

Changing Gears

December



Newsletter of the Davis Bike Club

Quick Release

Special Annual Club Banquet

Sat. Dec 13th
6:00pm
Odd Fellow Hall
RSVP Required

Board Meeting

Mon. Dec 8th
7:00pm
Davis Food Coop
Board Room

Newsletter Cutoff

Sat. Dec 20th
5:00pm

Race Team

General Meeting

Wed. Dec 3rd
7:30pm
Hallmark Inn

Race Team Committee Meeting

Wed. Dec 3rd
6:30pm
Hallmark Inn

Increased Carbon Credits

DBC New Members

Jonathan Barbus	Allen Lowry
Jason Brasel	Frank Marrs
David Carlson	Mark Massello
Chad DeMasi	Gregory Moy
Ben Fineman	David Osleger
Christopher Finnegan	Dan Patten
Larissa Fitchett	Laura Perkins
Pam Geisel	Janice Pfeiff
Kathy Gill	Efrem Rensi
Keith Hillier	Doug Rose
Trudi Hughes-Scott	Andrea Stammer-johan
Joseph Iannarelli	Daniel Stuart
John Larsen	Jonathan Teeter
Nathaniel Leachman	Huy Tran
Stephanie Lee	Aileen Vandenberg
	Greg White

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Happy Holidays!!!!	

TOUR TURN For December 2008

by Bruce Dewey, Touring Director

Marilyn and I have just returned from a credit-card cyclotour through Sonoma and Mendocino counties, where we tried some new-to-us back roads. We were blessed with ideal weather and challenged with seemingly endless hills to climb. The magnificent scenery down the Pacific Coast was marred by what seemed to be heavier-than-usual truck traffic. Maybe everyone is getting extra sand and gravel to prepare for the forthcoming rainy season. We've always found that traveling on a bike with panniers is a gateway for meeting interesting people. At Sea Ranch, we encountered two young Swiss men who happened to have cystic fibrosis and who had embarked on a tour of the American west coast, just to prove they could do it. Six months ago they had started in Prudhoe Bay (500 gravel miles north of Fairbanks!!), riding mountain bikes loaded with camping gear every bit of the way. From Canada, they went west to the Pacific coast along the Columbia River with the goal being San Diego. And coming back inland along the Russian River, we enjoyed briefly riding and chatting in a pace line with Santa Rosa Cycling Club.

This column marks my farewell to my years as the DBC touring director. It has been a real privilege to serve, as my small part the great volunteer network that goes into making DBC a super bicycling club. Just look at DBC—one of America's best racing programs, a comprehensive brevet series, local rides for all abilities—training and social—almost every day of the week, tours ranging from weekends to multi-week, and outreach in safety, cycling education, and philanthropy.

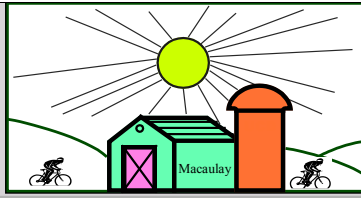
Rides and tours are the heart of the bike club—that's what we are all about. I owe a big thank you to the many, many volunteers who lead rides, tours, worked on helmet distribution, designed and sold clothing items, helped on March Madness committees, driven sag vehicles, helped on various planning and other ad hoc committees. And my special appreciation goes to the financial sponsors I've hounded for each of the last five years to support March Madness—they've all been great and generous. Naming names would be unfair, because many would be omitted. All are appreciated.

During the past five years, I've gained the most satisfaction seeing the 2004 Bavarian-Austrian Tour and the 2008 Tour de Provence come to fruition after the detailed planning that Marilyn, myself, and others have done. Hundreds of hours of work went into these two European tours to minimize bad surprises. Our members have enjoyed great tours at unbelievably low prices due to leaders dealing directly for group prices and the financial subsidies from Davis Bike Club. It's a no-brainer that careful research and planning lead to good tours. And still there is room for improvement.

Recently, Marilyn and I joined the Bicycle Adventure Club, a national network of volunteer-led bike tours, with its office in San Diego. Most of their tours follow a format similar to ours—the price includes lodging, some meals, luggage and route support. Tours are non-profit, operated at cost with the expenses rationally divided among the participants. For 2009, BAC has 30 tours in the US and Canada and 20 tours in the rest of the world. Already, about half of these are filled according to their website.

Bon voyage to Steve Kahn, the next tour director.

HERB CHAIN



“Desperate times require desperate measures.” It's not clear who said that first. Some think it was a nutty Englishman who tried to blow up Parliament and kill King James the First in 1605. Others think it was somebody else. We don't know. But, sad to say, we do know that many folks are experiencing desperate times in today's world. This columnist and Anne Muffet Balyn-Chain (we call her Muffy) are among those struggling economically. Might our personal efforts to remain financially solvent be considered desperate? We offer three examples and welcome your thoughts....

First...We are working furiously to complete our “Compendium of Profound Postings to the DBC E-mail List,” and we hope to have it available at Amazon.com by mid-December. Included in our extensive volume are FAQ's by Adam Bridge, Russell Reagan's insights into the intrigue of bicycling politics, and the many late-night musings of Bill Dunn. As a bonus, expect a special section on original aphorisms uttered by club members in recent years, such as Dick McIlvaine's “Always get to the rest stop before it closes” and P. Elliott's “For every mile of tailwind, there are two miles of headwind.” [If you think about it, the latter is not inconsistent with Professor Einstein's Theories of Relativity.]

Second...Prospects are good that our combination exercise cycle and com-mode will be in full production before the end of February. The “Cyclo-Potty,” as we call it, can be readily installed in place of a regular toilet enabling dedicated bike riders to supplement their road miles on a regular basis. We anticipate brisk sales to March Madness participants.

And third...Money from the sale of our tandem bicycle has been invested in a company developing a product called SMILES. SMILES combines a number of essential cycling substances into one convenient squeeze tube. It's name is an acronym for the product's ingredients...Sunscreen, Monistat, Insect repellent, a Lubricant and an Energy Supplement. We have suggested adding steroids and ibuprofen and marketing the result as a suppository under the brand name MISSILES. (No response to that so far.)

Our hopes are high for a prosperous 2009.

Finally, and on a more serious note, we join Steve Rex's myriad friends in wishing him a speedy and full return to form. But we add...“Face it, Steve. You're an old guy now. Make bicycles. Forget the young guy stuff.”

Happy holidays, everybody.
herbchain@yahoo.com

Jersey Ride Results

The Jersey Ride series is a great way for our members to participate in local events hosted by other Clubs.

We thank all our members who participated this past year for representing DBC by riding these events in our Club's jersey.

Results for the 2008 Jersey ride series appear below. We noticed a slight drop-off in the numbers for this past year. Get out there...!

Ken Johnson	4
Chris Lupo	1
Jennifer Epp	2
Linda Bott	1
Jan Dickens	1
Barry Bolden	2
Marlene Hanson	1
Bruce Dewey	3
Marilyn Dewey	3
Diane Richter	2
Steve Macaulay	1
Karen Baker	2
Don Ellis	2
Stu Bresnick	2
Rich Boettner	2
Liz Boettner	2
Ted Sommer	1
Cliff Hilken	2
Darell Dicky	2
Bryan Wallace	3
Glenn Mounkes	1
Monica Rudman	2
Eric Senter	1
Steve Miller	1

DBC Holiday/Member Appreciation Party

6pm, Saturday, December 13
 Odd Fellows Hall
 415 Second Street, Davis

Please join us at the Odd Fellows Hall on December 13 at 6pm to enjoy a buffet dinner from Buckhorn. Bring your favorite beverage and a dessert, and we'll provide the rest (tri-tip, chicken, vegetarian, and tasty side dishes). After dinner, the election of our 2009 DBC Board, and a visit from Santa, we've got MUMBO GUMBO playing their "big life" music for the rest of the evening!

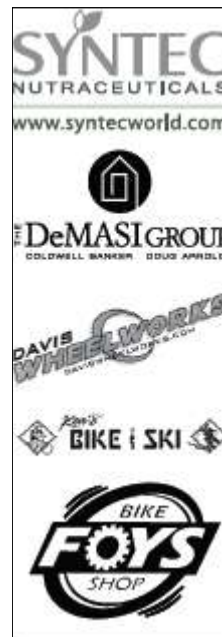
The party is open and free to all current DBC members. But only those who **RSVP by 5pm December 3rd** will be admitted . . . we need an accurate head count for the caterer. RSVP to www.seadogdesigns.com/dbc/2008_holiday_party_rsvp

If you are bringing a non-member, the cost is \$40/non-member. A non-member's reservation is not confirmed until we receive payment for their attendance. Please print out the RSVP form (downloadable from the link listed in the previous paragraph) for the non-member, and make sure we receive it by December 3.

If you have any questions, please contact DBC Vice president Karen Baker at karenleighbaker@comcast.net.

See you on the 13th!

Support sponsors of the DBC Race Team



Changing Gears is the monthly newsletter of the Davis Bike Club. The club address is c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.



Changing Gears is mailed First Class to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions contact the Membership director at dbcmembership@gmail.com or via the Davis Bike Club Hotline, 530-756-0186.



Contributions to **Changing Gears** may be sent to the editor at the above address or by e-mail to dbcnewsletter@gmail.com. Submittals in Microsoft Word are preferred. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact: Dan Shadoan at 530-219-0177.

Davis Bike Club 2008 Officers and Board Members

President	Dan Shadoan	530-756-9266	djshadoan@ucdavis.edu
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Director-at-Large Foxy's Fall Century	John Hess	530-753-2970	johnfhess@comcast.net
Director-at-Large Ultra Cycling Events	Paul Guttenberg	530-297-5942	cycledad@juno.com
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Membership Director	Bruce Winder	530-758-1544	dbcmembership@gmail.com
Public Relations Director	John Whitehead	530-758-8115	jcw@den.davis.ca.us

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Sunday No Drop 9:00am	1 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	2 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	3 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a <u>Race Team Meeting</u> 7:30p	4 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	5 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	6 Coffee and a Roll 9:00a RH Phillips Brunch 10am
7 <u>California International</u> <u>Marathon 8:30am</u> Sunday No Drop 9:00am	8 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a <u>Board Meeting 7:00pm</u>	9 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	10 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	11 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	12 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	13 <u>Lake Solano Loop</u> <u>8:30am</u> Coffee and a Roll 9:00a 2nd Sat Saunter 10:00a <u>DBC Holiday Party</u> 6:00pm
14 "Show N Go" 8:00am Sunday No Drop 9:00am	15 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	16 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	17 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	18 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	19 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	20 Coffee and a Roll 9:00a <u>Winter Solstice</u> 12:00pm <u>Newsletter Deadline</u> 5:00pm
21	22 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	23 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	24 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	25 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	26 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	27 Coffee and a Roll 9:00a <u>Virtual Twin Half-</u> <u>Century 10:00am</u>
28 <u>Calistoga Tour Day 1</u> 7:00am	29 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a <u>Calistoga Tour Day 2</u>	30 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am <u>Calistoga Tour Day 3</u>	31 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	1 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	2 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	3 Coffee and a Roll 9:00a

Ride Classifications

Refer to T/P/(distance) on each description title

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Non-Recurring Rides

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

California International Marathon*

December 7, Sunday, 8:30 am

T1/P4/40 mi

John Whitehead, 530-758-8115 or

jcw@den.org

Meet at Veterans Memorial Center, 14th and B Streets, or contact the ride leader to join us further east. Ride to Sacramento and experience the festive atmosphere of the California International Marathon, including closed streets, roadside musicians, and zillions of people running or not. This is a rare opportunity for a car-free urban cycling-walking adventure.

Lake Solano Loop

December 13, Saturday, 9:00 am

T1-3/P3/45 mi

Julie Sly, 916-201-2790 or

Juliesly@aol.com

Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.

DBC Holiday Party*

December 13, Saturday, 6:00 pm

T0/P0/0 mi Karen Baker, or

http://www.seadogdesigns.com/dbc/2008_holiday_party_rsvp

The DBC 2008 holiday party starts and ends at the Odd Fellows Hall in beautiful

downtown Davis (Dan and Dick, eat your hearts out). It's a combination thank-you and celebration. Please join us! Buffet dinner from Buckhorn (tri-tip, chicken, vegetarian, tasty side dishes and all those fabulous desserts). After the election of our 2009 DBC Board (and who needs another election after that last one?) and a visit from Santa, we've got MUMBO GUMBO playing their "big life" music for the rest of the evening!! The party is open and free to all current DBC members. Only those who RSVP will be admitted; we need an accurate head count for the caterer and for room set-up. You can RSVP one of two ways: online (see link attached) or via snail mail to Karen L. Baker, 4235 Frontera Dr., Davis, CA 95618. Respond by December 3rd.

Special Edition "Third Saturday" Ride - Winter Solstice Ride

December 20, Saturday, 12:00 pm

T1-4/P3-4NO DROP/50 mi

David Joshel, 530-717-5133 or

davidjoshel@hotmail.com

Celebrate the shortest day of the year. Sunset is at 4:45, so we'll be home before dark. 50 miles, no drop group ride. Stop in Winters for coffee, snacks. Rain cancels.

Virtual Twin Half Century*

December 27, Saturday, 10:00 am

T5/P3-4/50 mi

Diana Taylor, 530-753-7136 or

diana-taylor@sbcglobal.net

Meet at Lake and Russell for a warm mid-day winter ride to a view from the top of Cantelow, then lunch in Winters. Co-led by John Whitehead. A mile per year will commemorate a pair of 50th birthdays not a fortnight apart, on a day betwixt the two. This ride will regroup like P3 and will reach P4 speeds.

Calistoga Tour

December 28-30, Sun-Tues, 7:00 am

T5/P3/65+?+65

Paul Grant, 510-756-3610 or

pwgrant@mac.com

Back by popular demand, Paul Grant's Calistoga Tour. Over on Sunday, optional ride on Monday, return on Tuesday. Make your own reservation at the Best Western Stevenson Manor Inn in Calistoga. www.bestwestern.com or (800)780-7234. As of press time there are a wide variety of rooms available. Note the different discounts that they have. This motel has a pool, a hot tub and a sauna, most welcome after riding in from Davis. If you are planning to go on this tour, or if you have questions please the Ride Leader. More detailed information as the time grows near.

Regularly Scheduled Rides

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

RH Phillips First Saturday Brunch*

Dec 6th, First Saturday, 10:00am T2/P3/45mi

Anne Huber, 530-758-8115 or

ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserv. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

Second Saturday Saunter Dec 13th*

Second Saturday, 10:00 am T1/P2/10-30 mi

Dutch Martinich, 530-756-8234 or

dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the

scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

"Show & Go" Ride Dec 14th

2nd Sun, 9:00 am T-varies/P-TBD/TBD mi

Glenn Mounkes, 530-220-3513 or

glenmonk@yahoo.com

This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P4-5/30 mi

Gary Button, 916-454-1679 or

lfastbiker@sbcglobal.net

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. May go longer depending upon consensus. Start at Lyndell Terrace Starbucks. Note new start time for the winter.

Sunday Morning Ride NO DROP

Sundays, (Dec 7th & 14th only) 9:00 am

T1/P3-low 4 /34 mi

Alan Hill, 530-792-8900 or

arhill8711@aol.com

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

Regularly Recurring Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

Morrison's Monday Deli (slower)

Mondays, 9:00 am T1/P2-3/25 mi
Gerry Peterson, 530-756-1254 or
gnjpeter0856@juno.com

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Morrison's Monday Deli (faster)

Mondays, 9:00 am T1/P4-5/40 mi
Barry Bolden, 530-297-5123 or
boliverb@dcn.org

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Mocha Joe's Country Loop (slower)

Tuesdays, 8:45 am T1/P3/35 mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

Mocha Joe's Country Loop (faster)

Tuesdays, 9:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi
Marilyn Dewey, 530-753-9188 or
deweyms@hotmail.com

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Solano Baking Company (slower)

Wednesdays, 8:45 am T1/P3/35 mi
Dan & Sharon Cucinotta, 530-756-1711 or
scucher@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Solano Baking Company (faster)

Wednesdays, 9:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Steady Eddy's (slower)

Thursdays, 8:45 am T1/P3/30mi
Gerry Peterson, 530-756-1254 or
gnjpeter0856@juno.com

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Steady Eddy's (faster)

Thursdays, 9:00 am T1/P4-P5/34 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi
Jack Kenward, 530-753-9329 or
kenward2@dcn.org

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills

Fridays, 9:00 am T3/P5/60mi
Larry Burdick, 530-753-7591 or
larryburdick@netzero.net

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Ride around the Town*

December, Fridays, 10:00 am
T1/P2/15-18 mi
Dutch Martinich, 530-756-8234 or
dmartinich@att.net

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch Martinich and Gerry Peterson, 530-756-1254 or gnjpeter0856@juno.com. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if the riders are interested. Contact either leader if in doubt about the weather.

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members?

Just contact our ride calendar specialist, John Seabury.
dbcridecalendar@gmail.com

Century of the Month Plans for 2009

Starting in January 2009 an organized Century of the Month Ride will be organized by Adam Bridge.

The ride will have an unusual schedule. On odd-numbered months it will happen on the 2nd Saturday of the month while on even-numbered months it will happen on the 2nd Friday.

The ride will begin at 8 AM at the Nugget Market seating area at Oak Tree Plaza, corner of Covell Blvd and Pole Line Rd. The route of each ride will be determined by weather/wind conditions. Pace will be P3-4. Periodic (as frequent as required) regrouping will occur. P4 riders may by consent choose to separate from P3 riders. Regrouping will always be required. There is no formal SAG support so the individuals should be prepared to help each other out. Cell phones are recommended. At least one stop for food will be planned for every ride.

Other riders may choose to follow the same route at other times and are encouraged to do so as the need requires.

For more information contact Adam Bridge at 530.753.6802 or via e-mail at abridge@gmail.com.

DAVIS BIKE CLUB MEMBERSHIP APPLICATION

Step 1: *Fill out form completely.*

Step 2: *Sign where indicated.*

Step 3: *Make checks payable to Davis Bike Club and return completed form to:
DBC Membership, c/o B&L Bike Shop, 610 Third St., Davis CA 95616*

Name for mailing label: _____
 Address: _____ City _____ State _____ ZIP _____
 Telephone (____) _____ - _____ E-mail _____
 If you wish to be added to the DBC email list please visit our website www.DavisBikeClub.org

<p><i>Action Type</i></p> <p>New Member</p> <p>Renewal</p> <p>Address Change</p>	<p>Basic Membership, 1 year..... \$20.00 single or \$30.00 family</p> <p>Basic Membership, 3 years..... \$50.00 single or \$75.00 family</p> <p>Basic Membership, 5 years..... \$80.00 single or \$120.00 family</p> <p>Race Team add-on... \$20.00 per racer per year</p> <p>Aggie Cycling Team (no race team fee) OR... Junior Race Team (no race team fee)</p>	<p>\$ _____</p> <p>\$ _____</p> <p>\$ _____</p> <p>TOTAL AMOUNT DUE \$ _____</p>
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ALL adult members must sign release; parent or guardian signature required for members under age 18.

Your signature indicates that you have read, understand and agree to all of the conditions set forth in the Accident Waiver and Release of Liability statement below.

Name _____ Age _____ Signature _____ Racer? _____ Date _____
 Name _____ Age _____ Signature _____ Racer? _____ Date _____
 Minor's Name _____ Age _____ Parent/Guardian Signature _____ Racer? _____ Date _____
 Minor's Name _____ Age _____ Parent/Guardian Signature _____ Racer? _____ Date _____

ACCIDENT WAIVER AND RELEASE OF LIABILITY

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: Davis Bike Club, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand its content.

Parent Guardian Waiver for Minors (Under 18 years old)

The above signed parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parent or legal guardian.

Helmets are required on all club rides.

Incomplete applications will be returned unprocessed. Please allow up to 6 weeks for processing.

Revised 03-26-2006

The Davis Bike Club is a volunteer organization. The club has many activities that require member assistance during the year. Your volunteered time helps make these projects successful. Please indicate if you would be interested in helping with any of the following club activities and events:

Leading local club rides	Organizing/leading club tours	Serving as a Board Member	Other - Contact me for general help
March Madness	Double Century	Foxy's Fall Century	Fourth of July Criterium
			Dunlap Memorial Time Trial

Newsletter Delivery Follow up...(2nd notice)

A total of 500 copies of our newsletter are printed each month. Of that amount 400 are circulated to member households via the U.S. Postal Service, and 100 are distributed to local bike shops for free handouts to those who might like to learn about the Club. At this time, there are about 25 members who receive their newsletters via email distribution.

In an attempt to streamline the newsletter production and circulation, we will be asking our members to indicate one of two methods for receiving the newsletter in the next calendar year. Those two methods are:

1. Continue to receive the newsletter in the U.S. Mail
2. Have the newsletter distributed electronically, either by email distribution as an attached document or a web-site address distributed in an email thus allowing the member to download from the Club website.

It is hoped that a significant number of members would rather have the electronic distribution and thus help in our attempts to “green up” our operations a little.

We will, however, honor your request to continue getting your newsletter via the U.S. Mail but you will have to actually make a request to continue use U.S. Mail, because the default for calendar year 2009 will be electronic distribution.

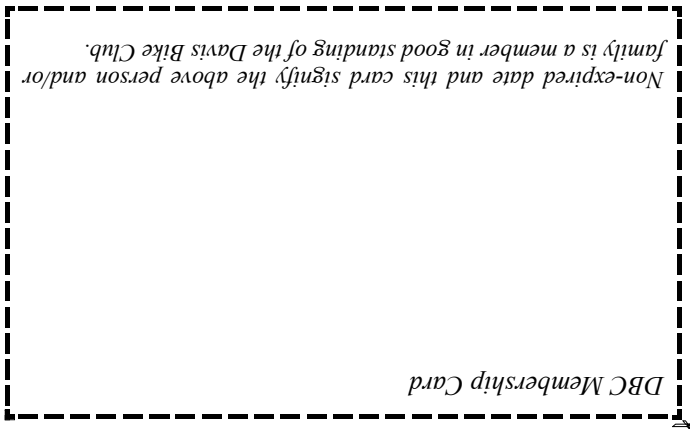
To request your preference, please send an email to dbcmembership@gmail.com.

Welcome new Sponsor!

Davis Bike Club is fortunate to have many friends in the bicycle industry. We welcome Aaron and his crew at Apex Cycles to the long list of our sponsors. Club discounts are available.



Apex Cycles
113 1/2 D Street
Davis, CA 95616



Don't Forget...
Meeting for De-
The General Club
member is being held as a
combination annual mem-
bership meeting and volun-
teer celebration. Be sure to
sign-up



Changing Gears

Davis Bike Club
610 Third Street
Davis, CA 95616