

July

# Changing Gears

2008



Newsletter of the Davis Bike Club

## Quick Release

### General Club Meeting

Mon. July 7th  
7:00pm  
Davis Public Library

### Board Meeting

Mon. July 14th  
7:00pm  
Davis Food Coop  
Board Room

### Newsletter Cutoff

Fri. Jul 18th

### Race Team General Meeting

Wed. July 2nd  
7:30pm  
Hallmark Inn

### Race Team Committee Meeting

Wed. July 2nd  
6:30pm  
Hallmark Inn

## Smaller Carbon Footprint

### DBC New Members

Katharine Blank	Corinne Codey
Reza Farasati	Larry Greeve
Ted Grosholz	Jennifer Lewis
Jeff Needham	Len Lewis
Michael Pearson	Jennifer Payne
Jeff Steele	Greg Rogalski
Lynne Yackzan	Matthew Weil

## Components

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## Ten Years of March Madness

by Paul Guttenberg, Ultra Distance Director

It seems just a few short years ago that a few dedicated cyclists decided to see who could ride the greatest number of miles in the month of March. While at first it had to do with a free breakfast treat, it swiftly turned into something else. Our miles grew to be more than measurements of distance. Through a miracle not wholly (holy?) unlike transubstantiation, they became safety devices, gifts to the underprivileged, and service to our community. Miraculously, our madness during the month of March became a beacon of cycling dedication to disadvantaged families and the safety of even the poorest children.

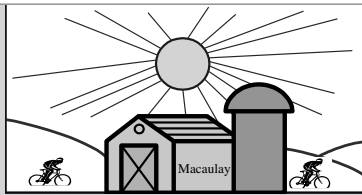
How did this transformation take place? Other than the groaning, gnashing of teeth, arguing, internal dissent and external rejection it was quite easy and pleasant. Some had the notion that we could raise money for helmets to be given to children by logging our miles during the month of March. One of our members, having had some experience with children and helmet programs, volunteered to leap through various hoops in order to obtain very favorable status with a major helmet manufacturer. That's another article in itself. Meanwhile, dedicated club volunteers set about drafting a plan. It was important to identify need. Frankly, if we were to go to a park and ask children "Who would like a free helmet?" just about everyone would raise a hand. We wanted to target the truly disadvantaged, those who would not have a helmet due to their economic circumstances, family situation, or what have you. Utilizing teachers in school classes to identify these children had worked well enough before, so we decided to pursue that route. Our coordinator presented the proposal to the school district, and of course there were questions. There were problems that needed to be addressed. There were concerns. There were legal issues. There was, in the end, denial.

Internally we were also torn by dissenting opinions. Some thought giving away helmets encouraged illegal behavior. The thinking ran that California State Law required bicyclists under the age of eighteen to wear helmets, so if parents were not providing helmets to their children, we were encouraging their unlawful neglect by instead providing them for free. By looking for those in need, we were somehow allowing the need to occur. Others questioned, and rightly so, if every child receiving a free helmet would actually have a bicycle. Honestly, we have given helmets to homeless children. Quel catastrophe! One look at such a child running around the playground, gleefully wearing their new helmet provided by the DBC, proud in their possession of the only new thing they were likely to receive that year or next, and having received the warm message that someone in the community truly cares about them, dispels all doubt about the righteousness of the gift. Owning a bicycle is secondary. Changing lives takes on many forms. In the end our board unanimously agreed to fund the program and established March Madness as a charitable endeavor.

Administrative rejection was another matter. We had been denied district approval of our program. Instead, one miscreant parent at Davis's oldest operating elementary school simply approached the long time principal of that school with a proposal. This school, sadly no more as of this writing, had many children of need and the most diverse population of any school within the city limits. This principal happily agreed, and the parent stuffed teachers' mailboxes with a letter offering free helmets to children that could not otherwise obtain them. Within weeks, the orders were tallied, the helmets shipped, boxes emptied, children fit, and the Davis Enterprise, our own hallowed print media organ, photographed the event and published our success. No administrator was going to recommend a program to remove helmets from children, so our program now

(Continued on page 2)

# HERB CHAIN



"Uncle Herbie! Aunt Muffy!," says our nephew Skippy Chain-Link one afternoon this spring. "Take a gander at my new helmet. Some old folks in bike clothes was giving 'em off free at school today."

"Nice," says Anne "Muffy" Balyn-Chain. But she allows as how Skippy's helmet appears to have been fitted in haste.

Muffy is right. Skippy's helmet is askew. But this columnist understands. And we offer an explanation...

"You see, Skippy," we say..."Captain Guttenberg receives one penny for every mile those old folks ride on their bicycles in March. With all that money, he negotiates shrewdly and buys hundreds of high quality helmets. The helmets are shipped to Farmer Macaulay's barn in bulky cardboard boxes. Three helmet boxes are equivalent in volume to one bale of hay. Every 300 helmets stored in Farmer Macaulay's barn translate to 100 fewer bales of hay he can put up for feeding to

his cows in winter time. The less hay he can feed to his cows, the scrawnier they will be, and the less Burger King will pay for them. Then...the county's sales tax revenue will decline, Supervisor Provenza won't be able to balance the budget, and bike lanes won't be added to roads between Woodland and Davis. So you see, Skippy, there is a great deal of pressure on those old folks to move as many helmets as possible as fast as they can. And that is the reason your left ear strap is pressing against your nose. But don't fret...We'll have the problem corrected momentarily."

"Thanks, Uncle Herbie," says Skippy Chain-Link. "You're welcome, Skippy," we reply.

A young fellow can really learn a lot from an uncle who's been around awhile.

[herbchain@yahoo.com](mailto:herbchain@yahoo.com)

*(Ten Years of March Madness cont.)*

officially existed. This is not to say that bureaucratic revenge was not exacted, but we are indeed blessed at the DBC with those who thrive on paperwork.

Growth was exponential, and then some. A DBC volunteer in the Assessor's office knew there was great need in Woodland. Year Two we were there. Happenstance being what it is the school nurse at the public elementary school in Winters lived down the block from the fellow who ordered the helmets for the March Madness program. She saw the truck coming and going, saw the helmets, talked to our DBC member, and asked if it were possible to include her students. Year Two included Winters as well.

Helmet delivery became problematical. In fact, the demands of the program grew so large that the driver for the over-the-road trucking company became more than a little disturbed at having to negotiate a Davis cul-de-sac to deliver several pallets of helmets. After a delivery of over seventy crates one year, the truck driver threatened in no uncertain terms to resort to fisticuffs if ever asked to deliver there again. While the neighbors were apprised of the situation, and seemed to be all right with the temporary disruption of tranquility that having a storage area in someone's driveway brings, the DBC member was less than all right with having to fight truck drivers on an annual basis.

Yet another volunteer stepped forward to rescue the program. He possessed rural property, a large barn, and a road that went all the way around the barn so the driver would never have to back up. Not only did his offer keep the program alive, it kept the originator's nose intact. All agreed that saving this program was wonderful. Opinions on the nose varied. As years passed we were now able to reach out to more schools, more districts, and neighboring counties.

We have been able to distribute thousands of helmets over the past ten years. Our tally of March Miles is swiftly closing in on one million total miles, and should easily surpass that milestone in the next five years or less. Thanks to the widespread support of our members, thousands of children across our section of Northern California have been provided with essential safety equipment. Our riders have a good-natured competition with which to jumpstart their riding season every year. More than anything, we are able to demonstrate the caring of the Davis Bike Club for the larger community of cycling.

## Editorial

Lately, we've seen some references to the San Francisco Metropolitan Transit Authority's investigation into an Idaho vehicle code that "allows" what's becoming known as a "stop and roll" rule only for cyclists.

Bicyclists would be able to treat stop signs as yield signs instead, and red lights as stop signs. This basically means cyclists would still have to yield if there was a car at a stop sign, they would still have to stop for that car and let them go through the intersection. Also, at a stop light they would still have to stop and look both ways, but then they could go through the "red" light.

The state of Idaho changed its law, and now it seems some in California are considering the same idea and maybe the California vehicle code would be modified to allow what's known as a "stop and roll" for cyclists only.

From where I ride, this is fundamentally a "bad" idea for many reasons. Mostly, it's the beginning of a separation of cyclists from the "same rights, same rules" that we currently enjoy with other vehicles on the road. Additionally, it takes away choice from local law enforcement regarding an individual cyclist's particular behavior in a particular situation. I didn't even mention the safety factor. This type of rule change would legitimize "critical mass" behavior on a daily basis with "critical mass" being one cyclist.

How can we "share" the roads if it's legislated that cyclists have the "unshared" privilege at intersections regarding stop signs and especially stop lights. There is no reason you could put forward for anyone, car driver or bike driver, to run a red light. While massacre and mayhem might not result, given the propensity of cyclists to push limits, blood will appear. Take your stand and be heard, whatever your opinion!

# Important Meetings and Events

## July General Club Meeting

by Karen Baker, Vice President

I hope you'll join your fellow DBC members on July 7 for an evening with a young custom bike maker, Mauricio Rebolledo, from Glen Ellen. He specializes in classic hand-made steel lugged bicycles for road, cyclo-cross, randonneurs and track. Mauricio came to bike building in a circuitous way: spending time as a young boy in a bike repair shop owned by his grandparents in Palmira, Columbia, getting a M.A. in Applied Anthropology and then starting a community bicycle repair program in SF and San Rafael where he trained teens as bike mechanics. During an apprenticeship with Jeremy Sycip, he learned the craft of frame building and then started his custom bike business in 2006 with a launch at the North American Handmade Bicycle Show. To get a sneak peak at the different bikes he's built, check out [www.rebolledocycles.com](http://www.rebolledocycles.com).

We'll get to see a "bike in progress," photos of Mauricio's custom bikes as well as a beautiful red and white Rebolledo owned by Steve Kahn as well as learn about the art and process of custom bike making.

When: July 7 at 7 PM

Where: Davis Branch Library: Blanchard Room

What: Cookies and a raffle (bring your bike bottle if you want water and don't want to use paper cups: we are cutting down on plastic bottle waste!)

P.S. My sincere thanks to Paul Grant and John Hess who set up the movie system in June; Don Ellis who ran the popcorn machine and Dean Albright who set up the room! Movie night would not have been a success without their help.

## August General Club Meeting - - Picnic in the Park with Bike and Build

by Stu Bresnick, Treasurer

The DBC August meeting will be held Thursday, August 7 in Central Park. We will be hosting a picnic dinner for the **Bike and Build** group that is staying in Davis that evening. This is a group of 31 college students that is one of 6 groups cycling across the US this summer to help raise money for affordable housing, and help build some houses along the way!

You can read about this group (going from Providence to San Francisco) on the website: [www.bikeandbuild.org](http://www.bikeandbuild.org). Go to the "Providence to San Francisco" route and read the bios of the riders and their blogs of their trip, which started June 2.

DBC will be providing pizza and drinks (non-alcoholic). If you would like to attend please bring a dish to share with 3-4 others.

Also, on the following morning, August 8, we will be hosting a bagel and coffee breakfast at the same location before the riders take off for Napa. We will schedule a DBC ride from Davis to join them on their way to Napa.

### Details

*Date:* Thursday August 7.

*Time:* 6:30PM to ??

*Location:* Central Park picnic tables located near the carousel.

**Changing Gears** is the monthly newsletter of the Davis Bike Club. The club address is c/o B&L Bike Shop, 610 Third Street, Davis, CA 95616.



**Changing Gears** is mailed First Class to all current members. Your subscription lapses according to the "Issues Remaining" on the mailing label. For questions regarding subscriptions contact the Membership director at [dbcmembership@gmail.com](mailto:dbcmembership@gmail.com) or via the Davis Bike Club Hotline, 916-756-0186.



Contributions to **Changing Gears** may be sent to the editor at the above address or by e-mail to [dbcnewsletter@gmail.com](mailto:dbcnewsletter@gmail.com). Submittals on Mac or PC disks in Microsoft Word are preferred if e-mail is not available. Check front page for deadlines. All submittals are welcome. For additional details regarding submissions contact Dan Shadoan at 530-219-0177.

### Davis Bike Club 2008 Officers and Board Members

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# DBC Ride and Event Calendar

July 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 Early Bird Special 6:15a Esparto Tailwinds 8:00a	1 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	2 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a  <b>Race Team Mtg. 7:30p</b>	3 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	4 Early Bird Special 6:15a Vaca Rolling Hills 8:00a  <b>DBC July 4th Criterium</b>	5 Coffee and a Roll 8:00a RH Phillips Brunch 10am
6	7 Early Bird Special 6:15a Esparto Tailwinds 8:00a  <b>Club General Mtg. 7:00p</b>	8 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	9 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	10 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	11 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	12 Coffee and a Roll 8:00a 2nd Sat Saunter 10:00a
13 "Show N Go" 8:00a	14 Early Bird Special 6:15a Esparto Tailwinds 8:00a  <b>Board Meeting 7:00p</b>	15 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	16 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	17 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	18 Early Bird Special 6:15a Vaca Rolling Hills 8:00a  <b>Newsletter Deadline 5:00p</b>	19 Coffee and a Roll 8:00a 3rd Saturday 9:00a
20	21 Early Bird Special 6:15a Esparto Tailwinds 8:00a	22 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	23 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	24 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	25 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	26 Coffee and a Roll 8:00a  <b>Amtrak Suisun* 9:00a</b>
27	28 Early Bird Special 6:15a Esparto Tailwinds 8:00a	29 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	30 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	31 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p	1 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	2 Coffee and a Roll 8:00a

## Ride Descriptions

**Helmets Required on all rides!**

### Non-Recurring Rides

**Amtrak Suisun \***  
Saturday, July 26, 9:00am T2/P3/60mi  
Paul Grant, 756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)  
Meet 9:00am at the Davis Amtrak station to take the train to Suisun. Begin riding back to Davis with a rest stop in Fairfield and lunch at Digger's Deli in Vacaville. There are just a few hills on this ride and the scenery is pretty.

### Regularly Recurring Rides

**RH Phillips First Saturday Brunch\***  
July 5, First Saturday, 10:00am T2/P3/45mi  
Russell Reagan, 530-792-7366 or  
[russell.reagan@gmail.com](mailto:russell.reagan@gmail.com)  
Ride officially starts at the Woodland Nugget parking lot. A lovely ride through rolling hills of northern Yolo County to the R.H. Phillips winery, for their monthly, always delicious, food-wine pairing. For July they are offering Night Harvest Chardonnay paired with savory boneless, grilled skinless chicken breast in Chardonnay sauce on a bed of seasoned pilaf. Price is \$13, or bring your own lunch if you wish. Ride leader will ride from Davis to Woodland before the official ride; check DBC listserv for details. Ride leader may cancel in the event of high temperature forecast of 97F or more.

**Second Saturday Saunter July 12\***  
Second Saturday, 10:00 am T1/P2/10-30 mi  
Dutch Martinich, 530-756-8234 or  
[dmartinich@att.net](mailto:dmartinich@att.net)  
Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bike-way tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

The DBC Board of Directors is interested in learning about your concerns and suggestions in order to better serve our members and plan the club's future. The following questions are of special interest to the board.

A drawing for a free bike fitting at Wheelworks will be held for members who respond and list their name at the end of the survey!

Largest Net Expenses for 2007		Income & Expenses by % of Totals (2007)			
i.e. Expense - Income		Category	% Total Income	% Total Expenses	
Item	Amount	DC	27.0%	18.6%	
Race Teams (Jr & Sr)	\$20,600	Foxy	25.0%	15.3%	
Newsletter	\$11,700	Race Teams	13.1%	24.5%	
Admin	\$5,900	Ultra	10.6%	8.8%	
Philanthropy	\$5,750	Criterium	9.0%	6.3%	
Touring & Jersey Rides	\$4,700	Membership	5.4%	5.5%	(newsletter)
Advocacy	\$3,500	March Madness	4.8%	6.1%	
Insurance	\$1,000	Interest	2.0%	0.0%	
		Philanthropy	0.0%	2.6%	
		Admin	0.0%	2.5%	
		Touring & Jersey Rides	0.0%	2.0%	
		Other	3.1%	8.8%	
			100.0%	101.0%	

In the section at the right, please rate your satisfaction with DBC expenditures listed above...	The DBC spends:	<u>Too Much</u>	<u>About Right</u>	<u>Too Little</u>
	on Administration	_____	_____	_____
	on Communication	_____	_____	_____
	on Philanthropy	_____	_____	_____
	on Race Team	_____	_____	_____
	on Tours & Jersey Rides	_____	_____	_____
Comments:				

6. Please rank your satisfaction with the following:

Disagree      Neutral      Agree

- I am satisfied with the pace of daily/weekend rides. \_\_\_\_\_
- I am satisfied with the timing of daily/weekend rides. \_\_\_\_\_
- I feel safe on daily/weekend rides. \_\_\_\_\_
- I am satisfied with the monthly membership meetings. \_\_\_\_\_
- I am satisfied with the newsletter. \_\_\_\_\_
- I am satisfied with the website. \_\_\_\_\_

Comments:

7. Tours (If you answer No to a particular question, please add a comment explaining why.)

Do you ever go on DBC Tours? \_\_\_\_\_ Yes \_\_\_\_\_ No Why or Why Not?

Are you satisfied with the cost of tours? \_\_\_\_\_ Yes \_\_\_\_\_ No

Are you satisfied with the location of tours? \_\_\_\_\_ Yes \_\_\_\_\_ No

Please suggest possible DBC Tours, including destination, daily distances and number of days

Comments on tours:

8. Would you like more rides originating in locations other than Davis?      Yes      No      No Opinion  
\_\_\_\_\_

9. How far would you be willing to travel to other locations? \_\_\_\_\_.

Please suggest rides the club should offer:

10. Do you have suggestions for increasing volunteerism for DBC events?

11. Are volunteers recognized and appreciated by the club?      Yes      No      No Opinion  
Comments: \_\_\_\_\_

12. Are you satisfied with the current DBC apparel selection?      Yes      No      No Opinion  
Comments: \_\_\_\_\_

13. The cost of a fully catered March Madness Banquet is \$25 - \$30 per person.

Which of the following options would you prefer?

- ☐ Charge the attendees the full cost.
- ☐ The cost should be split between the DBC and members attending the banquet.
- ☐ The banquet should be a potluck with some food purchased by the MM Committee.
- ☐ Have the club cover the full cost of the banquet.

What is your overall satisfaction with the MM Banquet?      Very Satisfied      Neutral      Dissatisfied  
\_\_\_\_\_

14. Does the DBC Board effectively communicate with its members?      Yes      No      No Opinion  
Comments: \_\_\_\_\_

15. What issues would you like the DBC Board to address?

16. To be eligible for the drawing for a free bike fitting at Wheelworks, please enter your name:

Name: \_\_\_\_\_

# Regularly Recurring Rides

Note: Asterisk (\*) rides have a starting location other than Starbucks.  
Consult the ride description for start location.

## "Show & Go" Ride July 13

2nd Sunday, 8:00 am T-varies/P-TBD/TBD mi  
Glenn Mounkes, 530-220-3513 or  
[glenmonk@yahoo.com](mailto:glenmonk@yahoo.com)  
This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

## 3rd Saturday July 19

3rd Saturday, 9:00 am T1-T5/P3-P4/30/40/60 mi  
David Joshel, 510-717-5133 or  
[davidjoshel@hotmail.com](mailto:davidjoshel@hotmail.com)  
Ride to Winters (30), Lake Solano (40) or Canelow (60) Optional coffee/food stop at Steady Eddy's in Winters. With the multiple options available, most riders can find a distance and pace to suit them.

## Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P4-5/30 mi  
Scott Alumbaugh, or  
[sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)  
A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. Start at Lyndell Terrace Starbucks. Ride Leader may have occasional absences, so if he hasn't shown up by shortly after 8:00, the ride proceeds.

## Esparto Tailwinds

Mondays, 8:00 am T1/P3-5/50 mi  
Barry Bolden, 530-297-5123 or  
[boliverb@dcn.org](mailto:boliverb@dcn.org)  
North to Esparto with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

## Mocha Joe's Country Loop

Tuesdays, 7:45 am T1/P3/35 mi  
Paul Grant, 530-756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)  
Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

## Mocha Joe's Country Loop

Tuesdays, 8:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)  
Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

## Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi  
Marilyn Dewey, 530-753-9188 or  
[deweyms@hotmail.com](mailto:deweyms@hotmail.com)  
Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

## Solano Baking Company

Wednesdays, 7:45 am T1/P3/35 mi  
Dan & Sharon Cucinotta, 530-756-1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)  
Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Solano Baking Company

Wednesdays, 8:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)  
Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

## Steady Eddy's

Thursdays, 7:45 am T1/P3/30mi  
Gerry Peterson, 530-756-1254 or  
[gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)  
Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Steady Eddy's

Thursdays, 8:00 am T1/P4-P5/34 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)  
Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

## Early Bird Special\*

Mon Fri, 6:15 am T1/P3/20mi  
Jack Kenward, 530-753-9329 or  
[kenward2@dcn.org](mailto:kenward2@dcn.org)  
Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

## Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi  
Paul Grant, 530-756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)  
Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

## Vacaville Rolling Hills

Fridays, 8:00 am T3/P5/60mi  
Larry Burdick, 530-753-7591 or  
[larryburdick@netzero.net](mailto:larryburdick@netzero.net)  
Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.



## Bike for Habitat For Humanity

From June 20 to August 25, 2008 our own Marlene Hanson will be biking 3600 miles from Seattle, WA to Orchard Park, Maine to raise money for Habitat For Humanity.  
Check her progress at  
<http://marforhabitat.blogspot.com>

# Ride Classifications

Refer to T/P/(distance) on each description title

*Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis.*  
Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

*Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.*

### \* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Canelow)
6. Steep, long grade (Mt. Diablo, Marshall)

### \* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroup every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

# Race Team Results

by Eduardo Avelar

## Race Name

Copperopolis Road Race  
Wente Vineyard Road Race  
Sattley Time Trial (District Champ)

Berkeley Hills Road Race  
Geiger Grade Hill Grade Climb  
Mt Hamilton

Pescadero Road Race  
Dunlap Time Trial  
Berkeley Hills Road Race  
Copperopolis Road Race  
Land Park Crit.

Cherry Pie Crit  
Copperopolis Road Race  
Land Park Crit.  
Cherry Pie Crit  
EBC Crit

Modesto RR  
Golden State Crit  
Friday Night MTB Series - Race #1  
Panoche RR

Golden State Crit  
Golden State Crit  
Dunlap TT  
Crit Championship

NCNCA Junior Road Championships  
NCNCA Junior Road Championships  
Mount Hamilton Road Race  
Memorial Day Criterium  
NCNCA Junior Time Trial Championships  
NCNCA Junior Time Trial Championships  
NCNCA Junior Criterium Championships  
Pescadero Road Race

Dunlap Time Trial  
Golden State Crit  
Dunlap Time Trial  
Pescadero Road Race  
Golden State Crit

Dash For Cash  
Nevada City  
Pescadero Road Race  
District Time Trial  
Mt Hamilton  
Mt Hamilton KOM  
Sierra Nevada Crit

## Category

Masters 4/5  
5  
Tandem 110+

4  
Open  
4  
4  
Jr10-12  
Jr13-14  
Jr

Jr10-18  
Jr10-12  
Master 1/2/3  
Master 45+  
Master 45+

5  
35+ 4/5  
5  
Expert 40+

Jr 15-16  
jr 14-16  
Elite 4  
jr 15 16  
jr 15 16

Juniors 13-14  
Juniors 15-16  
Elite 3  
Juniors 13-14  
Juniors 13-14  
Juniors 15-16  
Juniors 13-14  
Elite 3

Masters 35+ 4/5  
5  
Women 4  
Women 4

3/4  
3  
P/1/2  
P/1/2  
Elite Men  
P/1/2  
P/1/2

Master 35+ 4/5

## Name

Justin Hall  
Justin Hall  
Dan Shadoan  
Craig Robertson

Michael Matiasek  
Michael Matiasek  
Michael Matiasek  
Michael Matiasek

Karch Miller  
Karch Miller  
Karch Miller  
Karch Miller  
Karch Miller

Shawn Miller  
Shawn Miller  
Shawn Miller  
Rod Fernandez  
Rod Fernandez  
Rod Fernandez

Eric Z.  
Cody Tapley  
Cody Tapley  
Cody Tapley  
Cody Tapley  
Cody Tapley

Alexander Freund  
Andreas Freund  
Andreas Freund  
Alexander Freund  
Alexander Freund  
Andreas Freund  
Alexander Freund  
Andreas Freund

Darin Salk  
Darin Salk  
Marianne Hernandez  
Marianne Hernandez  
Michael Pugh  
Michael Pugh

Paul Mach  
Paul Mach  
Paul Mach  
Paul Mach  
Paul Mach  
Paul Mach

John Steggall

## Place

31st  
11th  
1st

8th  
14th  
14th  
8th

4th  
10th  
2nd  
28th  
3rd

DNP  
28th  
40th  
5th  
24th  
Pack

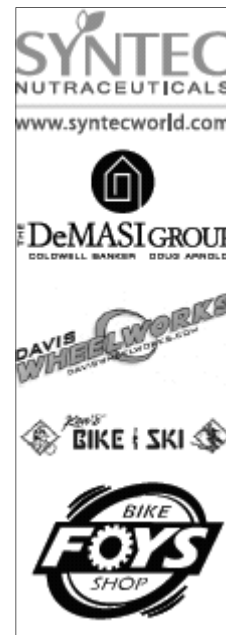
5th  
9TH  
10th  
pack  
13th  
20th

1st  
2nd  
41st  
2nd  
1st  
2nd  
1st  
22nd

25th(4th Cat. 5's)  
Pack  
13th  
21st  
1st  
14th  
7th

34th  
2nd  
1st  
1st  
Pack

## Sponsors of the DBC Race Team



# Touring News and Events

## The Tour Turn

by Bruce Dewey, *Tour Director*

As this is being written, Marilyn and I are in Colorado with our car and bicycles scouting out a Rocky Mountain bike tour for next summer. Here in Boulder we have a spectacular mountain backdrop, with bright sunny days and cool evenings. The prairies are still green and there is still quite a bit of snow on the ground in the high country.

So, is Davis or is Boulder the nation's number one bicycle city? Here are my observations, unbiased of course.

Bicycle infrastructure is easy to observe and easy to measure. You know about the paved trails, bridges, and box culverts all over Davis that have been built over the years. Here in Boulder, the trail system started modestly with a half-mile-paved multiuse path about 25 years ago. This path, which was started along Boulder Creek where it runs through downtown, now has been extended out into the eastern rural area. More recently, many new multiuse graveled trails have been built on the public lands ringing the several reservoirs around here. Such paths are good for hikes with children and good for beginning fat-tire cyclists. The county roads where the cyclists who wear helmets and lycra ride, have excellent paving and three-to-four-foot wide shoulders. West of Boulder are literally hundreds of miles of national forest "4-wheel drive" roads for great mountain biking.

Now, here are some more subjective differences. We've done some training rides on these good roads. However, there seems to be some cultural situation between the serious cyclists and the general populace. This situation seems to build camaraderie among the other cyclists we passed—everyone waved. At home, passing cyclists seem much less friendly—something we in DBC should work on. In any event, this is a great place for training with its altitude and variety of terrain. And there are lots of good riders around here.

Both Davis and Boulder have outstanding universities. The Boulder campus has very attractive sandstone buildings with red tile roofs. However, the quantity and quality of the bike paths and bike storage at UCD blows out CU. Mobs of cycling students are just not seen here. I daresay Davis has twice the bicycle travel with half the population of Boulder. Furthermore, Boulder is also handicapped by hilly terrain and a half a year of cold and snow.

Boulder's bike-to-work day is coming up with some excellent promotion. Eight high profile sponsors have contributed a lot of goodies for a big drawing. Awards include a Yeti cyclocross bike, concert tickets, Rockies tickets, messenger bags, and other neat stuff. Miles are not being counted, just participation.

We saw an out-of-focus picture in the newspaper documenting a special event we just missed. On Saturday afternoon, June 14, sixty naked or partially naked cyclists took part in the Naked Bike Ride in downtown Boulder. The stated purpose of this ride was to call attention to the world-wide over-consumption of oil.

So is Boulder number one? If it's mountain biking, no comparison. If it's multi-use gravel paths that go nowhere, probably so. If it's varied terrain for road bike training, probably so. If it's county roads with excellent pavement quality, probably so. If it's paved bike paths for getting around town, definitely not. If it's the amount of general bicycle commuting, definitely not. So I give Boulder the edge for recreational cycling and Davis the edge for everyday cycling. Maybe it's like they say: Boulder is a great place to visit.

PS. Your humble columnist is going on vacation; so don't be disappointed when you find no *Tour Turn* in your next newsletter.

Four-story Bicycle Garage, Amsterdam, Holland. Capacity, 10,000 bikes!



This garage is located next to the "Central Station," the main train station in Amsterdam. Amsterdam has several colleges and universities and students cannot afford to live in the city itself. Consequently, they live in the outskirts and take the train into town. There, they retrieve their bike and head off into town. At the end of the day, they reverse the process.

How they are able to find their bike is amazing in itself. Dutch bikes are essentially the same; heavy black, ugly, bikes that are very utilitarian in appearance. I did notice some bikes had an identifying tassel or flag, but most of the 10,000 all looked the same and were stacked close together.

Amsterdam is a city of 750,000 and has a reported 1 million bikes. I don't think this is hyperbole; you absolutely could not look anywhere in Amsterdam at any time and not see multiple bicycles. Some of the bikes you saw had prezeled wheels and both tires flat. Obviously, they had been abandoned, which explains why there are literally more bikes than people there.

(Ed. Thanks to Phil Coleman for this picture and narrative. We'll take the Garage, but pass on the 10,000 look-alike bikes.)

## Member Contributed

I am a resident of "Bike Friendly" Davis and live near the South Davis Putah Creek greenbelt and nearby pathways. Along with many others, my wife and I use these pathways almost daily to walk our dog(s) since 1978.

Those who bike these same paths include elementary kids to UCD students and adults. The problem is one of courtesy and safety between cyclists and pedestrians when the cyclist approaches from behind the pedestrian. Without any warning or indication, the silently approaching cyclists "whoosh" past on either side of those walking, many travelling a very high rate of speed. It is only rarely that a biker will warn us of their approaching from behind.

First, it is dangerous as the walker does not hear anything from behind and may inadvertently turn into the cyclist. It is quite startling and gives one quite a shock. Secondly, dogs are not aware of the cyclists approaching from behind and may move into the cyclist's path injuring the dog and/or the cyclists.

What is the remedy? Simple, all the cyclist has to do is give a loud verbal warning they are approaching, such as, "on your left or on your right", or an audible warning with a bell or horn. I too, use the pathways as a cyclist but I always alert the walker of my approach from behind. Using simple courteous rules will allow all bikers, runners, walkers, and baby stroller pushers to enjoy our great greenbelts and pathways.

A great article was published in the Sacramento Bee, Monday April 21, 2008, by Tony Bizjak, titled "On foot vs. on bike on the river trail", which discusses a tutorial on trail rules and etiquette along the American River Parkway

Thanks!  
Terry Cook



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*Davis Bike Club  
610 Third Street  
Davis, CA 95616*

# Changing Gears

*DBC Membership Card*

*Non-expired date and this card signify the above person and/or family is a member in good standing of the Davis Bike Club.*