org/ddc/2009/index.htm> **Fall Century:** <davisbikeclub.org/foxys/2008/index.htm>

New Members for August

Tim Dashney Paul Kramer
Chris Faltis David Krueger
David Feldman Kimberley Ohlson
Brendon Ishikawa Royce Waters
Don Johnston John Williams

^{*} Asterisked rides have a starting location other than Starbuck's Consult ride description for location.

How to write a bike for sale ad

So you want to sell a bike with an online classified or put it up for auction. The first step, writing you ad can facilitate or break the deal. If you spend time on Craigslist you know what I mean. The following is a checklist for describing that bike you want to sell. There is no discussion of price here, just ad writing. So, here's a list of descriptors somewhat in order of presentation

1. Brand- You'll need a headbadge, decal, or painted logo to satisfy the prospective buyer. If they are not there, don't try too hard to convince the customer that you know what it is or you'll make them suspicious.

2. Type- Mandatory!

- --Road, a broad category including racing machines, TT/time trialers, triathlon, touring, fixies, and cyclocross (true!).
- --Track, not to be confused with other fixies or single speeds. They have a tight geometry, no braze-ons, narrow fork/stay spacing, and track fork ends.
- --Mountain Bikes (ATB, MTB) can be further described by intended use such as downhill, xcountry; by suspension (important) such as front, full, hardtail; or wheel size like 29er.
- --Hybrid/cross bikes are usually MTBs dressed up for the roadsmooth tires, little or no suspension and tubular frames
- --Townies/commuters usually have upright rider position, internal hub gears or derailleurs, fenders, lights, chainguards and often baskets, racks or panniers.
- --Recumbents have the rider in a partly horizontal position. They a categorized by long or short wheelbases and by handlebars placed above or below the seat.
- --Folders can be folded down to a compact size suited for multi modal transport. Examples would be Bike Friday or Dahon. I wouldn't include coupled bikes here.
- -- Cargo bikes have heavy carrying capacity which can be described as front or rear loads.
- --Cruisers/paper-boy bikes have heavy curvy frames, 26" wheels, steer horn bars and often coaster brakes.
- --BMX, choppers, banana bikes are beyond my range of knowledge but take the same general approach implied by this checklist.
- --Roadsters/'English racers' are the traditional style European town bikes with fenders, chain guards, hub gearing, etc. The more traditional type such as the Pashley and Raleigh Tourist have 28" wheels and rod actuated brakes. A similar bike is the 'Dutch' or 'Amsterdam' used for commuting and shopping .

3. Size-

Both frame size and wheel size are important and should not be left out. Frame size is often measured by the length of the seat tube in inches or cm. Standover height, the distance between the top of the top tube and the ground is favored by some buyers. A lot of MTBs and some others are sold by small, medium, and so on according to the manufaturer's opinions on this. Wheel size is a bit complicated and I suggest you go to this web page to help sort it out.

http://www.sheldonbrown.com/tire-sizing.html You need to get wheel sizes right. There's a lot of 700c's and 26"'s out there but that's just the tip of the iceberg.

Club Contacts:

Mail Address: 610 Third Street, Davis, CA 95616

Web Site: <davisbikeclub.org>

DBC Board of Directors

President

- Stuart Bresnick
- 530.756.0420
- addy@omsoft.com

Vice President

- Alan Hill
- 530.792.8900
- arhill8711@aol.com

Treasurer

- Marnelle Gleason
- 530.753.9331
- marnglea@sbcglobal.net

Recording Secretary

- Carolyn Regan
- 530.750.1005
- regan.carolyn@gmail.com

Corresponding Secretary

- Marlene Hanson
- 530.662.0638
- mhanson516@sbcglobal.net

Quartermaster

- David Joshel
- 530.756.7409
- davidjoshel@hotmail.com

Safety Director

- Phil Coleman
- 530.756.4885
- pkcoleman@comcast.net

Race Team Director

- Robin Rolles
- 530.383.3187
- robin.rolles@wavecable.com

Ride Calendar Coordinator

- John Seabury
- dbcridecal@gmail.com

New Web Site Coordinator

- -Scott Alumbaugh
- -sea@seadogdesigns.com

Director-at-Large

Double Century - Robin Neuman

- 530.758.1917
- roknrobin2@aol.com

Director-at-Large Foxy's Fall

Century - John Hess

- 530.753.2970
- johnfhess@comcast.net

Director-at-Large Ultra Cycling

Events - Paul Guttenberg

- 530.297.5942
- cycledad@juno.com

Newsletter Editor

- Don Martinich
- 530.756.8234
- dbcnewsletter@gmail.com

Tour Director

- Steve Kahn
- 530.758.4083
- patsteve@pacbell.net

Membership Director

- Bruce Winder
- 530.758.1544
- dbcmembership@gmail.com

Public Relations Director

- John Whitehead
- 530.758.8115
- jcw@dcn.davis.ca.us

Philanthropy Director

- Milt Blackman
- 530.756.5540
- miltblackman@hotmail.com

Web Site Contact

- -Dan Shadoan
- -djshadoan@ucdavis.edu

Photo Supplement Host

- -Steve Macaulay
- -macaulay.steve@gmail.com

4. Frame material-

Mandatory! Steel (tubing type and brand are important), alumium, carbon, titanium, bamboo- whatever.

5. Gears (drivetrain)-

All ads need to describe the drive train. Derailleur gearing uses total number of chainrings x sprockets. (10 speed, 21 speed, etc.) Hub gearing uses number of gear ratios. (3 speed, 8 speed) And 'single speed' is usually used for a single cog with free-wheel and 'fixed' is single cog, no freewheel. If it's a coaster brake, mention it.

-continued on page 7

-continued from page 2

Section E. Credit Cards. Credit cards in the name of the Club shall be given to the Club President and Treasurer to cover legitimate Club expenses.

Amend Section IV E "Directors Duties" as follows:

4. Recording Secretary. The Recording Secretary shall record and preserve (as described in Article XVIII section D) the minutes of general meetings and meetings of the Board of Directors. The Recording Secretary shall also serve on the budget committee.

Section C. The principal office of the Corporation (change to "Club") is located at 610 Third Street, Davis, CA 95616

Section D. The Board of Directors is hereby granted authority to change the location of the principal office of the Corporation (change to "Club") within the County of Yolo, CA. Any such change shall be noted by the secretary in these By-laws, but shall not be considered an amendment of these By-Laws □

Paul Mach -continued from page 1

What accomplishments on the bike are you most proud?

Collegiate races have a nice team aspect. The team one (1st in Div I Team TT & Omnium) this year was really big. Not only did we ride well, but we rode well together.

What are your favorite rides and races in the Davis area?

University Road Race in Santa Cruz is a really hard course that seems to suit me. It's always fun when you're putting the hurt on as opposed to the one getting hurt. It's hard because there's no faking it. You can't sit in. I spend a lot of time riding from Davis to Winters. I like going out towards Lake Barryessa and riding towards Napa. I like going out and just riding and not having to "load up the bike" on the car.

What brought you to Davis?

Grad school brought me to Davis. We came down for a Spring Break (running) training camp, I thought the town was really cool, and I applied to grad school. I got into riding when I moved here.

How did you get involved with DBC?

I started racing with DBC pretty early. I went to a meeting in January and still wasn't really into cycling. School and sports have always been together for me. Cycling was my new sport for grad school. A lot of Aggies are on DBC. It's a different name but just as fun.

What advice would you give aspiring pros in DBC?

Race a lot and don't be an idiot, because you might think that nobody pays attention to you. If you are hanging out at the back of a crit, people notice that. Make sure you're doing all the little things right. People will notice that you're at least trying to do the right thing in a race. I'm surprised how much people notice, directors, when they're looking for riders.

Between your graduate work and your cycling career, has it been difficult to make it all work? How do you make it work?

It is difficult. When you're riding your bike hard, the last thing you want to do is come back to the hotel or the host house and work. In the off-season it's easier because you're not traveling. I meet with my advisor once a week and make sure that I make progress and have gone to a new place. It's hard to get significant stuff done when on the road. I don't know how many years I'll have this opportunity.

What are some of your non-cycling indulgences?

I'm a computer nerd. I enjoy doing my research. I sit on a computer and optimize. I have my blog and I make it cooler, add the mobile site. I like riding my bike but I also like working on whatever project I have going on.

What's the most interesting cycling fact about yourself that most people don't know?

I didn't start riding my bike until grad school. Kind of unique.

What's the most interesting thing someone will say when they read this interview and who will say it?

Some club member will say, "Oh, I see that guy riding around all the time!" I see the same faces. There are a few people that I see quite often.

- Jason Grefrath

Bike Ads

-continued from page 6

6. Component brands-

If you've got quality parts, name them. Campy, Shimano Dura Ace, Phil Wood, and so on. This is more important for expensive bikes. Saddles and pedals must be described.

7. Accessories-

This is important for specialty bikes. For example, touring: bags, racks, lights, kickstands and so on. For town bikes: lights, horns, fenders, bells, etc.

8. Condition/age-

Age may be unknown but if it's close to new, mention it. (serial numbers can help) NOS? mention it. Condition is most important. Describe it as best you can. Paint, chrome, dents, scrapes, broken components, saddle shape, tune up history, and so on. Don't fudge on any of this in the ad because there will be that moment of truth when the buyer sees it.

-Don Martinich □

tamily is a member in good standing of the Davis Bike Club. None nozyeq evode ent yiingis bass sint bas etsb beyiqxe-nov

DBC Membership Card

the Foxy's Fall Century. not too late to volunteer for It's now September and it's

-TNATAO9MI



DAVIS, CA 95616 **910 LHIKD SIKEEL** DAVIS BIKE CLUB

Changing Gears

Changing Gears is the monthly newsletter of the Davis Bike Club. The club address is: Davis Bike Club c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.







Changing Gears is mailed First Class, or by email, to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions, contact the Membership director at dbcmembership@gmail.com or via the Davis Bike Club Hotline, 530-756-0186.







Contributions to Changing Gears may be sent to the editor by e-mail to: dbcnewsletter@gmail.com Submittals in text or .doc files are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dutch Martinich, 530-756-8234

Paper newsletter?

If you are currently receiving paper copies of the newsletter and would prefer to receive Changing Gears by email, (or vice versa) please let me know at <dbcmembership@gmail.com>.

The membership maestro.