

Changing Gears

Newsletter of the *Davis Bike Club*

April 2008

Meetings

Membership Meeting

Monday, Apr 7 @ 7pm
Davis Branch Library
Blanchard Room
315 E. 14th Street

Please park bikes outside.
Refreshments & door prizes!

Board Meeting

Monday, Apr 14 @ 7pm
Davis Food Coop
Conference Room
620 G Street

All members welcome

Race Team Meeting

To be determined

Welcome New Members!

Nathan Anderson
David Huang
Janet Ilkiw
Cristine Joshel
Jack Kerin
Nancy Knofler
Masayoshi Kobayashi
Elizabeth Lindemann
Kevin Lowe
Martin Lyons
Andrew Mangney
Bob Michael
Chris Morales
Trenton Pitts
Doug Rowland
Michael Shields
Marla Stuart
Robin Van Valkenburgh

Davis Bike Club
DAVIS CALIFORNIA

Davis Bike Club

c/o B&L Bike Shop
610 3rd Street
Davis, CA 95616

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info@davisbikeclub.org

www.davisbikeclub.org

2008 Jersey Rides

by *Bruce Dewey & Cary Thompson*

FOLLOWING IS A LIST OF DBC JERSEY RIDES FOR THE REMAINDER OF 2008:

April 12	Mullholland Double Century	July 12	Death Ride
April 19	Tierra Bella Century		
April 19	Bike Around the Buttes	August 2	Marin Century
April 20	Primavera Century	August 2	Mt. Tam Double Century
April 26	Devil Mountain Double Century	August 3	Shasta Century
April 26	SLO Wildflower Century	August 16	Holstein Hundred
		August 17	Tour of Napa Valley
May 4	Grizzly Peak Century	August 17	Tour d'Organics - Sebastopol
May 4	Delta Century		
May 4	Shasta Wheelmen Jamboree	September 20	Knoxville Fall Classic Double Century
May 10	Central Coast Century	September 20	Unknown Coast Weekend
May 10	Tour of the Unknown Coast	September 27	Two Forests Double Century
May 10	Fresno Cycling Festival		
May 18	Foothills Century		
May 23-26	Great Western Bike Rally	October 4	BORP Revolution Century
May 24	Heartbreak Double Century	October 11	Bass Lake Powerhouse Double Century
May 31	Ojai Valley Century	October 25	Death Valley Fall Double Century
June 1	Sequoia Century		
June 1	Ride for Humanity Bike-a-Thon	November 1	Borrego Double Century
June 7	Sierra Century		
June 7	Eastern Sierra Double Century		
June 2	Terrible Two		
June 21	Summer Solstice Century		
June 28	Grand Tour Malibu		
June 28	Climb to Kaiser		



Changing Gears is printed on 30% post-consumer recycled paper, using soy-based ink, at a local offset press.

Changing Gears is the monthly newsletter of the Davis Bike Club. It is mailed first class to all current members. Past editions are available online at www.davisbikeclub.org/Newsletters/pdf.

Subscriptions

Direct questions regarding subscriptions to the membership director at dbcmembership@gmail.com, info@davisbikeclub.org, or via the Davis Bike Club Hotline, 756.0186.

Change of Address

Moving? Please let us know via snail-mail c/o B&L Bike Shop, or email to dbcmembership@gmail.com.

Contributions

Contributions are welcome. Please send to dbcnewsletter@gmail.com. Submissions are due by the 15th of the month prior to publication.

Article Guidelines

Articles should be 750 words or preferably, shorter. All submissions are subject to editing for grammar, style, and length. Early submissions get priority.

Photo Guidelines

Photographs should be in electronic form and be print resolution – i.e., 300dpi and measure 200 pixels (minimum) on the largest side. Please also provide a caption.

Monthly Ride Schedule

Submissions are due by the 15th of the month prior to publication. Please email submissions to dbcridecal@gmail.com. Ride schedules are available online at www.davisbikeclub.org/RideSchedules/pdf.

Ride Calendar Coordinator

John Seabury
758.3878
dbcridecal@gmail.com

Photo Supplement

gallery.dbcnewsletter.org/v/02_07/




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April Membership Meeting

by **Karen Baker**
Vice President

WE ARE EXTREMELY FORTUNATE to have Myke Berna, bike mechanic extraordinaire, at our April 7 meeting to answer your questions about on-the-road repairs. Many of you already know Myke's work as a team mechanic on the Toyota-United Pro-Cycling Team, and as the owner of Velo City Bicycle Center in Winters. He has an extensive background in bicycle mechanics and is ready to answer all your questions about what to do when your bike gets squeaky, nasty, or nutty on the road.

I posted a query on the listserv in March to get your questions in advance so Myke could organize his presentation efficiently. So far, I've got some good ones: What tools should we carry in our little bike bags? How do you tighten a cassette on the road? Adjust a shifter? And many more ...

Since I will be out of town, Steve Kahn (DBC Philanthropy Director) has graciously volunteered to host the meeting. As always we'll have the fabulous raffle, tasty cookies and coffee. The meeting takes place Monday, April 7th, at 7pm in the Blanchard Room of the Davis Branch Library. 



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APRIL 2008 RIDE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Mar 30</i>	<i>Mar 31</i> • Early Bird Special • Esparto Tailwinds	¹ • Mocha Joe's Country Loop	² • Solano Baking Co. • Women's Wednesday	³ • Steady Eddy's • Winters Dinner	⁴ • Early Bird Special • Vacaville Rolling Hills	⁵ • RH Phillips First Saturday Brunch • Coffee and a Roll
⁶	⁷ • Early Bird Special • Esparto Tailwinds	⁸ • Mocha Joe's Country Loop	⁹ • Solano Baking Co. • Women's Wednesday	¹⁰ • Steady Eddy's • Winters Dinner	¹¹ • Early Bird Special • Vacaville Rolling Hills	¹² • Second Saturday Saunter* • Coffee and a Roll
• Show and Go ¹³	¹⁴ • Early Bird Special • Esparto Tailwinds	¹⁵ • Mocha Joe's Country Loop	¹⁶ • Solano Baking Co. • Women's Wednesday	¹⁷ • Steady Eddy's • Winters Dinner	¹⁸ • Early Bird Special • Vacaville Rolling Hills • Foothills Tour*	¹⁹ • Third Saturday • Coffee and a Roll
²⁰	²¹ • Early Bird Special • Esparto Tailwinds	²² • Mocha Joe's Country Loop	²³ • Solano Baking Co. • Women's Wednesday	²⁴ • Steady Eddy's • Winters Dinner	²⁵ • Early Bird Special • Vacaville Rolling Hills	²⁶ • Lake Solano Loop • Coffee and a Roll
²⁷	²⁸ • Early Bird Special • Esparto Tailwinds	²⁹ • Mocha Joe's Country Loop	³⁰ • Solano Baking Co. • Women's Wednesday	<i>May 1</i> • Steady Eddy's • Winters Dinner	<i>May 2</i> • Early Bird Special • Vacaville Rolling Hills	<i>May 3</i> • Coffee and a Roll

Ride Classifications *(refer to terrain (T) and pace (P) ride notations in ride descriptions)*

Terrain			Pace		
Rating	Terrain	Example	Rating	Pace (mph)	Notes
T1	Flat	Davis to Woodland or Sacramento	P1	10 or less	Relaxed; family and kids; regroup often
T2	Easy, gentle grades	Road 29 at Highway 113 Overpass	P2	9 - 12	Tourist riding; stops/regroups as needed
T3	Rolling hills	English Hills; Pleasants Valley Road	P3	12 - 16	Moderate; solid riders; regroup @ 45 min.
T4	Rolling to mod. hills	Lake Solano; Monticello Dam	P4	16 - 18	Brisk; experienced riders; no obligation to wait
T5	Moderate grades	Cantelow; Cardiac	P5	18 - 21	Fast; strong riders; few stops; no waiting
T6	Steep, long grades	Mount Diablo; Marshall Grade	P6	21 +	Strenuous, very fast; very strong riders

General Ride Information

- **Helmets are required** on all Davis Bike Club rides.
- **All rides begin at Starbucks** (2038 Lyndell Terrace, east of Sutter Davis Hospital), unless otherwise specified. Rides starting elsewhere will be noted in the ride description. The ride leader is responsible for coordinating transportation to the starting point, if necessary.
- **Rain is bad, and will cancel any ride** unless otherwise noted in the ride description. If in doubt, contact the ride leader.
- Announced ride time is the time at which the ride starts. **Come early** to prep your bike, sign in and get maps or pre-ride instructions.
- **Pace** is based on condition of level ground with no wind.

Ride Start Locations

Davis Locations

- **Starbucks**
East of Sutter Davis Hospital (near Highway 113 & Covell)
- **Davis Amtrak Station**
2nd Street, east of G Street
- **Davis Park n' Ride**
Mace Boulevard & CR 32A
- **Sutter Davis Hospital**
100 yards north of Union 76
- **Veterans' Memorial Center**
203 E. 14th Street (at B Street)
- **Wheelworks**
247 F Street (at 3rd Street)

Out of Town Locations

- **Putah Creek Cafe**
Main Street & Railroad Avenue, Winters
- **Winters Park n' Ride**
Main Street & Railroad Avenue, Winters
- **Woodland Nugget**
168 Court Street, Woodland
- **Auburn Starbucks**
392 Elm Avenue, Auburn

April DBC Rides

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

Recurring Rides

Ed Martin Memorial Weekday Morning Ride Series

Mondays

Esparto Tailwinds

9:00am ~ T1/P3-5 ~ 50 miles
Barry Bolden, 297.5123 or
boliverb@dcn.org

Ride north to Esparto, with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

Tuesdays

Mocha Joe's Country Loop

8:45am ~ T1/P3 ~ 35 miles
Paul Grant, 756.7813 or
pwgrant@mac.com

9:00am ~ T1/P4-5 ~ 39 miles
Phil Coleman, 756.4885 or
pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Wednesdays

Solano Baking Company

8:45am ~ T1/P3 ~ 35 miles
Dan & Sharon Cucinotta, 756.1711 or
scucher@comcast.net

9:00am ~ T1/P4-5 ~ 39 miles
Phil Coleman, 756.4885 or
pkcoleman@comcast.net

Ride south to Dixon, past orchards and fields, and relax at Solano Baking Company in Dixon before returning to Davis.

Thursdays

Steady Eddy's

8:45am ~ T1/P3 ~ 30 miles
Gerry Peterson, 756.1254 or
gnjpetero856@juno.com

9:00am ~ T1/P4-5 ~ 34 miles
Phil Coleman, 756.4885 or
pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Fridays

Vacaville Rolling Hills

9:00am ~ T3/P5 ~ 60 miles
Larry Burdick, 753.7591 or
larryburdick@netzero.net

Ride with "The Legend" through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Café.

Weekly/Bi-weekly

Early Bird Special*

Mondays and Fridays
6:15am ~ T1/P3 ~ 20 miles
Jack Kenward, 753.9329 or
kenward2@dcn.org

Meet on the Russell Boulevard bike path between Arlington and Lake Boulevards. Rain does not cancel this ride.

Women's Wednesdays*

Wednesdays
9:00am ~ T1/P3 ~ 20-30 miles
Marilyn Dewey, 753.9188 or
deweyms@hotmail.com

Meet in front of Wheelworks, 3rd & F Streets, for an easy one to two hour ride to improve skills and fitness in a low-key, fun environment.

Winters Dinner Ride*

Thursdays
6:00pm ~ T1/P3 ~ 30 miles
Paul Grant, 756.7813 or
pwgrant@mac.com

Meet on the Russell Boulevard bike path at Lake Boulevard. Remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

Coffee and a Roll

Saturdays
8:00am ~ T1/P4-5 ~ 35 miles
Scott Alumbaugh, 204.8481 or
sea@seadogdesigns.com

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmers Market. Ride leader may have occasional absences, so if he hasn't shown up by 8:05, the ride proceeds.

Monthly

RH Phillips First Saturday Brunch*

Saturday, April 5
10:00am ~ T2/P3 ~ 45 miles
Anne Huber, 758.8115 or
ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website. The ride leader may also post it on the DBC listserv. The food plus wine pairing is always delicious. Price is \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) will be announced on the listserv.

Second Saturday Saunter*

Saturday, April 12
10:00am ~ T1/P2 ~ 10-30 miles
Dutch Martinich, 756.8234 or
dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veterans' Memorial at 14th and B Streets. This is a ride for people who like to look at the scenery, smell the flowers, and socialize. This is a good ride for those new to cycling, new to the club and would like to know how they would fit in, and for those who just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride, and even a pub ride. Spandex and carbon-fiber not required.

Show and Go

Sunday, April 13
8:00am ~ Terrain, Pace, & Distance TBD
Glenn Mounkes, 220.3513 or
glenmonk@yahoo.com

This ride varies: route, distance and pace will be determined at the start by the group. The ride leader will lobby for wind and/or hills.

Third Saturday Ride

Saturday, April 19
9:00am ~ T1-5/P3-4 ~ 30/40/60 miles
David Joshel, 510.7175133 (c), 756.7409 (h)
or davidjoshel@hotmail.com

Ride to Winters (30 miles), Lake Solano (40 miles) or Cantelow (60 miles). Optional coffee/food stop at Steady Eddy's in Winters. With the multiple options available, most riders can find a distance and pace to suit them.

APRIL DBC Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

Non-Recurring Rides

Lake Solano Loop

Saturday, April 26
9:00am ~ T1-3/P3 ~ 45 miles
Julie Sly, 916.201.2790 or
Juliesly@aol.com

Ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.

Foothills Tour*

Friday-Sunday, April 18-20
T4/P3 ~ 100 miles each way
Chris Lupo & Jennifer Epp,
Jennifer@LupoEpp.org

A Davis Bike Club classic tour—ride from Davis to Nevada City on Friday via the American River Parkway and Folsom-Auburn Road, lounge around or ride on Saturday, return to Davis on Sunday. Contact the ride leaders for details.



R.H. Phillips ride, Road 14, Dunnigan Hills

Jersey Rides

Davis Bike Club partially reimburses members who participate in designated Jersey Rides (see list below). To apply, send an email within 72 hours after finishing a Jersey Ride to dbcjerseyride@gmail.com stating:

- your name and address
- name of the Jersey Ride
- mileage ridden
- amount paid for registration

In October of each year, the funds available for Jersey Ride support will be rationally distributed to the participants. Continuous club membership for the entire year is required.

Ride for Humanity Bike-a-Thon

Habitat for Humanity welcomes the riders of Davis to the 2nd annual Ride for Humanity bike-a-thon! Please help the students of UC Davis H4H fulfill their goal of raising \$150,000 to fund their own home. They will be hosting their bike-a-thon on Sunday, June 1st. Participants will be biking from Davis to Winters on a 32-mile bike ride accompanied with lunch, live entertainment and more! Registration has already begun at www.active.com (search for "habitat davis").

Note: This is a DBC Jersey Ride

Volunteers Needed for the Davis Double Century

The Davis Double is being held on May 17, 2008. If you aren't riding the DC this year, how about joining the team of volunteers that help make this ride another highly successful DBC event? Let us know if you want to help at a rest stop, drive a sag, help at Start/Finish, help at check in, assist with first aid, be a corner marshal, or help serve dinner at the finish. There is a spot for YOU! Contact Robin Neuman at roknrobin2@aol.com.



Selected March Madness Photos



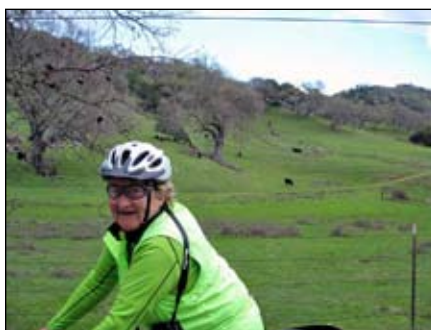
Paul Guttenberg out for a midnight spin on March 1



Banner March Madness start by Dean Albright & Karen Baker



Alan Hill and Dave Joshel heading for Winters



Jean Jackman in Pope Valley



The Legend prepares for the Folsom Lunch ride



Ant's view of Ed Henn and his recumbent, on Road 101A



Rescued kitty getting a ride on the back of Gerry Peterson's recumbent

Selected March Madness Photos



Glenn Mounkes has a derailleur incident

DBC goes all out for MM comfort touches — Darell Dickey takes five on Tremont on the way home from Vacaville



Steve Macaulay (remembering he isn't newsletter editor), John Seabury, and Jim Skeen at Karen's Bakery, Folsom.



Dan Barcellos, Glenn Mounkes (pre-derailleur incident), and Barry Bolden climb to the end of Road 23

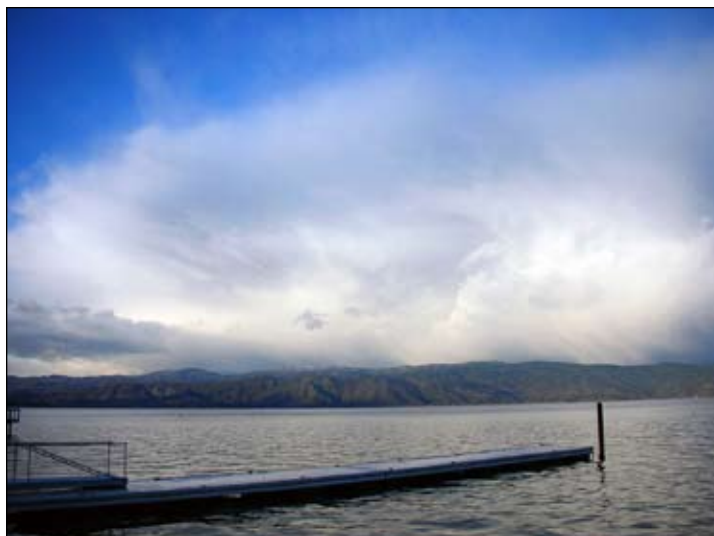


Riding in 40 mph winds after a pancake breakfast is TOUGH!



Resting at the Coffee Barn in Esparto

Selected March Madness Photos



Clearing clouds over Clear Lake



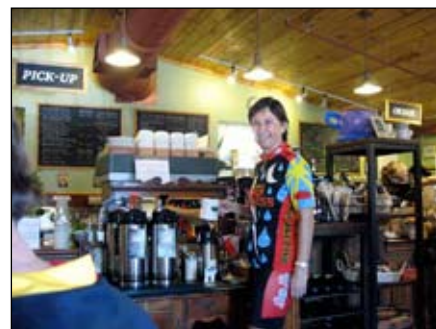
Wonderful Winters



*Steve Kahn — Mr. Clean or
WWF Smackdown champ?*



*Lee Mitchell and Russell Reagan
at Moskowitz*



Diane Richter at Steady Eddy's



*Oak, vineyard, and wild mustard
Lower Chiles Valley Road, 200K brevet*



Rich and Liz Boettner on the Clear lake Tour

Race Team Results

by Eduardo Avelar

Club Email List

Subscribe
dbc-subscribe@dbclist.org

Send to all subscribers
dbc@dbclist.org

Remove from list
dbc-unsubscribe@dbclist.org

If you have multiple email accounts, use your subscription address to unsubscribe or send messages to the list.

Club Discounts

Flash your DBC membership card for a discount at these local and Bay Area bike shops ...



... or take advantage of the Repeat Customer Rewards program at



Race Team Sponsors

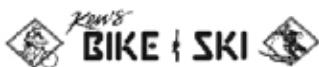
The Davis Bike Club Race Team is thankful for the generous contributions of our local sponsors:



www.syntecworld.com



THE DeMASI GROUP
 COLDWELL BANKER DOUG ARNOLD



Race Name	Category	Name	Place
Cantua Creek	3	James Wingert	8th
Cantua Creek	Master 35+ 4/5	Lee Millon	2nd
Cantua Creek	Jrs.	Alexander Freunds	3rd
Cantua Creek	Jrs.	Andreas Freunds	1st
Cantua Creek	Masters 45+	Roland Freunds	16th
Pine Flat	3	James Wingert	5th
Pine Flat	3	Andreas Freunds	17th
Pine Flat	3	Roland Freunds	19th
Stanford Road Race	A	Paul Mach	1st
Merco Foothills Road Race	2	Paul Mach	4th
Merco Foothills Road Race	2	Judd Van Sickle	9th
Merco Foothills Road Race	Masters 35+ 4	Derek Byrne	54th
Merco Foothills Road Race	Masters 35+ 4	Lee Millon	45th
Merco Foothills Road Race	Women 3/4	Amy Encalada	7th
Merco Foothills GP	2	Judd Van Sickle	12th
Merco Foothills GP	Women 1/2/3/4	Amy Encalada	2nd in 3's
Merco Foothills Gp	Women 3/4	Amy Encalada	5th
Valley of the Sun Stage Race G.C.	2	Judd Van Sickle	66th
Valley of the Sun Stage Race G.C.	2	Paul Mach	7th
Valley of the Sun Stage Race G.C.	4	Derek Byrne	51st
Valley of the Sun Stage Race Crit.	2	Judd Van Sickle	3rd
Valley of the Sun Stage Race Crit.	4	Derek Byrne	57th
Valley of the Sun Stage Race Road Race	4	Derek Byrne	64th
Valley of the Sun Stage Race I.T.T.	2	Paul Mach	6th
Valley of the Sun Stage Race I.T.T.	4	Derek Byrne	39th
UCLA Road Race	A	Paul Mach	1st
UCLA Time Trial	A	Paul Mach	1st
Merced Crit	P/1/2	Judd Van Sickle	25th
Snelling Road Race	P/1/2	Judd Van Sickle	7th
Snelling Road Race	Masters 35+ 4/5	Derek Byrne	13th
Snelling Road Race	Masters 35+ 4/5	Lee Millon	19th
Snelling Road Race	Masters 35+ 4/5	Will Brieger	17th
Snelling Road Race	Masters 35+ 4/5	John Steggall	1st
Snelling Road Race	Masters 35+ 4/5	Patrick Turner	11th
Snelling Road Race	Masters 35+ 4/5	Joaquin Feliciano	20th
Snelling Road Race	5	Darin Salk	27th
Snelling Road Race	5	Michael Matiasek	13th
Snelling Road Race	Jrs. 13-14	Alexander Freunds	1st
Snelling Road Race	Jrs. 15-16	Andreas Freunds	1st
Snelling Road Race		Amy Encalada	9th
Cherry Pie Crit.	P/1/2	Judd Van Sickle	13th
Cherry Pie Crit.	Masters 45+	Lee Millon	48th
Cherry Pie Crit.	5	Michael Matiasek	9th
Cherry Pie Crit.	Jr. 10-12	Karch Miller	3rd
Cherry Pie Crit.	Masters 45+	Shawn Miller	40th
Dinuba	Masters 35+ 4/5	Lee Millon	30th
Berkeley TTT	4 Rider Open	Darin Salk	17th
		Rod Fernandez	
		Mark Hockridge	
		Jason Snovat	
Berkeley TTT	90+ Combined Age	Will Brieger	14th
		Lee Millon	
Berkeley TTT	5	Michael Matiasek	6th
		Joaquin Feliciano	
Berkeley TTT	70+ Combined Age	Patrick Turner	14th
		Justin Hall	
Berkeley TTT	3/4	Andreas Freunds	3rd
		Roland Freunds	
ABA Silver Dollar Nationals	Nat'l #1 9-10 Open Expert	Karch Miller	6th
	Nat'l #2 9-10 Open Expert	Karch Miller	4th
MTB Challenge #2	40-49	Shawn Miller	6th
MTB Challenge #2	30-39 Novice	Janice Pfeiff	1st
Norlund corporate crit	Women 3/4	Amy Encalada	6th
Norlund corporate crit	Women 1/2/3	Amy Encalada	19th

The Tour Turn

by **Bruce Dewey**
Tour Director

IT'S APRIL and time for planning your summer vacation. Naturally, you'll want to go bicycling. You could rent a bike when you get there or you could take yours along.

Many commercial tours have rental bikes available, sparing you the hassle of transporting yours. The downside of course is that their bikes are often heavy and may not fit you well. You know, tours with bikes furnished usually are for folks who have bicycled very little. Many of us would find such riding less fun. The "good" tours can be identified by the requirement of having your own bike. And DBC tours are "good."

So, you also might consider renting a bike. Inexplicably, bikes generally rent for more than cars do. The Australian couple we met in France last fall had rented bikes that turned out to be 26lb cruisers—the best the shop in Avignon had. They really regretted leaving their good road bikes back home and were interested in how easily we transported ours.

When you take your bike by car, try to put it inside. Besides increasing chances of theft and damage, a car-top carrier will reduce your gas mileage significantly. For our minivan the typical trip mileage of 25 mpg is reduced to 18 mpg with two bikes on a car-top carrier. With small SUVs and wagons, remove the front wheels and put your bikes diagonally in the back area. Secure them with bungee cords.

Trains are generally bicycle friendly. On the Capitol Corridor (and BART, too) just roll the bikes on. The station



agents and conductors are almost always cooperative. The long distance Amtrak trains, namely the Coast Starlight and the California Zephyr, require the bikes in boxes as checked luggage. You buy a box and pay transportation (\$13 total) to put the bike in the baggage car. The Amtrak boxes are large enough that all you have to do is take the pedals off and turn the bars 90 degrees before rolling your bike in. Put the chain on the largest cogs to protect the rear derailleur. The wheels and the saddle protect the bike quite well. We've done dozens of Amtrak trips with no damage. John Murphy, the local Amtrak agent, is very helpful with any questions and concerns.

Germany, Austria, and Italy seem to be Europe's best with special cars for bikes on many trains. In France, we found you need to put your bike in a sort of ski rack on the few trains that permit bikes. French TGVs require the bikes to be carried in a special bag with the front wheel detached. Swiss trains use these same bags. The German railway website, www.bahn.de (English available), is a great resource for all European trains.


Bay Area ferries welcome you to roll your bike on. Other ferries we have used include those in Washington, Wisconsin, British Columbia, Austria, Holland, and Denmark. We never had any extra charge or hassle with our bikes.

Finally, airlines equal pandemonium. In Edmonton, Air Canada gave us large plastic bags that required no disassembly and charged nothing extra. And we have gotten Amtrak-type bike boxes at the airport in Sacramento, but paid \$50 per bike.

For bike transportation, we have been charged as much as \$150, or nothing—depending on luck. For the record, the DBC tour to France in September is supposed to pay \$150 each way for bicycles in boxes (or bike cases) weighing a maximum of 50 pounds. I'm hoping that the Air France gate agents will use their discretion not to charge this because of our charm and friendliness.

Bike Friday cases look like ordinary luggage, and shouldn't be charged extra. Our new Ritchey Break-Away bike cases are exactly the maximum permitted size and 15 pounds lighter than Trico cases. We haven't tried yet. However, the airlines say they charge extra for bicycles.

Consider FedEx or UPS, where shipping costs about half what airlines charge. Our local bike shops have been very helpful with providing cardboard boxes and shipping pickup. Mechanically challenged folks can ship from bike store to bike store, including disassembly and reassembly.

So have a great vacation. Don't forget your bike, 

Davis Bike Club Tours 2008

April 18-20	Foothills Tour – Nevada City Chris Lupo and Jennifer Epp Jennifer@LupoEpp.org
July 26-Aug 3	Oregon Coast and Cascades Stu Bresnick and Steve Kahn hfhstu@omsoft.com
August 3-10	Mammoth Lake Paul Meredith pmeredith@sbcglobal.net
September 2-6	Tour de Bakery – Wine Country Stu Bresnick and Steve Kahn hfhstu@omsoft.com
September 6-27	Tour de Provence – France Bruce and Marilyn Dewey deweyms@hotmail.com

Official Use Only

DAVIS BIKE CLUB MEMBERSHIP APPLICATION

Exp: _____
Pd: _____
Check #: _____
Entered: _____



Step 1: Fill out form completely.
Step 2: Sign where indicated.
Step 3: Make checks payable to Davis Bike Club and return completed form to:
 DBC Membership, c/o B&L Bike Shop, 610 Third St., Davis CA 95616

Name for mailing label: _____
 Address: _____ City _____ State _____ ZIP _____
 Telephone (____) _____ - _____ E-mail _____

If you wish to be added to the DBC email list please visit our website www.DavisBikeClub.org

Action Type	<input type="checkbox"/> New Member	Basic Membership, 1 year..... <input type="checkbox"/> \$20.00 single or <input type="checkbox"/> \$30.00 family	\$ _____
	<input type="checkbox"/> Renewal	Basic Membership, 3 years..... <input type="checkbox"/> \$50.00 single or <input type="checkbox"/> \$75.00 family	
	<input type="checkbox"/> Address Change	Basic Membership, 5 years..... <input type="checkbox"/> \$80.00 single or <input type="checkbox"/> \$120.00 family	
		Race Team add-on... <input type="checkbox"/> \$20.00 per racer per year	\$ _____
		<input type="checkbox"/> Aggie Cycling Team (no race team fee) OR... <input type="checkbox"/> Junior Race Team (no race team fee)	
TOTAL AMOUNT DUE			\$ _____

ALL adult members must sign release; parent or guardian signature required for members under age 18.

Your signature indicates that you have read, understand and agree to all of the conditions set forth in the Accident Waiver and Release of Liability statement below.

Name _____	Age _____	Signature _____	Racer? <input type="checkbox"/>	Date _____
Name _____	Age _____	Signature _____	Racer? <input type="checkbox"/>	Date _____
Minor's Name _____	Age _____	Parent/Guardian Signature _____	Racer? <input type="checkbox"/>	Date _____
Minor's Name _____	Age _____	Parent/Guardian Signature _____	Racer? <input type="checkbox"/>	Date _____

ACCIDENT WAIVER AND RELEASE OF LIABILITY

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: Davis Bike Club, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand its content.

Parent Guardian Waiver for Minors (Under 18 years old)

The above signed parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parent or legal guardian.

Helmets are required on all club rides.



Incomplete applications will be returned unprocessed. Please allow up to 6 weeks for processing.



Revised 03-26-2006

The Davis Bike Club is a volunteer organization. The club has many activities that require member assistance during the year. Your volunteered time helps make these projects successful. Please indicate if you would be interested in helping with any of the following club activities and events:

<input type="checkbox"/> Leading local club rides	<input type="checkbox"/> Organizing/leading club tours	<input type="checkbox"/> Serving as a Board Member	<input type="checkbox"/> Other - Contact me for general help
<input type="checkbox"/> March Madness	<input type="checkbox"/> Double Century	<input type="checkbox"/> Foxy's Fall Century	<input type="checkbox"/> Fourth of July Criterium
<input type="checkbox"/> Dunlap Memorial Time Trial			

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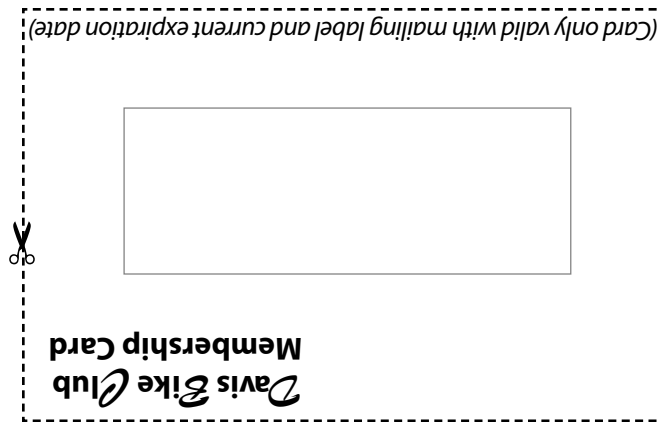
- pg 1 2008 jersey Rides
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Thanks to our Ride Leaders!

- Dean Albright
- Scott Alumbaugh
- Barry Bolden
- Larry Burdick
- Phil Coleman
- Dan & Sharon Cucinotta
- Marilyn Dewey
- Paul Grant
- Anne Huber
- David Joshel
- Jack Kenward
- Glenn Mounkes
- Gerry Peterson
- Julie Sly

Thanks to DBC's 2008 March Madness Sponsors

VeloCity Bicycle Center
 Tandem Properties
 Ellison, Schneider & Harris LLP Attorneys-at-Law
 Davis Wheelworks
 Morse Remodeling
 Ken's Bike & Ski
 Buckhorn Steak & Roadhouse
 Freewheeler Bicycle Center
 Steady Eddy's Coffee House & Juice Bar



First Class

Davis Bike Club
 c/o B&L Bike Shop
 610 3rd Street
 Davis, CA 95616