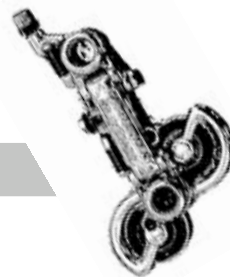


# Changing Gears

The Davis Bike Club Newsletter-

May 2009-



Nancy Knofler, Marnelle Gleason, Bill Dunn, Cid Barcellos (hidden), Bruce Dewey (tour leader), and Marilyn Dewey on the March Fool's Tour. See story on page

Fool's Ride Story	pg 2
GRR Story	pg 3
May Bike Month	pg 4
Ride Calendar	pg 5
Ride Descriptions	pg 6,7,8
Race News	pg 10
Club Contacts	pg 11
Other Rides	pg 2,4

## UC Davis Bike Auction

The public is invited to attend the biannual University of California, Davis Bicycle Auction on Saturday, May 2nd, 2009. Over 400 bicycles will be available for sale to the highest bidder. The bicycles may be viewed from 8 - 9 a.m. with bidding getting underway at 9 a.m. and lasting until all items are sold.

The auction takes place in the new West Entry Parking Structure at the intersection of Hutchison Drive and Dairy Road. Take Interstate 80 towards Davis, exit Hwy. 113 North, exit Hutchison Drive UC Davis. Follow "Bike Auction" signs to parking structure.

Bicycles of many sizes, types and conditions are available for sale. Most are "fixer-uppers". Purchases may be made with cash or check.

For further information, call the UC Davis Transportation & Parking Services Bicycle Program Coordinator at (530) 752-BIKE (752-2453) or visit <<http://www.taps.ucdavis.edu/bicycle/auctions/>>. ■

## Million Mile May kicks-off May 1st

Go to the Sacramento region website at <<http://www.mayisbikemonth.com/>> and log your miles! The DBC was represented last year with over 56,000 miles! -For more on May bike month events go to page 4

## Gold Rush Randonnée by Scott Alumbaugh What?

The DBC Gold Rush Randonnée <[www.davisbikeclub.org/GoldRush/Introduction.htm](http://www.davisbikeclub.org/GoldRush/Introduction.htm)> is a Grand Randonnée. Randonnée means, loosely, a long ramble in the countryside. In the cycling context, it means a somewhat strenuous touring ride. Events are at set distances. Throughout that distance, there are controls. Riders get a card at the beginning of the ride and have to have it stamped at each control within a specified time window in order to complete the ride successfully and get credit for it. -continued on page 3

## The May General Membership Meeting

This month's speaker is Matthew Wood, Assistant Professor of Environmental Toxicology at UC Davis who will talk on "ENERGY METABOLISM, BIOMEDICINE AND ENDURANCE SPORT". Matt will focus on recent advances in genetic and pharmaceutical regulation of energy metabolism and speculate on how they may impact exercise and endurance athletics. It should be an interesting and informative discussion.

Mark the date: Monday, May 4th, 7:00 p.m., at the Yolo County Library (Davis branch), 315 E. 14th Street. ■

## Calendar

General Cub Meeting  
Mon., May 4 7pm  
Davis Branch Library

Board Meeting  
Mon., May 11 7 pm  
Tandem Properties

Race team Meeting  
Wed., May 13 7pm  
Hallmark Inn

Race Committee Meeting  
date and location  
to be determined

Ride Schedule deadline  
Fri., May 15

Davis Double Century  
Saturday, May 16

Newsletter deadline  
Wed., May 20  
Midnight

May Bike Month Events  
See schedule on page 4

## Fools March In

(as seen and reported from off the back,

by Barbara "Babz" Anderson)

Green hills. Glorious wildflowers, vineyards and orchards. Rugged seacoast. Ferry rides. Fantastic food. Excellent accommodations. Genial companions. Such were the delights of the March Fools' Tour, March 29-April 2, led by Bruce and Marilyn Dewey and enjoyed by 14 of their fellow DBCers.

So we had a little wind the first two days . . . OK, it was a lot of wind. But the locales were so beautiful, and the roads so lightly traveled, that once we stopped heading north and turned south, memories of those horrific headwinds faded and all we remembered was how gorgeous it had been.

The four-day tour began in Davis on Sunday, March 29. Riding in significant north wind, we headed toward Napa via Pleasants Valley Rd, a stop at Mankas Corner for lunch, and then up Suisun Valley Rd. to Hwy 121 and over Mt. George to the River Terrace Inn in Napa. We scattered for dinner amongst several local restaurants (I can recommend Ristorante Allegría) for refueling and rehashing the day, then returned to the hotel, where a few livelier souls than I played Scrabble (my letters were z-z-z-z-z. . .).

Monday morning began with an excellent, large continental breakfast at the hotel, which we were definitely going to need, as our day's destination was Cloverdale, directly into the teeth of a ferocious north wind. ("Ferocious" = able to bring me to a halt despite the momentum of riding down a slight incline.) A stop at the Model Bakery in St. Helena helped get us to Calistoga and lunch, then we ground our way northward along Hwy. 29 to the Jimtown Store and a visit with Jimmy, the store cat, and finally, to Cloverdale, at last, and the Vintage Towers B&B, with its comfortable, beautifully furnished rooms and fabulous gardens, both flower and veggie. We all ate dinner together at a good Thai restaurant in downtown Cloverdale, then back to the B&B (a few of our party stayed at another nearby lodging) and welcome sleep.

We began Tuesday with an incredible breakfast prepared by our hosts at the B&B-oatmeal, granola, hard-boiled eggs, mango bread, a fruit platter, juice, coffee . . . I'm getting hungry again just writing about it. And hooray! Our route that day would not be north, but southwest! Our destination: Bodega Bay. And it was really a glorious day of riding. A few folks stopped a short way out of Cloverdale to tour the gardens at Ferrari-Carano winery, but most just rode through the wildflower-strewn wine country toward our first stop in Healdsburg, where we found the bakery closed but discovered a coffee house that had fine pastry-type items and good coffee, so all was well. We followed the Westside Rd. to Hwy 116, the River Road, to Guerneville and Monte Rio and westward to Hwy 1, where we turned south toward our evening's lodging at the Bodega Coast Inn (nice hot tub!) and dinner virtually right next door at Lucas Wharf.

Wednesday seemed like a long day, but a beautiful one, as we headed down Hwy 1 and a stop at the Bovine Bakery in Pt. Reyes Station, then on the Pt. Reyes-Petaluma Rd. to the bike trail through Samuel P. Taylor State Park (beautiful, quiet, peaceful alternative to Sir Francis Drake Blvd.). Once out of the park, it was Marin County towns with their busy streets and innumerable stop signs, looking for the Ross Grocery-Deli for a quick nosh before racing to catch

the Larkspur Ferry and a lovely bay crossing to the Ferry Bldg. in San Francisco, where we once again mounted our bicycles for the ride to our hotel, the Columbus Motor Inn, on Columbus Ave. Once we got ourselves showered and sorted out, we headed to dinner (no dearth of choices in North Beach) On Bruce's recommendation, many of us walked the few blocks to Fior d'Italia ("America's Oldest Italian Restaurant"), on Mason St. Oldest or not, they were keeping up with the times; their "recession-busting" meal the night we were there featured all pasta dishes at half price-yippee!-and my pomodori con cipolla ed acciughe salad (tomato, onion and anchovies with oil and vinegar dressing) and ravioli di zucca (pasta stuffed with pumpkin, mustard fruit and amaretti, butter, pine nuts and sage sauce), along with a nice glass of sangiovese, were just the ticket for the last evening of a terrific tour.

Thursday morning a few hardy types joined Bruce and Marilyn for the planned "San Francisco Ramble" ride, but many of us (me, aussi) chose just to get up leisurely, pack our bags and find breakfast (again, not hard in that neighborhood) before making our way at our own pace and on our own schedules to the ferry to Jack London Square and then the few short blocks to the Amtrak station, where we boarded the Capitol Corridor back to Davis.

Huge thanks to Bruce and Marilyn for planning, arranging and executing a wonderful tour, and to Elinor Olson, our superb sag driver (and my congenial roommate), who shlepped all our luggage (and assorted shed clothing items) from hotel to hotel and watched over us in her usual unobtrusive but ever-alert manner. I got to ride with some new friends and some long-time ones, and I couldn't have had a better time. Even the wind gave me bragging rights. Let's do it again next year!



### Habitat for Humanity-

at UC Davis welcomes the riders of Davis to the 3rd annual Ride for Humanity Bike-a-Thon! The Davis Bike Club has been a tremendous help to us the past two years, and hope that this would continue. Please help the students of UC Davis Habitat for Humanity fulfill our goal of raising \$70,000 to fund a dream house for a local, well deserving family. We will be hosting this year's Bike-a-thon on Sunday, May 31st. Participants will be biking from Davis to Winters and back on a 32-mile bike ride accompanied with lunch, live entertainment, and more! Registration has already begun. To register, please go to <[www.active.com](http://www.active.com)> and search for the event "2009 UC Davis Habitat for Humanity Bike-a-thon." All registered participants will get a free t-shirt! For more information about the club or the event, please go to <<http://h4hucdavis.com/index.htm>> or email <[ucdh4h@gmail.com](mailto:ucdh4h@gmail.com)>.

We look forward seeing you there!



### Thanks to DBC members Russ Kanz and Scott Alumbaugh-

for their efforts that allowed DBC members to purchase Ibex wool clothing at a sizable discount direct from Ibex. Russ brought the idea of a wool jersey to the DBC Board who said great, run with it. That idea turned into the chance to buy all sorts of wool directly from Ibex. Scott handled the web ordering form, payment and coordinated delivery of merchandise. Thanks guys, great job! ■

## Gold Rush Randonnée

-continued from page 1

A Grand Randonnée is a ride of a particularly long distance. The most famous Grand Randonnée is the quadrennial Paris-Brest-Paris which was first held in 1891. Like the Gold Rush Randonnée, it is a 1200k ride out and back. And like the GRR, riders have to complete the distance in 90 hours or less.

A randonnée is different from a century (100 mile) or double century (200 mile) in a number of ways. For one thing, in a century or a double, you sign in, sometimes the night before, and ride until you finish without checking in along the way. So long as you finish before the folks at the finish line go home, it doesn't matter when you hit the rest stops along the way. Another difference is that randonnées tend to emphasize more self-reliance on the part of riders. You are expected to have tools and some parts and be able to take care of your bike if it breaks. And the number of riders in randonneuring events tends to be smaller. Centuries can draw hundreds of riders. The GRR is capped at 175 riders, and the qualifying brevets have drawn fewer than that.

Yes, you have to qualify to ride a Grand Randonnée. Specifically, you have to complete a series consisting of a 200k, 300, 400, and 600k brevet in the same year prior to registering for the Grand Randonnée. Brevet literally means certificate. But it is generally used to describe the "shorter" randonnées.

There is a lot of . . . stuff . . . associated with randonnées. There's the French terminology (e.g., a male rider is a "randonneur," a female is a "randonneuse"). The distances are metric, not standard. And then there's the whole "tradition" thing. Randonneuring has been around about as long as rideable bicycles, and many riders seem to get into the traditionalist mode around these rides ("Steel is real," referring to steel frame bikes – as opposed to, say carbon fiber – is a rallying cry). I can't say that's good or bad. It's just kind of interesting to note.

### When?

The GRR starts at 6pm on Monday, July 6, and finishes Friday at noon. The Davis Bike Club hosts a full series of qualifying brevets ([davisbikeclub.org/ultra/2009/default.htm](http://davisbikeclub.org/ultra/2009/default.htm)) in the months prior to the GRR.

### Where?

2009 will be the third running of the Gold Rush Randonnée. The GRR starts and finishes in Davis at Anderson and F streets. The course runs roughly north to Oroville, turns northeast and crosses the Sierra Nevada mountains over the notorious Janesville Grade, then goes more or less north again to Davis Creek, California, about 20 miles shy of the Oregon border. Then course returns back to Davis mostly along the same route. It starts at 6pm on Monday, and closes at noon on Friday. There is around 26,000 feet of climbing, and most of that compressed into the middle half of the course. You can see the 2009 route description, with links to the tentative route, at [www.davisbikeclub.org/GoldRush/Route.htm](http://www.davisbikeclub.org/GoldRush/Route.htm).

### Why?

Why would anyone ride the GRR? I've tried to answer that question for myself at [grr.seadogdesigns.com/faqs/](http://grr.seadogdesigns.com/faqs/). I'll decide some-time in July whether my reasoning is sound.

-continued next column

## You can be involved without riding!

The organizing committee will be searching for volunteers to help the riders who enter the GRR. Your involvement as a DBC helper can be at any level, including being Captain of one of the many control stations (rest stops) during the event. The volunteer effort can be loosely compared to 4 Double Centuries in a row!

Many of the control points along the route are being partially staffed by area locals who are interested in cycling as well as being part of such a big adventure. Many times all these enthusiastic local groups need is a guiding hand from someone familiar with the needs and wants of a cyclist entering a rest stop during a long ride.

If you'd like to be involved, even at the minimum level, your help will certainly go a long way towards making the event memorable for riders from all around the globe.

Please contact: Dan Shadoan at [djshadoan@ucdavis.edu](mailto:djshadoan@ucdavis.edu) or 530-219-0177. ■



## New members for March and April

Dan Barbasch  
Michael Claudio  
Jeff DeBrito  
Ginger Edwards  
Paula Farmer  
Linda Frazer  
Robert Ganyo  
Mario Hlawitschka  
Carson Jeffres  
Linda Karns  
Fred Layn  
Ryan Lenhardt  
Jeff Magnin  
Ruth Martin  
Ann Mastergeorge  
Stephen Mulford  
Tom Phillips  
Lee Pool  
Clint Rogers  
Dave Rowen  
Karen Senders

Roy Shannon  
David Takacs  
Peter Widjaja  
Derrick Williams  
Wayne Woodside  
Michael Arreguin  
Edward Bazel  
Randy Cobb  
Joshua Cooperman  
Tom Cross  
Joseph Fields  
Nancy Finch  
Walter Golding  
Chris Higgins  
Ted Hoffman  
Mary Francis Keller  
Allison Oliver  
Mark Rashid  
Antonio Rego  
Man Trinh  
Glenn Yamaguchi



The Davis Bike Club has numerous members who are active in Ultra Distance cycling. The club puts on brevets yearly and the Gold Rush Randonnée every 4 years. Also, in May, there is the 12/24 Hour Challenge, a UMCA- John Marino Competition event. These events are all staffed by volunteers and they are often in short supply. If you are interested in helping to make these event a success you can contact the following: GRR- Dan Shadoan at [djshadoan@ucdavis.edu](mailto:djshadoan@ucdavis.edu) or 530-219-0177. 12/24- Patsy Inouye at [pcinouye@ucdavis.edu](mailto:pcinouye@ucdavis.edu) or 530-758-6608

## Million Mile May

**Tara Goddard, our city Bicycle and Pedestrian coordinator sends the following schedule for Bike Month-**

**May 2** - "Basket Case" - Shop Downtown By Bike event, 11 am to 2 pm, City and DDBA

**May 2** - UCD bike auction

**May 8-10** - Whole Earth, of course

**May 9** - Cyclebration, put on by Davis Bicycles!, 8 am to 1 pm, Central Park

**May 14** - Celebrate Davis!, including free bike valet parking

**May 16** - Davis Double Century, of course!

**May 20** - Davis Bike to Work/School Day breakfast at Central Park

**May 21** - Group ride to Sacramento Bike Commute Day  
Dates TBD - North Davis Bike Loop Inaugural Ride, Guided Ride (maybe poker run?) of the Davis Bike Loop, other events?

The City's May is Bike Month webpage is now live, please check out <<http://cityofdavis.org/bicycles/may-is-bike-month/2009/>>



## Vietnam Bike Tour Opportunity

A commercial Vietnam tour is being offered by DiscoverVietnam, designed exclusively for DBC members. The tour was described at the DBC meeting on April 6 and this is being published for those who were not at the meeting.

This is NOT a DBC sponsored tour, but we are providing the information as a courtesy to the tour operator (Hans Krausche, <[www.discovervietnam.com](http://www.discovervietnam.com)>), and as a service to our members.

One of our DBC members, Harvey Cain, went on this tour 2 years ago and gave it rave reviews. You can contact Harvey for more information on his experience ( 916-972-8870 ).

Details of the proposed tour (Hanoi to Saigon) are as follows:

Date: Expected departure February 27, 2010, 19 nights in Vietnam. Included: 19 overnight stays in (11) 3-4 star hotels; 19 breakfasts, 13 lunches and 13 dinners.

Airport pickup and transfers; flight from Hanoi to Hue; professional tour leader, staff, and licensed Vietnamese tour guide, comfortable buses to transport luggage, bicycles and bicycle boxes, and cyclists (when needed). Bottled water, snacks, and fresh fruit available daily. Cycling maps provided each day.

Cost: \$2,150, double occupancy, not including air fare. Twenty people are needed to keep the rate this low. The price will increase by \$190 for each person below 20.

January and February are the busiest times for air travel to Asia and Vietnam and seats are booked far in advance of travel dates. To ensure that those who plan to join the tour in Vietnam have seat reservations, firm commitments are needed as soon as possible but no later than July 1. Deposit of \$500 will hold your spot.

If you are interested, please contact Hans Krausche directly to sign up and get more details: toll free number 1-800-613-0390 or E-mail: <[discover.vietnam@yahoo.com](mailto:discover.vietnam@yahoo.com)> or <[hanskrausche@yahoo.com](mailto:hanskrausche@yahoo.com)>. Hans will gladly answer any questions regarding the tour, accommodations, meals, support staff, cycling in Vietnam, and Vietnam in general. ■

## March Madness Photo Contest -By Steve Macaulay

This year is the sixth "annual" March Madness photo contest, started in 2004 as an experiment to see if we could get more photos posted to the DBC web site. It worked, and has been a real success. This year as of press time we have about 400 entries in each of seven categories:

Action- Allegorical- Bike Specific-

Humorous- Portrait- Landscape- Blue Squirrel- Blue Squirrel? This is named after a deceased rodent seen on Stevenson's Bridge by a notable past DBC Prez and his riding companions – flattened and painted blue (the squirrel, not the riders). It goes to the quirkiest photo in the contest.

We also have Best of Show, going to the best all around photograph. Photography is subjective, and all the photos are winners. Winners to be announced at the March Madness banquet on **Sunday, June 7**. The slide show will include all 400 photos. ■



## The DBC sponsors mile 14 of the American River Parkway -By John F. Hess

Some of you eagle-eyed cyclists on the American River Parkway may have noticed the sign at Mile 14 announcing the Davis Bike Club as the sponsor for that mile. The photo accompanying this article shows the sign, located on the southwest side of the path at Mile 14 (just east of the Harold Richey Memorial bridge). But what does this really mean?

Financially, it means that the DBC donated \$2500 to sponsor this mile of the parkway for two years. Every mile of the parkway has a financial sponsor and a volunteer steward. For mile 14, we, the DBC are the financial sponsor. The volunteer stewardship is shared by two groups: The California International Llama Association and English Garden Care. Volunteer stewards commit to spending approximately 20 hours per quarter to clean-up and maintenance projects on their mile. Volunteer activities include trash pick up, trail maintenance, weed removal, graffiti removal and other special projects.

We provide money to the ARPF in support of their programs such as Native Plant Garden, Oak Mitigation Project, Weed Warriors and annual Clean Ups. The Native Plant Garden is a recently completed work. From the construction of a demonstration garden, the ARPF now provides education about native plants and water saving gardening techniques.

But more than that, our sponsorship demonstrates our commitment as a group of cyclists who use the parkway to take responsibility to help preserve it. If you'd like to individually contribute to the Parkway, the Annual Rex "Support the Parkway" ride is Sunday, June 14. Info is here: <<http://www.arpf.org/rex.shtml>>

For more information about the Parkway Foundation, look here: <<http://www.arpf.org/>> ■

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Sunday Women's Race Skills 9:00am  Sunday No Drop 11:00am	27 Early Bird Special* 6:15am  Morrison's Monday 9:00am Fast Morrison Monday 9am	28 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am  Tuesday Evening SkillsRide 6:00pm	29 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	30 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:00am Winters Dinner Ride* 6pm	1 Early Bird Special* 6:15am May Day Mayday* 6:20am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	2 Coffee and a Roll 8:00am RH Phillips Brunch* 10am  Rocklin Roll* 6:30pm
3 Tour of Marin County 7:00am  Sunday No Drop 11:00am  Five Boro Bike Tour, N.Y.C.	4 Early Bird Special* 6:15am  Morrison's Monday 9:00am Fast Morrison Monday 9am  General Meeting 7:00pm	5 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening SkillsRide 6:00pm Tuesday/Thursday Race Ride* 6:00pm	6 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	7 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	8 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	9 Lake Solano Loop 8:30am Coffee and a Roll 9:00am 2nd Sat Saunter* 10:00am
10  Sunday No Drop 11:00am	11 Early Bird Special* 6:15am  Morrison's Monday 9:00am Fast Morrison Monday 9am  Board Meeting 7:00pm	12 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm Tuesday/Thursday Race Ride* 6:00pm	13 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	14 S6eady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	15 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am  Ride Calendar deadline	16 Davis DC Coffee and a Roll 9:00am 3rd Saturday 9:00am Lake Solano Loop 9:00am
17  Sunday No Drop 11:00am	18 Early Bird Special* 6:15am  Morrison's Monday 9:00am Fast Morrison Monday 9am	19 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm Tuesday/Thursday Race Ride* 6:00pm	20 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	21 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	22 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	23  Coffee and a Roll 9:00am
24 Sunday No Drop 11:00am	25 Early Bird Special* 6:15am  Morrison's Monday 9:00am Fast Morrison Monday 9am	26 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening SkillsRide 6:00pm Tuesday/Thursday Race Ride* 6:00pm	27 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	28 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	29 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	30 Don Aumann Memorial* hills-8:00/9:00am Don Aumann Memorial* family-9:00am St.Helena-Howell Mt.* 9am Coffee and a Roll 9:00am
31  Sunday No Drop 11:00am						

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

**Terrain:**

1. Flat(Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

**Lead a ride!**

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: [dbcridecalendar@gmail.com](mailto:dbcridecalendar@gmail.com)

**Pace/Speed (on level road)**

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

# Regularly Recurring Rides

\* Asterisked rides have a starting location other than Starbuck's  
Consult ride description for location.

## Sunday Morning Ride

Sundays, 11:00 am T1/P3-4

NO DROP/34 mi

Alan Hill, 530-792-8900 or <arhill8711@aol.com>

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

## Early Bird Special\*

Mon and Fri, 6:15 am T1/P3/20mi

Jack Kenward, 530-753-9329 or <kenward2@dcn.org>

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

## Monday at Morrison's [Ed Martin Series]\*\*

Mondays, T1/P4-5/35 mi (faster)

Barry Bolden, 530-297-5123 or <boliverb@dcn.org>

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

## Monday at Morrison's [Ed Martin Series]\*\*

Mondays, 9:00 am T1/P2-3/24 mi (slower)

Dan Cucinotta, 530-756-1711 or scucher@comcast.net

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

## Mocha Joe's Country Loop [Ed Martin Series]\*\*

Tuesdays, 8:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

## Mocha Joe's Country Loop [Ed Martin Series]\*\*

Tuesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

## Tuesday Evening Skills Ride

Tuesdays, 6:00 pm T1/P5-6/40 miles

Joaquin Feliciano, 530-304-3367 or

<joaquin.feliciano@gmail.com>

Hosted by the DBC Race Team, the race skills ride is the place to be for cyclists who are looking to get into racing or who want to improve their high speed and group riding skills. This is a friendly, mentored ride led by experienced DBC Race Team members that focuses on pack riding etiquette, rotating pacelines, cross-wind echelons, etc. Pace is high but

there are numerous regrouping points along the route and nobody gets dropped for long. Each ride starts with introductions and a brief review of the ride format and course before rolling out.

## Tuesday/Thursday Race Ride\*

Tu/Th, 6:00 pm T1/P6/38 mi

Alan Rowland, 916-847-4818 or <alan.rowland@sbcglobal.net>

The famous training ride series is now 19 years old! Come out for serious training two nights a week. 8 mile warmup ride, followed by three sprints with regrouping between. Learn proper race technique, group riding, and paceline.

## Solano Baking Company [Ed Martin Series]\*\*

Wednesdays, 8:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or

<scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

## Solano Baking Company [Ed Martin Series]\*\*

Wednesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

## Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or <deweyms@hotmail.com>

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

## Steady Eddy's [Ed Martin Series]\*\*

Thursdays, 8:45 am T1/P3/30mi

Gerry Peterson, 530-756-1254 or <gnjpeter0856@juno.com>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Steady Eddy's [Ed Martin Series]\*\*

Thursdays, 9:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

## \*\* The Ed Martin Memorial Ride Series

Coordinator: Jim Skeen or <skeenjw@sbcglobal.net>

All rides start at Lyndell Terrace Starbuck's.

## Regularly Recurring Rides

\* Asterisked rides have a starting location other than Starbuck's  
Consult ride description for location.

### **Napa/Bay Area Hill Climbing\***

Thursdays, 9:00 am T5-6/P-3/30-40 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

A new series of rides! Relaxed-but-challenging, worth-the drive rides that feature hill climbing.

Designed for the rider who wants to (1) improve their climbing skills, (2) enjoy beautiful back roads, and (3) not cough up a lung! Frequent regrouping and accolades guaranteed. Rides will rotate, and will include Mt Veeder, Howell Mtn, Mt George, and Mt Diablo. Details will be posted each week on the DBC listserve (or email Ride Leader). PLEASE RSVP, so I know whether to wait for you. Rain cancels.

### **Winters Dinner Ride\***

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

### **Vacaville Rolling Hills [Ed Martin Series]\*\***

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <larryburdick@netzero.net>

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

### **Another Friday Foray\***

Fridays, 9:00 am

T1/P3/16-32 mi

Margaret Aumann, 530-756-2616 or <yalza@sbcglobal.net>

Meet at the Veterans Memorial Center on 14th at B Streets to decide the day's route & ride. For those of us who can't go as early & earnestly as the Early Birds, as fast & far as the Rolling Hills, nor as late & leisurely as the Ride Around Town: join Margaret for a different local loop each Friday in May, in part to be in shape for the Don Aumann Memorial Rides May 30 (see descriptions elsewhere in this newsletter). Meet at the Veterans Memorial Center on 14th at B Streets to decide the day's route & ride.

### **Ride around the Town\***

May , Fridays, 10:00 am

T1/P2/15-18 mi

Dutch Martinich, 530-756-8234 or <dmartinich@att.net>

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch

Martinich and Gerry Peterson. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if riders are interested.

Contact Dutch if in doubt about the weather.

### **Saturday Coffee and a Roll**

Saturdays [NOT May 16!], 8:00 am T1/P5/30 mi

Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net>

Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved.

Following this extension, we reconvene at Steddy Eddies for refreshment and conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon.

### **RH Phillips First Saturday Brunch\***

May 2, First Saturday, 10:00 am T2/P3/45 mi

Anne Huber, 530-758-8115 or <ahuber@jsanet.com>

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserve. The food is always good, but you may want to bring backup nutrition because portions are often small. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

### **Second Saturday Saunter\***

May 9, Second Saturday, 10:00 am

T1/P2/10-30 mi

Dutch Martinich, 530-756-8234 or dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride, and even a pub ride. Spandex and carbon-fiber not required.

# Non-Recurring Rides

\* Asterisked rides have a starting location other than Starbuck's  
Consult ride description for location.

## May Day Mayday

May 1, Friday, 6:20 AM T5/P4/116 mi  
Ted Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>  
Ride meets at the Davis Amtrak Station, where we catch the 6:35 am train to Fairfield. Join furloughed state workers on this Davis Double training ride. Spectacular ride through Wooden Valley and Sage Canyon to Napa vineyards. Return via Howell Mountain, Chiles/Pope Valley, and Winters.

## Rocklin Roll\*

May 2-3, Saturday & Sunday, 6:30 pm T4/P3/85 mi  
Paul Grant, 530-756-3610 or <pwgrant@mac.com>  
Meet Davis Amtrak station at 6:30 pm Saturday. The club will buy your train tickets. Then, have a relaxing train ride to Rocklin. Optional dinner before at 5:30 pm at 2K Thai, 223 G St. in Davis. On Sunday, we'll ride a 45 mile loop in the foothills on roads with almost no traffic. After lunch, the ride proceeds along the American River Bikepath to Old Sacramento where we'll catch an afternoon train back to Davis. This ride is self-supported so bring everything you need on your bicycle. Bring a light. Make your own reservation at the Days Inn in Rocklin for Saturday night, May 2. <daysinn.com> or 800-329-7466

## Tour of Marin County

May 3, Sunday, 7:00 am T5/P4/75 mi  
David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>  
Meet at 07:00 North Davis Starbucks, RSVP to arrange carpooling. Or, ride will start from the park and ride lot on the east side of 101 at Lucas Valley Road in San Rafael @08:30 Ride to Nicasio, Marshall, Pt Reyes Station, Olema and back to San Rafael. Visit the famous Bovine Bakery in Pt Reyes Station (from Ride Cal Coordinator - really good!).

## Five Boro Bike Tour\*

May 3, Sunday T2/P your choice/42 mi  
John Hess, or <johnfhess@comcast.net>  
If you're not already registered, it's sold out so you're outta luck (see <<http://www.bikenewyork.org/>>). But if you're registered, start on 6th Ave lower Manhattan, follow the crowd. Ride through all 5 Boros of NYC and finish on Staten Island with a ferry ride back to Manhattan.



Online with the DBC

**Club web site:** <davisbikeclub.org>

**Race team:** <dbcacraceteam.org>

**Double Century:** <davisbikeclub.org/ddc/2009/index.htm>

**Fall Century:** <davisbikeclub.org/foxys/2008/index.htm>

## Lake Solano Loop

May 9, Saturday, 8:30 am T1-3/P3/45 mi  
Julie Sly, 916-201-2790 or <Juliesly@aol.com>  
Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters. NOTE START TIME CHANGE!!

## Don Aumann Memorial Ride – Hills\*

May 30, Saturday, 8:00/9:00 am T5/P3/56 or 25 miles  
Ted Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>  
Ride begins/ends at either Veteran's Memorial in Davis (8 am) or Steady Eddy's in Winters (9 am). Pedal to celebrate the life of "Mr. Yalza", our late DBC member Don Aumann. The ride travels Don's beloved Cantelow route.

## Don Aumann Memorial Ride - Family Ride\*

May 30, Saturday, 9:00 am T1-3/P1/16 miles  
Jennifer Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>  
This family ride leaves 9 am from the Aumann house at 1215 Aspen Place in Davis. Pedal to celebrate the life of "Mr. Yalza", our late DBC member Don Aumann. Tandems, families, and little wheels (Bike Fridays, recumbents) encouraged!

## St. Helena-Howell Mountain Tour\*

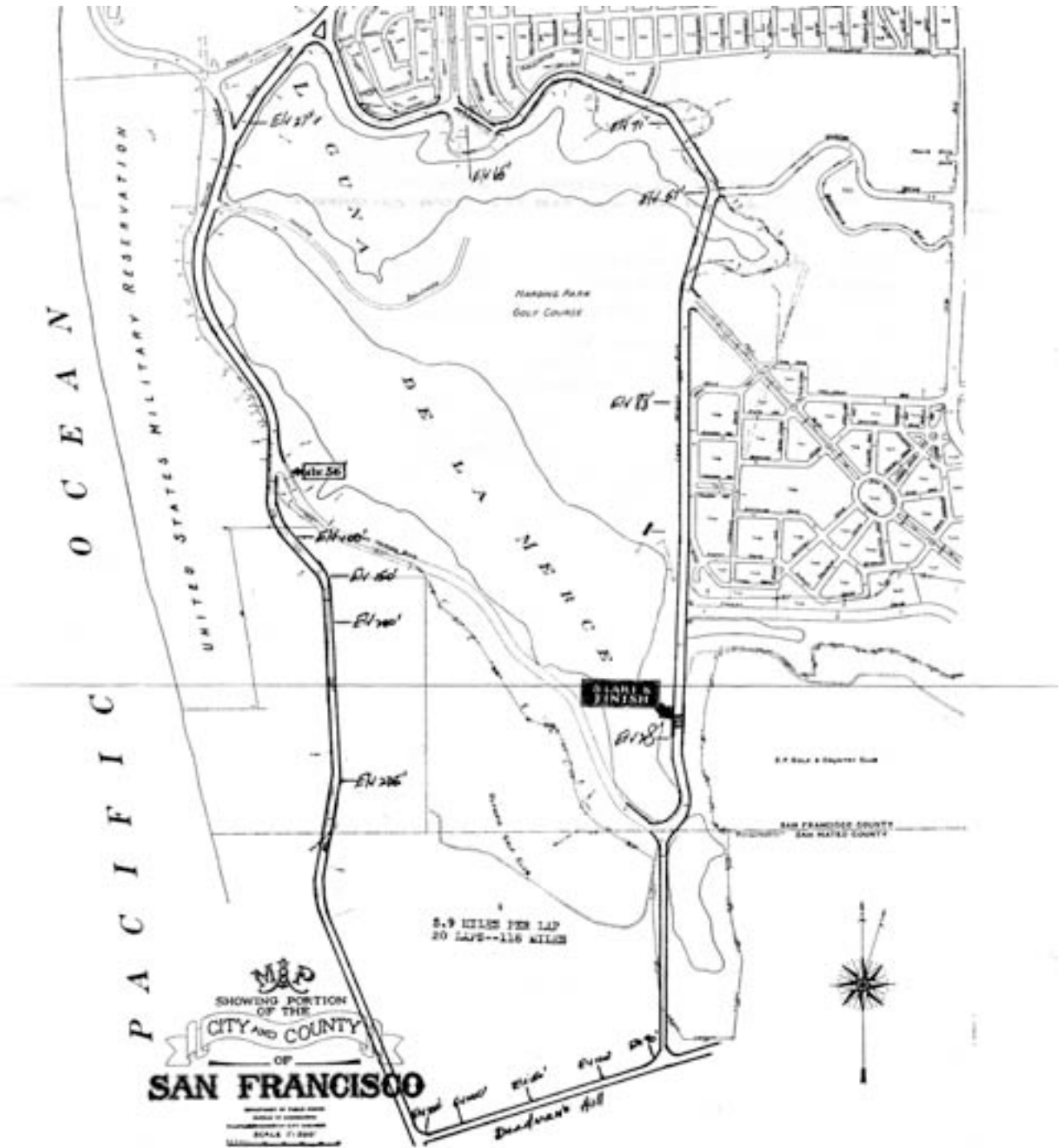
May 30, Saturday, 9:00 am T5/P3/40 mi  
Deb Ford, 707-224-2288 or <napaford@aol.com>  
Meet at the Silverado Brewing Co., on Hwy 29 just north of St Helena. We'll ride across the valley, do an easy climb up to Lake Hennessey, a medium climb over to the Pope Valley, then take Ink Grade up Howell Mtn (4 mile climb, very do-able). The reward is an amazing descent back to Napa Valley, and a good lager and lunch at the brewery (or their rootbeer, if you prefer). Quiet backroads, no drop, possible tour of the brewery, if interested. RSVP.

## Slower Rides and more...

The Davis Bike Club welcomes riders of all ages and abilities. Try our Friday (Around Town) or Saturday Saunter rides for starters. Non-scheduled rides are doable according to your needs and interests. Our membership includes people with a full spectrum of cycling interests including commuting, advocacy, vintage equipment, and carless transportation, as well as recreational cycling. If you want to get together for an unscheduled ride or to make contact with Those of similar interests, email me, Dutch Martinich, at <dmartinich@att.net> or call 530-756-8234.



**Be an Olympian! Sign up here-** These are from the application form for the state/district tryouts for the U.S. Olympic Bicycle Team for the 1956 Olympics in Melbourne. The road circuit shown below is a loop around Lake Merced. The race total was 120 miles and the climb for each lap about 200 feet. Californians on the team that year were Jack Disney and David Rhoads. (-application courtesy of Jim Manning)



**GENERAL INFORMATION**

**DATES OF STATE OR DISTRICT TRIALS**—August 9, 12 or 19, 1956—State Representatives will decide on the date to be used and will so notify each entrant upon receipt of entry fee.

**ROAD RACE TRIALS**—120 Miles. Each State may qualify 25% of their registered riders for the Finals.

**Equipment—Road Race**—Bicycles must be equipped with free wheels and hand brakes. It is recommended that if possible, the bicycle be equipped with variable gears and hand brakes. **NO FIXED GEARS PERMITTED.**

**TRACK RACE TRIALS**—One event, 1000 metre Time Trial—Standing Start. In order to qualify for the Finals the rider must equal or better the time of 1:28 (one minute, 28 seconds). [No 1000 metre Match races in State Trials.]

**Equipment—Track Race**—Bicycles must be equipped with fixed gears. No free wheels, variable gears or hand brakes are permitted. Handlebars must be plugged and **SAFETY HELMETS** must be worn in all events. Riders may compete in either the Road or the Track Trials—**BUT NOT BOTH.** They must qualify in local State eliminations for the Final Trials. It has been suggested that each entrant make a \$2.00 donation to the Olympic Fund. Complete detailed information about trials is contained in regulations sent to all A.B.L. Clubs, State Representatives and Riders Registered with A.B.L. in 1955.

## Race News –from Jason Grefrath

If you haven't already heard, Paul Mach (Ex-DBC RT'er now racing with the Bissell Pro Cycling Team) WON the Cherry Blossom Classic Stage Race in Oregon this weekend! Read all about it on <VeloNews: <<http://www.velonews.com/article/90309/mach-secrist-win-cherry-blossom-classic>> and his blog site:

<<http://www.paulmach.com>>

All the results and info on the Cherry Blossom Cycling Classic Stage Race can be found here:

<<http://www.cherryblossomclassic.com/>> Congratulations Paul! Making us all on the DBC so proud!

## DBC has a Women's Race Team!

I watched crit racing for four months... then I got a road bike. Coincidence? No, I caught the bug and was hooked. I knew DBC existed because I had seen the kits at the races. In July 08, I joined the club, the race team and started riding! But I wanted more women to race with, so I started recruiting and encouraging other women to join. They were easy to find! Ten months later, the DBC Women's Race Team is 30+ strong, ranging from a huge Cat 4 field to new cat 3s and some cat 2s.

Most of us are 100% brand spanking new to even the idea of racing. Let me tell you, it is NOT easy! How do you measure success? Some want to win races, some just want to be able to finish with the pack, some want to build fitness, others want to overcome the fear of pack riding... everyone has had their own piece of success.

Our Cat 2 riders have been doing great this season. Amy Chandos took 1st at Cal Aggie Crit and 8th at Cherry Pie Crit. Trudy Bjornsen took 3rd at Bariani RR. We have one upcoming cat 2 racer, Andrea Kirsch.

Our lone Cat 3 racer Larissa Fitchett has gained two more companions. Anna Fischer and Marianne Hernandez both upgraded to 3s in March. Anna is used to racing with the guys over in the UK, so it was no surprise that her first four road races got her a mandatory upgrade! Anna took 4th at Snelling, 4th at Merco, 6th GC at Madera and 1st at Orosi. Marianne took 9th at Bariani and had enough points to upgrade from her wins in last year's races. Marianne remained a cat 4 until her last month so that she could still race with all of her new teammates.

Our Cat 4 group is the largest group of all! I found Aileen Vandenberg while out riding. She was fresh up from LA and enjoying our "traffic free" county roads! Aileen is no stranger to racing, she raced for UCSC as an undergrad. Aileen Vandenberg took 1st at Early Bird Crit, 7th at Cal Aggie Crit & 3rd at San Jose Classic Crit. Carol Hockridge is our lovely lady in orange and blue! She is sweet as can be, but watch out when she's on the road with her Felt! Carol took 2nd at Bariani. Alison Oliver and Amanda Nuechterlein are two of the many Cal Aggie Cyclists who also race for DBC. Alison took 5th at Cal Aggie Crit and Amanda took 6th. Ruth Anderson is a tri-athlete who is discovering that road racing might be her true calling in life. Ruth took 8th GC at Madera, 7th at Land Park Crit, 10th at Bariani and 6th at Sea Otter RR. Leslie Halkett decided to try racing and took 8th at San Bruno Hill Climb. Trudi Hughes-Scott was unattached last year and decided to join DBC. Trudi took 8th at Snelling. Cary Craig is another tri-athlete who was brave enough to try pack riding. Cary took 10th at the Cal Aggie Crit.

-continued next column

And for all the cat 4 women who have raced but have not gotten a top 10 finish yet, your day will come! We're all a success for putting ourselves out there, giving it all we got, representing DBC in bright orange and blue- Niki Slaton, Dawn Spinella, Colleen McCarthy, Jill Bowlus, Tricia Sanford, Ann Kelleher, Aparna Rojogopal-Durbin, Carolyn Regan, Kelly Macy and Michele Feikert. We also have a lot of upcoming racers who are training hard and will race soon- Sandrine Journet, Monica Rudman, Diana Taylor, Cynthia Ramos, Babe McCormick, Mary James, Carina Abrams and Jessica Houghton. Count up all the names folks... that's right, DBC has 32 women on the race team!

Michele Feikert

DBC Women's Coordinator

"No matter how many races we do, or how well we perform, the best part of being in the DBC Women's Race Team is all the friendships that we build. Our racing careers will end one day, but the friendships will last a lifetime." –Michele Feikert

"I never considered myself to be athletic or brave enough to be on a race team. But I took a chance because I wanted to increase my fitness, challenge myself and make friends. With every race I finish, my belief in myself grows. When my daughter gets older, I hope that by the example that we women are setting, she will learn that there is no such thing as a limit on what we can achieve."

–Dawn Spinella

"Over the last 3 years I have really enjoyed being a DBC master's cheerleader. I am a rookie to say the least. Group workouts, skills rides, racing clinics and having such supportive teammates is the best! I really enjoy the DBC ladies, it is like being part of a sports kind of sisterhood!" –Jill Bowlus

"When I joined the DBC Women's Race Team, I was apprehensive. I worried I was taking on much more than I could handle, that I'd left behind in the dust, lost and humiliated. I never imagined I'd meet so many terrific folks to train and race with and learn from. I've been truly inspired by the dedication and enthusiasm of my teammates! Turns out I love the team camaraderie and good natured competition of racing!" –Niki Slaton

"Some of the great things about being a member of the DBC Women's team: the excitement of hanging onto that wheel in front of me at 33mph, the skills to go downhill at 40mph with (almost) no fear, surviving a race during a hail storm with welts to prove it, conquering all those butterflies in my stomach at the start line, and last but definitely not least - the company of some great friends!" –Carolyn Regan

"Women's bike racing is just one more example that all girls aren't made of sugar and spice. Booyaaa!!" –Marianne Hernandez

## Mach on the job at Sea Otter Classic

(Ed. note: This is from the article on the Sea Otter road race in the April 17 edition of <[cyclingnews.com](http://cyclingnews.com)>)

Using a wealth of world-class experience and a simple strategy – to stick closely with the Bissell team throughout, and then fight it out on the last hill – Leipheimer was able to chase down a series of breakaways. –continued next page

## **Mach on the job** -continued

Bissell standouts Paul Mach and San Jose's Ben Jacques-Mayne led the attacks along with yesterday's criterium winner, Morgan Schmitt, who came in third in the road race. "We had a pretty good day in the breakaways. We were trying to send as many guys up the road as possible to try and tire him out," said Mach.

Leipheimer proved to be more than up to the task of rabbit-chaser. The rider pedaled away to win by four seconds. "We went pretty much into the bottom of the final hill together. Morgan went first, then Ben, and then I went and Levi was on my wheel. I tried to put in a dig at the end to see what would happen. But basically he (Leipheimer) just sat there, and then he passed me. He waited for a long time, and I guess that was payback for all of the pain that we put him through during the race," said Mach. ■

## **Davis Wins Bicycle Hall of Fame** -by John F. Hess

WE did it! As you probably know, the United States Bicycle Hall of Fame has chosen Davis as the location for its new home. The most prominent reason given for their choice of Davis was its bike culture. I'm not going to disagree, but I think that reflecting on that is a good thing. All of us in the bike club are in a club dedicated to cycling. We all ride and support cycling even if we don't all ride the same way. And there are many more people in town who support bicycling who are not members of the DBC and these people were also instrumental in creating the bike culture we have. The Hall of Fame chose Davis because of the work of many people along the way, from the vision to set up bike lanes in the 60s to the continued vision to construct a freeway undercrossing and freeway over-crossings.

When the AMGEN Tour of California started up, Davis was on the route, but not a start or finish. After a couple years, the AMGEN folks saw the volunteerism and excitement generated by the race and in 2009, Davis was a start city. The whole community rose to the challenge of hosting the AMGEN start just like the whole city came through with support for the 2008 United States Bicycling Hall of Fame Induction Ceremony. All of these are big parts of why the Hall chose Davis. A lot of people did a lot of work, but it's all of Davis that should be proud. I know I am.

But there's more to come and I hope and expect the members of the DBC will rise to the coming events: The Davis Double Century and the May Bike Commute Month events, including Cycle-bration at the downtown market. Last but not least, the California Bicycle Museum has a beautiful new web site <[californiabicycleremuseum.org](http://californiabicycleremuseum.org)> that is the place to go for information. If you like, there is an email list to subscribe to for updates. With the Hall of Fame choosing Davis, more and more bicycle events should be coming and all I can say is stay involved, it can't happen without you. ■

## **Emergency Phone Numbers**

Calling 911 on a cell phone does not always bring rapid response. You will often get faster results by programming the agency's actual emergency number.

### **Yolo County**

Davis City Police: 530-758-3600

Davis Fire: 756-3400

UC Davis Police: 530-752-1230

UC Davis Fire: 530-752-1234

Winters Police: 530-795-4561

Winters Fire: 530-666-661 (Yolo dispatcher)

911 Yolo County 530-668-8920

Yolo Animal Control: 530-668-5287

### **Sacramento county**

American River Parkway 916-875-PARK

(7am to late eve, otherwise Sac. County).

Sac. County emergency dispatch 916-875-5000.

### **Solano county**

Dixon Police & Fire: 707-678-7080

Vacaville Police: 707-449-5200

Vacaville Fire: 707-449-5452 (or 5200)

911 Solano County 707-421-7090

Solano County Animal Care Services

Telephone Service: 8:30am to 6pm Monday

through Friday only: Call 707-784-1356

All other hours and County Holidays:

Call Solano County

Sheriff's Dispatch 707-421-7090

## **DBC Board of Directors**

President - Stuart Bresnick

- 530.756.0420

- [addy@omsoft.com](mailto:addy@omsoft.com)

Vice President - Alan Hill

- 530.792.8900

- [arhill8711@aol.com](mailto:arhill8711@aol.com)

Treasurer - Marnelle Gleason

- 530.753.9331

- [marnglea@sbcglobal.net](mailto:marnglea@sbcglobal.net)

Recording Secretary

- Carolyn Regan - 530.750.1005

- [regan.carolyn@gmail.com](mailto:regan.carolyn@gmail.com)

Corresponding Secretary

- Marlene Hanson - 530.662.0638

- [mhanson516@sbcglobal.net](mailto:mhanson516@sbcglobal.net)

Quartermaster - David Joshel

- 530.756.7409

- [davidjoshel@hotmail.com](mailto:davidjoshel@hotmail.com)

Safety Director - Phil Coleman

- 530.756.4885

- [pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Race Team Director - Robin Rolles

- 530.383.3187

- [robin.rolles@wavecable.com](mailto:robin.rolles@wavecable.com)

Philanthropy Director

- Milt Blackman - 530.756.5540

- [miltblackman@hotmail.com](mailto:miltblackman@hotmail.com)

Director-at-Large Double Century

- Robin Neuman - 530.758.1917

- [roknrobin2@aol.com](mailto:roknrobin2@aol.com)

Director-at-Large Foxy's Fall

Century - John Hess

- 530.753.2970

- [johnfhess@comcast.net](mailto:johnfhess@comcast.net)

Director-at-Large Ultra Cycling

Events - Paul Guttenberg

- 530.297.5942

- [cycledad@juno.com](mailto:cycledad@juno.com)

Newsletter Editor - Don Martinich

- 530.756.8234

- [dbcnewsletter@gmail.com](mailto:dbcnewsletter@gmail.com)

Tour Director - Steve Kahn

- 530.758.4083

- [patsteve@pacbell.net](mailto:patsteve@pacbell.net)

Membership Director

- Bruce Winder - 530.758.1544

- [dbcmembership@gmail.com](mailto:dbcmembership@gmail.com)

Public Relations Director

- John Whitehead - 530.758.8115

- [jcw@dcn.davis.ca.us](mailto:jcw@dcn.davis.ca.us)

Ride Calendar Coordinator

- John Seabury

- [dbcridecalendar@gmail.com](mailto:dbcridecalendar@gmail.com)

**Club Contacts:** Mail Address: 610 Third Street, Davis, CA 95616

Web Site: <[davisbikeclub.org](http://davisbikeclub.org)>

*DBC Membership Card*

*Non-expired date and this card signify the above person and/or family is a member in good standing of the Davis Bike Club.*

The Double Century is less than a month away and volunteers are still needed. Contact Robin Neuman (see pg 11). Volunteers are also needed for Ultra Distance events. See page 3 for details.

**IMPORTANT-** ↩

**DAVIS BIKE CLUB  
610 THIRD STREET  
DAVIS, CA 95616**

# Changing Gears

**Changing Gears** is the monthly newsletter of the Davis Bike Club. The club address is: Davis Bike Club c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.



**Changing Gears** is mailed First Class, or by email, to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions, contact the Membership director at [dbcmembership@gmail.com](mailto:dbcmembership@gmail.com) or via the Davis Bike Club Hotline, 530-756-0186.



Contributions to **Changing Gears** may be sent to the editor by e-mail to: [dbcnewsletter@gmail.com](mailto:dbcnewsletter@gmail.com) Submittals in text or .doc files are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dutch Martinich, 530-756-8234

## Paper newsletter?

**If you are currently receiving paper copies of the newsletter and would prefer to receive Changing Gears by email, (or vice versa) please let me know at <[dbcmembership@gmail.com](mailto:dbcmembership@gmail.com)>.**

**The membership maestro.**