

Changing Gears

The Davis Bike Club Newsletter-

August 2009-

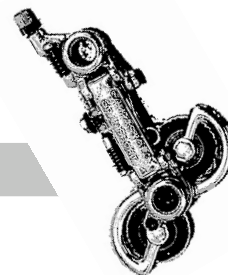


photo- John Hess

photo- Paul Reis

An event like the Gold Rush Randonée can be expected to be a setting for many an adventure. Read about one with a happy ending in **Grrrrrr, what to do?**

Grrrrrr, what to do?

I don't think anyone will argue that a 1200km bike ride is a long way. 1200km in about 4 days is a long way in a short amount of time. Doing the GRR is about putting in the effort and careful planning. However, it can also be about unexpected events.

-continued on page 7

2009 Foxy's Fall Century

Hi everyone, It's the middle of summer and planning is now underway for the last DBC sponsored ride of the year: Foxy's Fall Century.

-see page 2

Gold Lakes Tour:

Three days in the mountains. Explore Yuba pass and the Sierra Valley.

-see page 2

Viet Nam Tour still open...

to DBC members at a very attractive price, by Hans Krausche of Discover Vietnam.

-see page 2

Yolo Hospice Family Bike Ride & Picnic

Please support Yolo Hospice and enjoy a fall ride in October:

-see page 2

DBC Race Team Second Place in NCNCA Standings

DBC is currently a very close Second Place in the BAT, second to the San Jose Bike Club / Sugar CRM Team. Both teams have been trading 1st place all season long and the final placing looks to be very closely contested.

-continued on page 5

Touing Page	pg 2
Ride Calendar	pg 3
Ride Descriptions	pg 4 & 5
Emergency Phone Numbers	pg 6
Race News	pg 6
Club Contacts	pg 7
New Members	pg 7

Calendar

General Cub Meeting
There will be no meeting in August

Board Meeting
Mon., August 10, 7 pm
Tandem Properties

Race team Meeting
date and location
to be determined

Race Committee Meeting
date and location
to be determined

Ride Schedule deadline
Sat., August 15

Newsletter deadline
Thur., August 22
Midnight



Gold Lakes Tour:

Three days in the mountains. Explore Yuba pass and the Sierra Valley. 2 nights lodging, all meals included \$150.00. We'll stay at the Feather River Resort in Blairsden CA, about an hour north of Truckee. Leave Friday morning, September 18th, return Sunday September 20th.

Contact Dave Joshel for more information:

<davidjoshel@hotmail.com> 510-717- 5133 ☐

Viet Nam Tour still open...

to DBC members at a very attractive price, by Hans Krausche of Discover Vietnam. DBC member Harvey Cain has been on this tour and recommends it highly. This is NOT a DBC-sponsored tour, but it is being posted as a service to DBC members who may be interested:

The tour dates are March 1 – 22, 2010. Departure from Davis to San Francisco is February 27, 2010. Travel arrangements to Vietnam can be handled by Ocean Pacific Travel. The group travel consultant is Jenny Luu at 702-221-0668, (E-mail: <selectravel88@yahoo.com>.) Or you can make your own travel arrangements.

The tour price is \$2525 per person, double occupancy for a minimum of 20 participants. This includes the 3 day excursion in Halong Bay, on a deluxe junk. The tour price will increase to 2675 per person, double occupancy, if there are only 12 to 19 participants. The tour price includes all transportation within Vietnam. It does not include the cost of the international airfare which right now is \$910 on China Airlines.

The price includes: *_ 21 overnight stays on the deluxe junk, in 3 – 4 star hotels and resorts, and 21_* *_breakfasts, 14 luncheons, and 15 dinners_*. Airport pickup and transfers in Vietnam, flight from Hanoi to Hue, professional tour leader and staff with vehicles to transport luggage, bicycles and bicycle boxes, and cyclists/non-cyclists. Bottled water, snacks and fresh fruit at water/snack stops. Vietnam entry/exit visa approval, which must be obtained before your travel begins. A visa upon arrival" will be waiting for you at the arrival airport in Vietnam. The fee charged by Vietnamese immigration is \$25.

There will be plenty of activities for those that do not cycle or who are casual cyclists.

Please call *1-800-616-0390* or E-mail Hans Krausche <discover.vietnam@yahoo.com> if you have any question, or would like to have copies of the itineraries.

In order for the planning of this tour to go forward, we ask that you please let us know of your intentions *by August 6.* ☐

Yolo Hospice Family Bike Ride & Picnic

Please support Yolo Hospice and enjoy a fall ride in October: Yolo Hospice has provided not-for-profit hospice care in our community for 30 years. In this anniversary year, we are beginning the annual Family Bike Ride and Picnic. Saturday, October 10, 2009, 10:00 AM – 3:00 PM, Community Park in Davis.

10:00 A.M: 5 and 10 mile Fun rides or ? Century ride.

12:00 P.M: Picnic Begins.

Registration begins soon. Get on the list now to have the registration form sent directly to you. Or watch local bike registration information <<http://www.yolohospice.org>> All proceeds from the Family Bike Ride and Picnic will directly support Yolo Hospice and its services. The Yolo Hospice team professionals helps people fully live the final days of their lives by focusing on the whole person, body-mind-spirit. Providing clinically expert care, delivered in a spirit of loving service, we emphasize comfort through pain control and sophisticated symptom relief.

Contact: Candace Frawley, Director of Community Relations, Tel: 530-758-5566 ☐



2009 Foxy's Fall Century

Hi everyone, It's the middle of summer and planning is now underway for the last DBC sponsored ride of the year: Foxy's Fall Century. Thirty something years old, Foxy's owes it's start to Ed Delano and the DBC for continuing it. As Director at Large-Foxy's, I'll do my best to get things organized for Oct 17, but on that day, it's the members of the DBC that provide all the volunteer labor. Whether or not you've volunteered at Foxy's before, please make a not on your calendar and consider donating a day or a few hours to the club. I'll appreciate it and the 1000+ riders of Foxy's will too.

As I write this, I think I have rest stop captains lined up, and several other "really important" position filled as well. One position I will need filled is a coordinator for corner marshals. If you're interested in this sort of job, please get in touch with me. John Hess <johnfhess@comcast.net> ☐



Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Tour of Marin County Sunday 7am Sunday No Drop 9:30am	27 Early Bird Special* 6:15am Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	28 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	29 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	30 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	31 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	1 Saturday Coffee and a Roll 8:00am Amtrak Adventure, Italian Style* 8:30am RH Phillips First Saturday Brunch* 10am
2 Sunday No Drop 9:30am	3 Early Bird Special* 6:15am Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	4 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	5 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	6 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	7 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	8 Saturday Coffee and a Roll 8:00am Second Saturday Saunter* 10:00am Midnight Century* 7:00pm
9 Sunday No Drop 9:30am	10 Early Bird Special* 6:15am Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	11 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	12 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	13 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	14 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	15 Saturday Coffee and a Roll 8:00am 3rd Saturday 8:00am Donner Lake* 9:00am
16 Sunday No Drop 9:30am	17 Early Bird Special* 6:15am Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	18 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	19 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	20 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	21 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	22 Saturday Coffee and a Roll 8:00am
23 & 30 Sunday No Drop 9:30am	24 & 31 Early Bird Special* 6:15am Monday at Morrison's (faster) 9:00am Monday at Morrison's (slower) 9:00am	25 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	26 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	27 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	28 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	29 Saturday Coffee and a Roll 8:00am

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

Terrain:

1. Flat(Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: dbcridecal@gmail.com

Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbucks
Consult ride description for location.

Sunday No Drop

Sundays, 9:30 am T1/P3-4/34 mi

Peter Widjaja, 415-370-7146 or <thepetergw@gmail.com>

Peter will take over this popular stroll out to Winters for the summer months, and Alan will return in September. No one is dropped intentionally. Come out and play if you can maintain a pace of 14-16 mph. Ride stops in Winters for coffee or brunch and a visit to the new Winters Farmers Market before returning via Putah Creek Road to Davis. This is a good first group ride with the club.

Monday at Morrison's (faster) [Ed Martin Series]

Mondays, 9:00 am T1/P4-5/35 mi

Barry Bolden, 530-297-5123 or <boliverb@dcn.org>

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Monday at Morrison's (slower) [Ed Martin Series]

Mondays, 9:00 am T1/P2-3/24 mi

Dan Cucinotta, 530-756-1711 or <scucher@comcast.net>

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi

Jack Kenward, 530-753-9329 or <kenward2@dcn.org>

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 7:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 8:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Tuesday Evening Skills Ride

Tuesdays, 6:00 pm T1/P5-6/40 miles

Joaquin Feliciano, 530-304-3367 or joaquin.<feliciano@gmail.com>

Hosted by the DBC Race Team, the race skills ride is the place

to be for cyclists who are looking to get into racing or who want to improve their high speed and group riding skills. This is a friendly, mentored ride led by experienced DBC Race Team members that focuses on pack riding etiquette, rotating pacelines, cross-wind echelons, etc. Pace is high but there are numerous regrouping points along the route and nobody gets dropped for long. Each ride starts with introductions and a brief review of the ride format and course before rolling out.

Solano Baking Company [Ed Martin Series]

Wednesdays, 7:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or <scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Solano Baking Company [Ed Martin Series]

Wednesdays, 8:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or <deweys@hotmail.com>

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Steady Eddy's [Ed Martin Series]

Thursdays, 7:45 am T1/P3/30mi

Gerry Peterson, 530-756-1254 or <gnjpeter0856@juno.com>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Steady Eddy's [Ed Martin Series]

Thursdays, 8:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Napa/Bay Area Hill Climbing*

Thursdays, 9:00 am T5-6/P-3/30-40 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

A new series of rides! Relaxed-but-challenging, worth-the-drive rides that feature hill climbing. Designed for the rider who wants to (1) improve their climbing skills, (2) enjoy

Regularly Recurring Rides

beautiful back roads, and (3) not cough up a lung! Frequent regrouping and accolades guaranteed. Rides will rotate, and will include Mt Veeder, Howell Mtn, Mt George, and Mt Diablo. Details will be posted each week on the DBC listserv (or email Ride Leader). PLEASE RSVP, so I know whether to wait for you. Rain cancels.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills [Ed Martin Series]

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <larryburdick@netzero.net>

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe

Ride around the Town*

Fridays, 10:00 am T1/P2/15-18mi

Dutch Martinich, 530-756-8234 or <dmartinich@att.net>

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch Martinich and Gerry Peterson (gnjpeter@juno.com, 530-756-1254). Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if riders are interested. Contact either leader if in doubt about the weather.

Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P5/30 mi

Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net>

Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved. Following this extension, we reconvene at Steddy Eddies for refreshment and

Non-Recurring Rides

Amtrak Adventure, Italian Style*

August 1, Saturday, 8:30 am T1/P3/30 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

We'll meet at the Amtrak station for the trip to Old Sacramento. If you arrive promptly, the club will pay for your train ticket. Then, we'll ride on the American River bikepath and surface

* Asterisked rides have a starting location other than Starbucks
Consult ride description for location.

streets to the celebration. There will be music & singers from Italy, a market place with traditional Italian products and delicious foods by Sacramento's best Italian restaurants. Also, games and rides for the kids. Admission is \$10. Flexible return in the afternoon.

RH Phillips First Saturday Brunch*

August 1, First Saturday, 10:00 am T2/P3/45 mi

Anne Huber, 530-758-8115 or <ahuber@jsanet.com>

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserv. The food is always good, but you may want to bring backup nutrition because portions are often small. Price has varied between \$8 and \$13. You can bring your own lunch if you wish. If the forecast high is greater than 100F please check the DBC Listserv to see whether the ride has been cancelled. **NOTE: This may be one of the last of the RH Phillips Rides as the winery has announced that it will be closing in September. Come show your support and help the owners change their mind!**

Second Saturday Saunter*

July 11, Second Saturday, 10:00 am T1/P2/10-15 mi

Dutch Martinich, 530-756-8234 or <dmartinich@att.net>

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. This ride is similar to Around the Town as we pretty much stick to the city bikeways. Spandex and carbon-fiber not required.

3rd Saturday (except May, October)

July 18, Third Saturday, 8:00 am T1-T5/P4/62 mi

David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>

Ride together as a group. Putah Creek, Pleasants Valley, Cantelow, Gibson, Steiger Hill. We'll climb Cantelow in both directions after making a loop on Gibson and Steiger. Optional break in Winters on the return leg.

* Asterisked rides have a starting location other than Starbucks
Consult ride description for location.

-more rides overleaf

Non-Recurring Rides

* Asterisked rides have a starting location other than Starbuck's
Consult ride description for location.

Midnight Century*

August 8, Saturday, 7:00 pm T1/P3-5/100 mi

Steve Cimini, 916-205-3958 or <cyclstev@aol.com>

Ride begins at Carl's Jr. at Covell/Pole Line. Come out for a romp under the full moon (three evenings after) on the annual Midnight Century. We start in Davis, ride out to Grimes, and return on the same roads. Riding by moonlight on a warm evening with friends and very little traffic is a lot of fun. This is a good opportunity for the "A" group fasties to attempt to break the 4.5 hour ride time established a few years ago. This is not a race though and all are encouraged to attend. The only hill is the I-5 overpass. Lights front and rear are required (be sure to have at least 5 hours worth). \$10.00 fee (payable at start) covers SAG support and goodies at the rest stop (near the turn around point). On the bike time is 7 PM so arrive early enough to get ready. Important...Be sure to RSVP to the e-mail address below no later than AUGUST 3rd so that we have enough sandwiches and goodies for everyone. This is a joint ride with the Sacramento Bike Hikers.

Donner Lake*

August 15, Saturday, 9:00 am T5-6/P3-4/40 miles

Dean Albright, 916-806-6543 or <deanalbright@sbcglobal.net>

Ride begins at Cisco Grove and heads east on Old US 40, crosses over I-80 and goes over Donner Pass, loops counter clockwise around Donner Lake, and back up and over Donner Pass, finishing with a long down-hill back to Cisco Grove. We will be riding at elevation so dress accordingly-- have a wind vest and arm warmers at a minimum. There is approx. 2,500' of total climbing. The descent off of Donner Pass down to Donner Lake is spectacular! Wear some form of a DBC jersey if you have one. Directions: Take HWY 80 east. Exit at Cisco Grove & take a left (cross back over the freeway). At the first stop sign (T in the road), go right on Old Donner Pass Road (US 40). The small dirt parking lot where we'll meet is about 100-200 yards up on the right side. Bring adequate food with you as this is an "out and back" ride. There is a rest room and drinking fountain at Donner Lake

Emergency Phone Numbers

Calling 911 on a cell phone does not always bring rapid response.

You will often get faster results by programming the agency's actual emergency number.

Yolo County

Davis City Police: 530-758-3600

Davis Fire: 756-3400

UC Davis Police: 530-752-1230

UC Davis Fire: 530-752-1234

Winters Police: 530-795-4561

Winters Fire: 530-666-661 (Yolo dispatcher)

911 Yolo County 530-668-8920

Yolo Animal Control: 530-668-5287

Sacramento county

American River Parkway 916-875-PARK

(7am to late eve, otherwise Sac. County).

Sac. County emergency dispatch 916-875-5000.

Solano county

Dixon Police & Fire: 707-678-7080

Vacaville Police: 707-449-5200

Vacaville Fire: 707-449-5452 (or 5200)

911 Solano County 707-421-7090

Solano County Animal Care Services

Telephone Service: 8:30am to 6pm Monday through Friday

only: Call 707-784-1356

All other hours and County Holidays:

Sheriff's Dispatch 707-421-7090

Race Team Second Place -continued from pg1

NCNCA (Northern California Nevada Cycling Association) is the district in which most DBC races occur. NCNCA measures riders and teams in BAR (Best All-Around Rider) and BAT (Best All-Around Team) categories. For BAR/BAT points, riders and teams are measured based on race placing. Within each race, riders get points, typically 15 to 1 point based on 1st through 10th place. For more information, visit <<http://www.ncnca.org/docs/>> and click on the appropriate BAR/BAT category.

Most of us who have raced this season, from Juniors to Men to Women to Cat 5 to Cat 1 have contributed to DBC's impressive showing this season. Listing everyone would take up more space than we have for this article. I counted over 50 in the official results and there are many more who aren't listed in a category. GOOD JOB to all the racers this season so far!

There are a couple individuals and groups who have helped carry DBC to an impressive season to date. If you're able to catch (literally) any of the following team members on a

ride or if you know them, please give them a pat on the back: Chris Stastny (E 1 / 2, 52pts), Andreas Freund (E3, 57pts), Keith Hillier (E 1 / 2 & E3, 53pts), Michael Claudio (E4, 42pts), (me, and no pat needed) Jason Grefrath (E4 & M4/5, 37pts), Mike Pugh (M 45+, 33pts), Amy Chandos (E 1 / 2, 18pts). These individuals and many others helped contribute to DBC's strength to date in Men's E3 (1st place), E4 (4th place), Masters 4/5 35+ (4th place), Women's E 1 / 2 (5th place). Both the Juniors Team the E5 squad have also made a very strong contribution this season. Although their races count for overall BAT points they aren't measured as a category.

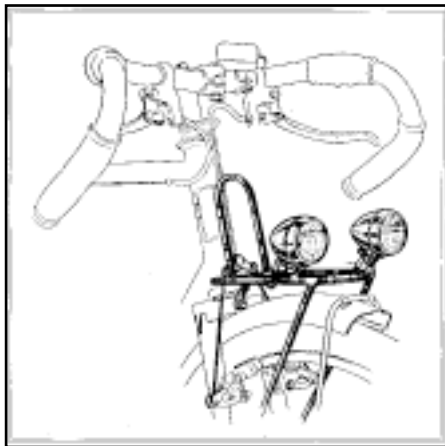
Great racing everyone and good job also to teammates who weren't listed. Results show the DBC Race Team's success this season and those couldn't be possible without strong individual racers, but also a strong team and teammates within each race. . . . now stop reading and get out racing so we can take over First Place!

-Jason Grefrath □

Grrrrrr, what to do?

-continued from page 1

On Thursday July 9th, Chris Hanson appeared at the Taylorsville control, looking for a welder who could repair the frame. The seat tube and bottom bracket lug had separated and riding was not going well. Apparently, Chris had built up some good karma because Rob Hawks happened to be at the Taylorsville. Rob describes it like this: "I was being brought back home-ward by Dan Tupper who was driving advance sweep with a SAG placard on his car. We passed Chris somewhere just out side of Taylorsville and I swear I could see him thinking if he should flag us down or just ride in the last couple miles." At the time, Rob didn't know about Chris's frame. When he found out, Rob graciously offered Chris his bicycle to finish the ride. A quick measurement with the sleeve of a jacket showed that Rob's Ed Litton frame was nearly the same size as Chris's. With a switching of pedals, seat and handlebar bag, Chris was all set to return to the course and head toward Davis. Riding Rob's bike, Chris did finish the GRR and provided a great example of camaraderie that develops among this group of elite cyclists. -John Hess □



New Members- May, June, and July

Scott Agee	Nathan & Johanna Trueblood
Daniel Cameron	Michael Connolly
Randy Cobb	Chris Corbett
Bill Dunn	Daniel Cuneo
Chris Higgins	Tim Dashney
Ken Hill	Scott Fischbein
Bekah Rottenberg	Don Johnston
Scott Foster family	Amanda Nichols
Michael Henry	Pablo Ortiz
Joe Sinfield	Tony Rodriguez

Club Contacts:

Mail Address: 610 Third Street, Davis, CA 95616

Web Site: <davisbikeclub.org>

DBC Board of Directors

President

- Stuart Bresnick
- 530.756.0420
- addy@omsoft.com

Vice President

- Alan Hill
- 530.792.8900
- arhill8711@aol.com

Treasurer

- Marnelle Gleason
- 530.753.9331
- marnlea@sbcglobal.net

Recording Secretary

- Carolyn Regan
- 530.750.1005
- regan.carolyn@gmail.com

Corresponding Secretary

- Marlene Hanson
- 530.662.0638
- mhanson516@sbcglobal.net

Quartermaster

- David Joshel
- 530.756.7409
- davidjoshel@hotmail.com

Safety Director

- Phil Coleman
- 530.756.4885
- pkcoleman@comcast.net

Race Team Director

- Robin Rolles
- 530.383.3187
- robin.rolles@wavecable.com

Ride Calendar Coordinator

- John Seabury
- dbcridecal@gmail.com

New Web Site Coordinator

-Scott Alumbaugh
-sea@seadogdesigns.com

Online with the DBC

Club web site: <davisbikeclub.org>

Newsletter Photo Supplement: <<http://gallery.dbcnewsletter.org/main.php>>

Race team: <dbcraceteam.org>

Double Century: <davisbikeclub.org/ddc/2009/index.htm>

Fall Century: <davisbikeclub.org/foxys/2008/index.htm>

Director-at-Large

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DBC Membership Card

Non-expired date and this card signify the above person and/or family is a member in good standing of the Davis Bike Club.

It may be only August, but,
it's time to start thinking
about volunteering for the
Foxy's Fall Century.

IMPORTANT-



DAVIS BIKE CLUB
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DAVIS, CA 95616

Changing Gears

Changing Gears is the monthly newsletter of the Davis Bike Club. The club address is: Davis Bike Club c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.



Changing Gears is mailed First Class, or by email, to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions, contact the Membership director at dbcmembership@gmail.com or via the Davis Bike Club Hotline, 530-756-0186.



Contributions to **Changing Gears** may be sent to the editor by e-mail to: dbcnewsletter@gmail.com Submittals in text or .doc files are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dutch Martinich, 530-756-8234

Paper newsletter?

If you are currently receiving paper copies of the newsletter and would prefer to receive Changing Gears by email, (or vice versa) please let me know at <dbcmembership@gmail.com>.

The membership maestro.