

# Changing Gears

Newsletter of the *Davis Bike Club*

February 2008

## Meetings

### Membership Meeting

Monday, Feb 4 @ 7pm  
Davis Branch Library  
Blanchard Room  
315 E. 14th Street

Please park bikes outside.  
Refreshments & door prizes!

### Board Meeting

Monday, Feb 11 @ 7pm

Davis Food Coop  
Conference Room  
620 G Street

All members welcome

### Race Team Meeting

To be determined

## Welcome New Members!

Gregory Anderson  
James Arinno  
Don Beno  
Marc-Anthony Cinder  
Daniel Evans  
Mark Hockridge  
Mike Pugh  
Justin Reginato  
Hal Sloanne

**Davis Bike Club**  
DAVIS CALIFORNIA

Davis Bike Club  
c/o B&L Bike Shop  
610 3rd Street  
Davis, CA 95616

530.756.0186  
[info@davisbikeclub.org](mailto:info@davisbikeclub.org)  
[www.davisbikeclub.org](http://www.davisbikeclub.org)

## Prez Sez

by *Dan Shadoan*  
President

WHEN YOU READ this month's newsletter you will realize that things are really popping around the DBC camp.

First and foremost, the new board held its initial meeting of 2008. What a group of individuals—dedicated cyclists and dedicated to the future of cycling. Each and every director has new ideas for 2008 and/or unfinished plans from 2007.


Vice President Karen Baker began the year in a perfect way by inviting the City of Davis' new Bicycle and Pedestrian Coordinator to speak to the first general meeting for 2008. What a delightful, knowledgeable individual is Tara Goddard. Her presentation touched on all aspects of her new position at the City. She answered questions from the group in the expert manner of an ardently aware transportation planner, as well as an interested cyclist, rather than the typical shrug of an ensconced bureaucrat. A day or two later she continued her attention to DBC members' concerns about cycling in Davis by emailing answers to many questions she received after the meeting. The club looks forward to the future of cycling in Davis with Tara leading the hearts and minds at Public Works.

Race Team Director, Robin Rolles, new to the board this year, has taken charge of an

800 pound gorilla. Membership in the team has doubled in just one year. Not only are the Elite and Junior teams returning to fully populated levels, but the Masters racers are dominating the team membership rolls. Jason Eiserich and Steve Wick are Robin's support in their roles as Assistant Director and Elite & Junior Race Team Coordinator, respectively.

Ultra distance for 2008 is firmly in the hands of DBC's own ultra-distance cyclist Paul Guttenberg, with a schedule for spring brevets already published. A small "bird" whispered to me, "Paul wants to run them all and ride them all."

John Hess, Steve Kahn, and Phil Coleman are the key members of a new committee formed to assist the development of the Bicycle History Museum being formed in Davis by an association of UCD and City of Davis employees dedicated to finding a home for the collection of antique bicycles owned by UCD. The club is supporting this fledgling organization in hope of one day realizing a dream of a city-sponsored center dedicated to all aspects of cycling—maybe even a meeting place for certain clubs!

What a ride we're on... 



*"It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them. Thus you remember them as they actually are, while in a motor car only a high hill impresses you, and you have no such accurate remembrance of country you have driven through as you gain by riding a bicycle."*

Ernest Hemingway



*Changing Gears* is printed on 30% post-consumer recycled paper, using soy-based ink, at a local offset press.

## February Membership Meeting

by **Karen Baker**  
**Vice President**

**D**ON'T YOU JUST LOVE FEBRUARY? It's almost my favorite month of the year because I don't have to book a speaker for the membership meeting. Our Tour Director, Bruce Dewey, will be taking over the Blanchard Room at the Davis Branch Library at 7pm on February 4<sup>th</sup>.

Bruce and the other hard-working volunteer tour leaders will elucidate the myriad DBC tours planned for your cycling enjoyment. Where do you want to go in 2008? France? The California coast? Gold Lakes? Oregon? Mammoth Lakes? There will be old favorites (like Clear Lake), and brand-new tours to choose from. Don't forget your checkbook so you can sign up on the spot! As usual, we will provide delicious cookies, coffee and fabulous raffle prizes.

Read more about '08 tours and the tour meeting under Bruce's column in this issue of *Changing Gears*.

See you on the 4<sup>th</sup>. ☺



*Changing Gears* is the monthly newsletter of the Davis Bike Club. It is mailed first class to all current members. Past editions are available online at [www.davisbikeclub.org/Newsletters/pdf](http://www.davisbikeclub.org/Newsletters/pdf).

### Subscriptions

Direct questions regarding subscriptions to the membership director at [dbcmembership@gmail.com](mailto:dbcmembership@gmail.com), [info@davisbikeclub.org](mailto:info@davisbikeclub.org), or via the Davis Bike Club Hotline, 756.0186.

### Change of Address

Moving? Please let us know via snail-mail c/o B&L Bike Shop, or email to [dbcmembership@gmail.com](mailto:dbcmembership@gmail.com).

### Contributions

Contributions are welcome. Please send to [dbcnewsletter@gmail.com](mailto:dbcnewsletter@gmail.com). Submissions are due by the 15<sup>th</sup> of the month prior to publication.

### Article Guidelines

Articles should be 750 words or preferably, shorter. All submissions are subject to editing for grammar, style, and length. Early submissions get priority.

### Photo Guidelines

Photographs should be in electronic form and be print resolution – i.e., 300dpi and measure 200 pixels (minimum) on the largest side. Please also provide a caption.

### Monthly Ride Schedule

Submissions are due by the 15<sup>th</sup> of the month prior to publication. Please email submissions to [dbcridecal@gmail.com](mailto:dbcridecal@gmail.com). Ride schedules are available online at [www.davisbikeclub.org/RideSchedules/pdf](http://www.davisbikeclub.org/RideSchedules/pdf).

### Ride Calendar Coordinator

John Seabury  
 758.3878  
[dbcridecal@gmail.com](mailto:dbcridecal@gmail.com)

### Photo Supplement

[gallery.dbcnewsletter.org/v/02\\_07/](http://gallery.dbcnewsletter.org/v/02_07/)



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### Club Officers

#### President

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### Club Board Members

#### Tour Director

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[bruced@dewspring.com](mailto:bruced@dewspring.com)

#### Race Team Director

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[Robin.Rolles@charter.net](mailto:Robin.Rolles@charter.net)

#### Membership Director

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#### Director-at-Large, Foxy's Fall Century

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[johnfhess@comcast.net](mailto:johnfhess@comcast.net)

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 204.8481  
[dbcnewsletter@gmail.com](mailto:dbcnewsletter@gmail.com)

## Treasurer's Final Report For 2007

by *Stuart Bresnik*  
Treasurer



**WOULD YOU TRUST THIS MAN WITH YOUR MONEY?**

Once again, it is too late now—you have been doing just that for the past year.

But don't worry, the club's funds are in good hands. As you can see from the photo, I still have a hat from the Harvard Business School. And, with the board of directors watching my every move, it's hard to go astray.


Following are financial highlights of 2007:

- Net worth (cash balances) as of 12/31/2006 was \$133,968.
- Net income was \$27,400 versus a planned budget deficit of \$5,000.
- Our biggest net income sources were, as usual, the DC and Foxy's rides, which together generated \$52,000 of net income. We also received \$5,270 interest on our cash reserve.

Our biggest net expense items were:

- Race teams \$20,800
- Philanthropy and advocacy \$9,450
- Administration \$5,877
- Touring support & Jersey Rides \$ 4,745

The 2008 budget, as approved by the board of directors, appears in the next column.

If you have any questions on the budget or our financial report for 2007, please email me at [hfhstu@omsoft.com](mailto:hfhstu@omsoft.com). 

| DBC 2008 Budget           |                      |                |
|---------------------------|----------------------|----------------|
| Category                  | Actuals thru 11/6/07 | 2008           |
| <b>INCOME</b>             |                      |                |
| Criterium Income          | ###                  | ###            |
| DBC Clothing Income       | \$2,740              | \$3,000        |
| DC Income                 | ###                  | ###            |
| DunlapTime Trial Income   | \$4,170              | \$4,500        |
| Foxy's Income             | ###                  | ###            |
| Interest Income           | \$3,164              | \$4,500        |
| March Madness Inc         | \$11,334             | \$7,500        |
| Membership Income         | ###                  | \$11,000       |
| Race Team - Jr. Income    | \$8,093              | \$7,500        |
| Race Team Income          | ###                  | ###            |
| Touring Escrow In         | ###                  | ###            |
| Ultra Income              | ###                  | ###            |
| <b>TOTAL INCOME</b>       | <b>###</b>           | <b>###</b>     |
| <b>EXPENSES</b>           |                      |                |
| Acct'g, Legal & Prof Fees | \$300                | \$300          |
| Administration            | \$4,113              | \$7,000        |
| Advocacy                  | \$3,500              | \$3,500        |
| Criterium Expense         | ###                  | ###            |
| DBC Clothing Expense      | \$5,898              | \$3,000        |
| DC                        | ###                  | ###            |
| Dues and Subscriptions    | \$                   | \$200          |
| Dunlap TT                 | \$2,165              | \$4,000        |
| Foxy's                    | ###                  | ###            |
| Insurance, Liability      | \$1,000              | \$1,000        |
| March Madness             | \$9,976              | \$8,000        |
| Newsletter                | ###                  | ###            |
| Philanthropy              | \$3,550              | \$6,000        |
| Race Team - Jr.Expense    | ###                  | ###            |
| Race Team Expense         | ###                  | ###            |
| Tax Preparation           | \$350                | \$400          |
| Touring & Jersey Rides    | \$4,192              | ###            |
| Touring Escrow Out        | ###                  | ###            |
| Ultra                     | ###                  | ###            |
| <b>TOTAL EXPENSES</b>     | <b>###</b>           | <b>###</b>     |
| <b>OVERALL TOTAL</b>      | <b>###</b>           | <b>\$9,800</b> |

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If you have multiple email accounts, use your subscription address to unsubscribe or send messages to the list.

### Club Discounts

Flash your DBC membership card for a discount at these local and Bay Area bike shops ...



... or take advantage of the Repeat Customer Rewards program at



## March Madness Miles, Photos, Poems, and Squirrels

by *Mary James*

**T**HE MILES OF MARCH are rapidly approaching. Once a year for 31 days you get a chance to make your miles count, create a clever moniker, and track your miles against the miles of others who are out there riding just like you.

Household chores, rain, fog, snow, sleet, hail, dogs, wild turkeys, stray cows, flash floods, high winds, earthquakes, gravel roads, mud, and low flying planes should not discourage you. Remember that *up to* 1000 trainer miles count too. So if the water gets too high, just move your trainer to the next level.




*Gearing up for March Madness*

Ride anything (bikes, I mean), anytime, record your miles, and receive the admiration of the bike riding community at the banquet on Sunday, June 8th. This year's

jersey design should be pretty amazing and will be available on the club website for viewing by the end of February.

This year is special as it is the 10th anniversary of March Madness. The month of March also has 10 weekend days. We should have a great turn out of applications for this 10th year.

You can use the application on the next page, or download a copy at [www.davisbikeclub.org/mm/default.php](http://www.davisbikeclub.org/mm/default.php).

This year will also feature the Fifth Annual March Madness Photo Contest. We'll have awards for winners in different categories. The 2007 categories included: Best of Show, Landscape, Portrait, Humorous, Action, Bike-Specific, Human Interest, Allegorical, and the very special Blue Squirrel Award. There will be a special section for the photo contest in the online newsletter supplement ([gallery.dbcnewsletter.org](http://gallery.dbcnewsletter.org)). If you have any questions about the photo contest, contact Steve Macaulay, Photo Contest Coordinator, at [macaulay.steve@gmail.com](mailto:macaulay.steve@gmail.com). 

## Wheels North

### *Wheels North!* is Coming in 2009


by *Eric Norris*

**I**N JULY 2009, HISTORY WILL REPEAT ITSELF, thanks to a group of cyclists from Davis and other cities across the U.S.

The event will be *Wheels North!*, a fundraising ride dedicated to recreating the 1909 adventure of two young cyclists from Santa Rosa. Vic McDaniel and Ray Francisco, recently graduated from high school, left Santa Rosa and pointed their single-speed bicycles north toward Seattle and the Alaska Pacific Yukon Exposition. They arrived several months later, having overcome hundreds of miles of bad or nonexistent roads, attack by a bear, highwaymen, broken bicycles, and broken hearts. Their story is retold in *TWO WHEELS NORTH*, an award-winning book by Evelyn McDaniel Gibb, Vic's daughter.

*Wheels North!* won't feature all of the privations of the original version, but it will retrace the original route, which passed through Winters on the way north. The ride will start on July 4, 2009, in downtown Santa Rosa, as close to the original start location as possible. The 1,000-mile trip is scheduled to take two weeks, with rest days in Ashland and Portland, Oregon.

Members of the Davis Bike Club are invited to be a part of *Wheels North!* Unlike the 2006 "Big Fix" ride, which was limited to fixed-gear bikes, riders on any type of bike will be welcome on *Wheels North!*

Complete details on the ride, which will be a fundraiser to benefit the Histiocytosis Association of America, are available at the event's website: [www.wheelsnorth.org](http://www.wheelsnorth.org). The ride blog is at [wheelsnorth.blogspot.com](http://wheelsnorth.blogspot.com). Ride director Eric Norris can be reached at [enorris@campyonly.com](mailto:enorris@campyonly.com). 



## March Madness 2008 Registration Form "Miles for Smiles"

How far can you ride your bike during the month of March? Davis Bike Club invites you to challenge yourself, set a goal, and keep track of your miles. You can start riding at 12:01am on March 1<sup>st</sup> and ride your heart out until 11:59:59pm on March 31<sup>st</sup>. Open to all DBC members. Not a member? Now's the time to join! Membership form is available at [davisbikeclub.org/clubdocuments/membershipapplication.doc](http://davisbikeclub.org/clubdocuments/membershipapplication.doc).

All proceeds from this event will be donated toward purchasing bicycle helmets for deserving school children in Davis and the surrounding area.

**Rules:** You're on the honor system.

(15 mph for trainers, actual miles for stationary bikes with odometers and 1000 miles maximum for any indoor cycling)

**Goals:** 125, 250, 500, 750, 1000, 1500 & 2000. (Note: 125 mile category for 1<sup>st</sup> time MM riders only)

|                             |                              |         |
|-----------------------------|------------------------------|---------|
| Basic registration          | \$10.00                      | \$10.00 |
| Optional MM jersey          | \$40.00 + Basic registration | \$50.00 |
| Optional MM banquet         | \$15.00 + Basic registration | \$25.00 |
| Optional jersey and banquet | \$55.00 + Basic registration | \$65.00 |
| Banquet only for your guest | \$15.00                      | \$15.00 |

**Process:**

Mail your entry form and check by March 1<sup>st</sup> *if you want a jersey to:*  
(Participants not wanting a jersey must register by March 15<sup>th</sup>)

**Davis Bike Club**  
**P O Box 72944**  
**Davis, CA 95617**  
**Attn: March Madness**

Record your mileage online at [davisbikeclub.org](http://davisbikeclub.org) **strongly encouraged**  
or email your paper Excel log by Friday, April 4<sup>th</sup>, 2008

Ride, ride, ride, rain or shine, day and night

Celebrate the event at the March Madness banquet Sunday, June 8th,  
Location: Odd Fellows Hall

415 2nd St, Davis, CA 95616

**Questions:** email Mary James, [dbcmarchmadness@gmail.com](mailto:dbcmarchmadness@gmail.com)

**Special Categories:** Category winners will be listed on web page; winners receive certificates.

|                       |                            |                        |
|-----------------------|----------------------------|------------------------|
| Youngest solo rider   | Most miles on a tandem     | Male with most miles   |
| Youngest tandem rider | Most miles on single speed | Female with most miles |
| Oldest rider          | Rider living farthest away |                        |

-----  
First name \_\_\_\_\_ Last name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

Gender  F  M  age (optional)

Mileage goal:  125  250  500  750  1000  1500  2000

Basic ..... \$ 10.00

+ Optional jersey \$40.00:  S  M  L  XL  XXL \$ \_\_\_\_\_

+ MM banquet \$15.00  X \$15.00 \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

# FEBRUARY 2008 RIDE CALENDAR

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|--|---|--|--|--|
| <i>Jan 27</i>  | <i>Jan 28</i><br>• Early Bird Special<br>• Esparto Tailwinds  | <i>Jan 29</i><br>• Mocha Joe's Country Loop                                      | <i>Jan 30</i><br>• Solano Baking Co.<br>• Women's Wednesday   | <i>Jan 31</i><br>• Steady Eddy's<br>• Winters Dinner | <sup>1</sup><br>• Early Bird Special<br>• Vacaville Rolling Hills  | <sup>2</sup><br>• RH Phillips First Saturday Brunch<br>• Coffee and a Roll                         |
| <sup>3</sup>   | <sup>4</sup><br>• Early Bird Special<br>• Esparto Tailwinds<br><div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Membership Meeting</div> | <sup>5</sup><br>• Mocha Joe's Country Loop                                       | <sup>6</sup><br>• Solano Baking Co.<br>• Women's Wednesday<br><div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Race Team Meeting</div> | <sup>7</sup><br>• Steady Eddy's<br>• Winters Dinner  | <sup>8</sup><br>• Early Bird Special<br>• Vacaville Rolling Hills  | <sup>9</sup><br>• Winter Long Distance Ride #4<br>• Coffee and a Roll<br>• Amgen TOC Workers' Ride |
| <sup>10</sup><br>• Show and Go<br>• Rice Valley Tandem Rally | <sup>11</sup><br>• Early Bird Special<br>• Esparto Tailwinds<br><div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Board Meeting</div>     | <sup>12</sup><br>• Mocha Joe's Country Loop                                      | <sup>13</sup><br>• Solano Baking Co.<br>• Women's Wednesday   | <sup>14</sup><br>• Steady Eddy's<br>• Winters Dinner | <sup>15</sup><br>• Early Bird Special<br>• Vacaville Rolling Hills<br><div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Newsletter and Ride Schedule Deadlines</div> | <sup>16</sup><br>• Third Saturday<br>• Coffee and a Roll   |
| <sup>17</sup>  | <sup>18</sup><br>• Early Bird Special<br>• Esparto Tailwinds  | <sup>19</sup><br>• Mocha Joe's Country Loop<br>• <b>Amgen Tour of California</b> | <sup>20</sup><br>• Solano Baking Co.<br>• Women's Wednesday   | <sup>21</sup><br>• Steady Eddy's<br>• Winters Dinner | <sup>22</sup><br>• Early Bird Special<br>• Vacaville Rolling Hills   | <sup>23</sup><br>• Lake Solano Loop<br>• Coffee and a Roll   |
| <sup>24</sup>  | <sup>25</sup><br>• Early Bird Special<br>• Esparto Tailwinds  | <sup>26</sup><br>• Mocha Joe's Country Loop                                      | <sup>27</sup><br>• Solano Baking Co.<br>• Women's Wednesday   | <sup>28</sup><br>• Steady Eddy's<br>• Winters Dinner | <sup>29</sup><br>• Early Bird Special<br>• Vacaville Rolling Hills   | <i>March 1</i><br>• Coffee and a Roll  |

## Ride Classifications *(refer to terrain (T) and pace (P) ride notations in ride descriptions)*

| Terrain |                       |                                      | Pace   |            |  |
|---------|-----------------------|--------------------------------------|--------|------------|--|
| Rating  | Terrain               | Example                              | Rating | Pace (mph) | Notes  |
| T1      | Flat                  | Davis to Woodland or Sacramento      | P1     | 10 or less | Relaxed; family and kids; regroup often          |
| T2      | Easy, gentle grades   | Road 29 at Highway 113 Overpass      | P2     | 9 - 12     | Tourist riding; stops/regroups as needed         |
| T3      | Rolling hills         | English Hills; Pleasants Valley Road | P3     | 12 - 16    | Moderate; solid riders; regroup @ 45 min.        |
| T4      | Rolling to mod. hills | Lake Solano; Monticello Dam          | P4     | 16 - 18    | Brisk; experienced riders; no obligation to wait |
| T5      | Moderate grades       | Cantelow; Cardiac                    | P5     | 18 - 21    | Fast; strong riders; few stops; no waiting       |
| T6      | Steep, long grades    | Mount Diablo; Marshall Grade         | P6     | 21 +       | Strenuous, very fast; very strong riders         |

### General Ride Information

- **Helmets are required** on all Davis Bike Club rides.
- **All rides begin at Starbucks** (2038 Lyndell Terrace, east of Sutter Davis Hospital), unless otherwise specified. Rides starting elsewhere will be noted in the ride description. The ride leader is responsible for coordinating transportation to the starting point, if necessary.
- **Rain is bad, and will cancel any ride** unless otherwise noted in the ride description. If in doubt, contact the ride leader.
- Announced ride time is the time at which the ride starts. **Come early** to prep your bike, sign in and get maps or pre-ride instructions.
- **Pace** is based on condition of level ground with no wind.

### Ride Start Locations

#### Davis Locations

- **Starbucks**  
East of Sutter Davis Hospital (near Highway 113 & Covell)
- **Davis Amtrak Station**  
2nd Street, east of G Street
- **Davis Park n' Ride**  
Mace Boulevard & CR 32A
- **Sutter Davis Hospital**  
100 yards north of Union 76
- **Veterans' Memorial Center**  
203 E. 14th Street (at B Street)
- **Wheelworks**  
247 F Street (at 3rd Street)

#### Out of Town Locations

- **Putah Creek Cafe**  
Main Street & Railroad Avenue, Winters
- **Winters Park n' Ride**  
Main Street & Railroad Avenue, Winters
- **Woodland Nugget**  
168 Court Street, Woodland
- **Auburn Starbucks**  
392 Elm Avenue, Auburn

# February DBC Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

## Recurring Rides

### Ed Martin Memorial Weekday Morning Ride Series

Mondays

#### Esparto Tailwinds

8:00am ~ T1/P3-5 ~ 50 miles  
Barry Bolden, 297.5123 or  
[boliverb@dcn.org](mailto:boliverb@dcn.org)

Ride north to Esparto, with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

Tuesdays

#### Mocha Joe's Country Loop

8:45am ~ T1/P3 ~ 35 miles  
Paul Grant, 756.7813 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)

9:00am ~ T1/P4-5 ~ 39 miles  
Phil Coleman, 756.4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Wednesdays

#### Solano Baking Company

8:45am ~ T1/P3 ~ 35 miles  
Dan & Sharon Cucinotta, 756.1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)

9:00am ~ T1/P4-5 ~ 39 miles  
Phil Coleman, 756.4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride south to Dixon, past orchards and fields, and relax at Solano Baking Company in Dixon before returning to Davis.

Thursdays

#### Steady Eddy's

8:45am ~ T1/P3 ~ 30 miles  
Dan & Sharon Cucinotta, 756.1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)

9:00am ~ T1/P4-5 ~ 34 miles  
Phil Coleman, 756.4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Fridays

#### Vacaville Rolling Hills

8:00am ~ T3/P5 ~ 60 miles  
Larry Burdick, 753.7591 or  
[larryburdick@netzero.net](mailto:larryburdick@netzero.net)

Ride with "The Legend" through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Café.

### Weekly/Bi-weekly

#### Early Bird Special\*

Mondays and Fridays  
6:15am ~ T1/P3 ~ 20 miles  
Jack Kenward, 753.9329 or  
[kenward2@dcn.org](mailto:kenward2@dcn.org)

Meet on the Russell Boulevard bike path between Arlington and Lake Boulevards. Rain does not cancel this ride.

#### Women's Wednesdays\*

Wednesdays  
9:00am ~ T1/P3 ~ 20-30 miles  
Marilyn Dewey, 753.9188 or  
[deweyms@hotmail.com](mailto:deweyms@hotmail.com)

Meet in front of Wheelworks, 3rd & F Streets, for an easy one to two hour ride to improve skills and fitness in a low-key, fun environment.

#### Winters Dinner Ride\*

Thursdays  
6:00pm ~ T1/P3 ~ 30 miles  
Paul Grant, 756.7813 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)

Meet on the Russell Boulevard bike path at Lake Boulevard. Remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

#### Coffee and a Roll

Saturdays  
8:00am ~ T1/P4-5 ~ 35 miles  
Scott Alumbaugh, 204.8481 or  
[sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmers Market. Ride leader may have occasional absences, so if he hasn't shown up by 8:05, the ride proceeds.

### Monthly

#### RH Phillips First Saturday Brunch\*

Saturday, February 2  
10:00am ~ T2/P3 ~ 45 miles  
Anne Huber, 758.8115 or  
[ahuber@jsanet.com](mailto:ahuber@jsanet.com)

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website. The ride leader may also post it on the DBC listserv. The food plus wine pairing is always delicious. Price has recently risen to \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) will be announced on the listserv.

#### Show and Go

Sunday, February 10  
8:00am ~ Terrain, Pace, & Distance TBD  
Glenn Mounkes, 220.3513 or  
[glenmonk@yahoo.com](mailto:glenmonk@yahoo.com)

This ride varies: route, distance and pace will be determined at the start by the group. The ride leader will lobby for wind and/or hills.

#### Third Saturday Ride

Saturday, February 16  
9:00am ~ T1-5/P3-4 ~ 30/40/60 miles  
David Joshel, 510.7175133 (c), 756.7409 (h)  
or [davidjoshel@hotmail.com](mailto:davidjoshel@hotmail.com)

Ride to Winters (30 miles), Lake Solano (40 miles) or Cantelow (60 miles). Optional coffee/food stop at Steady Eddy's in Winters. With the multiple options available, most riders can find a distance and pace to suit them.



# FEBRUARY DBC Rides (cont.)

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

## Jersey Rides

Davis Bike Club partially reimburses members who participate in designated Jersey Rides (see list below). To apply, send an email within 72 hours after finishing a Jersey Ride to [dbcjerseyride@gmail.com](mailto:dbcjerseyride@gmail.com) stating:

- your name and address
- name of the Jersey Ride
- mileage ridden
- amount paid for registration

In October of each year, the funds available for Jersey Ride support will be rationally distributed to the participants. Continuous club membership for the entire year is required.



## Jersey Ride Results

The Jersey Rides for 2008 will be announced soon.

## Non-Recurring Rides

### Winter Long Distance Ride #4

Saturday, February 9  
8:00am ~ T-varies/P-your choice ~ 123 miles  
Amy Rafferty, 666.5468 or  
[aerafferty@ucdavis.edu](mailto:aerafferty@ucdavis.edu)

This month the Winter Ride Series is a "Calistoga 200K." Please note the earlier start time. It's a straight out-and-back from Davis to Calistoga via Highway 128 and Silverado Trail. People who don't want to go the whole distance are welcome to turn back early. There are good lunch spots in St. Helena and Calistoga. Sunset is at 5:35pm. Lights are recommended, especially for those who plan to stop for lunch. This is your last chance to participate in these simulated brevets before March, when they come around for real!



### Amgen Tour of California Workers' Ride\*

Saturday, February 9  
9:30am ~ T1/P2 ~ 5 miles  
No ride leader

Hop on your town bike, ride to Veterans' Memorial Center (14th & B), and look for the crowded room full of familiar faces. City of Davis folks will tell us all about plans for helping the Amgen Tour of California race slip through town on Feb 19. If you don't start at Starbucks with the crowd (actually, it's unclear whether there even is an organized crowd starting at Starbucks), adjust your start time and mileage to arrive at VMC by 10am.

### Lake Solano Loop

Saturday, February 23  
9:00am ~ T1-3/P3 ~ 45 miles  
Julie Sly, 916.201.2790 or  
[Juliesly@aol.com](mailto:Juliesly@aol.com)

Ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.

## Volunteers Needed for Amgen Race

The Amgen Tour of California professional world-class bicycle stage race will roll through Davis again, Tuesday, February 19<sup>th</sup>. More volunteers means less work and more fun. If you stood on a hill last year to watch the riders climb, consider taking a turn in town.

Volunteers are needed to help close side streets, to keep cars and people off the race route during the critical moments. Most of the volunteer work only requires committing to a long lunch hour. The Davis City folks, including Events, Parks, Public Works, and Police, do 99 percent of the organizing and preparation. Let's make their job easier by offering a long list of names weeks in advance.

The City would like to count all volunteers, so please take 45 seconds to enter your name at their website, even if you don't want the free tee shirt. Go to [www.cityofdavis.org/story/amgen/maillist.cfm](http://www.cityofdavis.org/story/amgen/maillist.cfm).

The official race website has a lot of information at [www.amgen-tourofcalifornia.com](http://www.amgen-tourofcalifornia.com). That site has a general volunteer page, but instead use the City of Davis URL above to offer your services locally. The goal is to have 100 volunteers in Davis, so please ask family members and friends to sign up if they are available to assist.

All volunteers are welcome to attend a training session on Saturday, February 9<sup>th</sup> at 10am at the Veterans' Memorial Center, but attendance is not essential to help on race day.

## Special Events

### Rice Valley Tandem Rally\*

Sunday, February 10  
7:00am ~ T 1-2/P-whatever ~ 40-100 miles  
Chico Velo Bike Club

Start at the Butte County Fairgrounds, 199 E. Hazel, Gridley. Chico Velo's Rice Valley Tandem Rally is a lovely ride in southern Butte County and around the Sutter Buttes, the "World's Smallest Mountain Range." Your Humble Ride Calendar Coordinator thinks that the food on this ride comes almost up to DBC standards, and that's high praise. See [www.active.com/event\\_detail.cfm?EVENT\\_ID=1504837&CHECKSSO=1&RESET=0](http://www.active.com/event_detail.cfm?EVENT_ID=1504837&CHECKSSO=1&RESET=0) for more details. This is *not* a DBC Jersey Ride.

### Amgen Tour of California\*

Tuesday, February 19  
TBDam ~ T1/P11 ~ long!  
No ride leader

Show time! The Amgen Tour of California returns to Davis. See the article at left and sign up to help with the race. We DBCers may pride ourselves on a wide range of ride speed ratings, but these guys' adjustment knob goes up to eleven (if that's obscure, rent the movie *Spinal Tap*).



## The Tour Turn

by **Bruce Dewey**  
**Tour Director**

FOR 2008 WE WANT TO INCREASE DBC VISIBILITY and participation in organized cycling events all around California. Our rapidly growing Race Team will be doing its part with many more entries riding in races all over the west. We will run a brevet series from March through May. The Jersey Ride program will have a much more comprehensive list of California centuries and triple-crown double centuries for which we give partial financial support. From time to time, listserv posts will advise about registration status, since really popular rides are closing earlier and earlier each year.

It's almost time for the annual tour meeting, Monday, February 4, where you can hear about the fabulous 2008 DBC plans, ask questions, and sign up to assure your places. Some of the details of the planned tours that follow are still up in the air, so please don't hold me to any claims, misrepresentations, exaggerations, or otherwise superfluous statements. My own adjectives—"challenging", "moderate", and "mellow"—are my guess as to what you might expect on the tour.

The ever popular Clear Lake Tour, ably led by Bob Brouhard for many years, has been taken over by Lee Mitchell. On Saturday and Sunday, March 15-16, this ride will generally follow the route of the Davis Double, chalking up 200 challenging miles for March Madness credit. Moving from February to March, this tour will fill quickly.

In April we are tentatively looking at another three-day weekend in Nevada City, 100 miles one way. Plans are incomplete at press time.

For the third week of June, Scott Alumbaugh is studying a moderately challenging California Coast Tour. Using the Vallejo ferry to San Francisco, the route tracks Route 1 down the coast through Santa Cruz, Monterey, Big Sur, Pismo Beach, to Santa Barbara. You can go on to Malibu just in time to ride the Grand Tour.

Last year's Columbia Gorge Tour, organized by Dan and Cid Barcellos, had so much demand that we divided into two groups, riding the route one day apart. Our 2008 return to Oregon will use a new, moderately challenging route combining the best of the Cascade mountains with the best of the Oregon coast. Scheduled for July 26 to August 2, Stu Bresnick's tour starts in Eugene, loops to Corvallis, the coast, and back to Eugene. Next, a bus ride to Willamette Pass gains 5000 feet before riding the eastern face of the Cascades to Bend. Our route goes to Sisters, crosses McKenzie Pass and descends to Blue River. The Aufderheide forest road returns us to Oak Ridge. You'll love the great cycling on some secret back roads in this part of Oregon.




Something new for the week of August 3-10, Paul Meredith is leading a hub-based tour at Mammoth Lakes. A great respite from our valley during the hottest time of the year, challenging rides including Tioga Pass await you every day. Alternatively, you can make it mellow, staying closer to the nifty Mammoth mountain resort.

Right after Labor Day, September 2-6, Stu Bresnick and Steve Kahn are repeating their excellent mellow-moderate tour through Napa, Sonoma, and Marin counties to San Francisco. Now called Tour de Bakery, the group stops overnight in Calistoga, Occidental, Petaluma, and San Francisco. You'll want to join the fun on the repeat of Steve and Stu's excellent adventure.

For September 12-15, Dave Joshel is relocating the Lassen Tour to the easily-accessed Graeagle, north of Truckee. The Gold Lakes Tour will be hub-based, and do some moderately challenging loops out of the beautiful Graeagle resort.

Also during September, Marilyn and I are leading the three-week Tour de Provence. Leaving SFO on September 6, we'll have two days in Paris before taking a chartered bus to Avignon. We'll cycle a loop around some challenging terrain in Provence, visiting Pont du Gard, Les Baux, the Alpilles, St. Remy, the Luberon circuit, the Grand Canyon of the Verdon, Mt. Ventoux, Vaison la Romaine, and returning through the Dentelles to Avignon. The format of the tour is similar to the Italian Tour of two years ago, with generally two nights at each stop. We are estimating a total of \$3200 including air fare, most breakfasts, and some dinners. In September Provence has glorious weather. You'll see lots of other serious cyclists and love the ambience, food, and lodging.

I need to mention the fine print. Club policy is that active DBC members have priority in case more people want to go than can be accommodated. A link to the written guidelines can be found at [davisbikeclub.org](http://davisbikeclub.org). At the meeting, we will open sign-ups for the summer tours, and probably one or more of the tours will fill up. Be sure to attend!

Lastly, here is early notice that a DBC cycle trip to Vietnam is in the offing for September, 2009. Harvey Cain has toured with an excellent guide who caters to real cyclists with a comprehensive tour of some great cycling in a friendly and scenic country. 



## 2008 Race Team Update

by Eric O'Brien

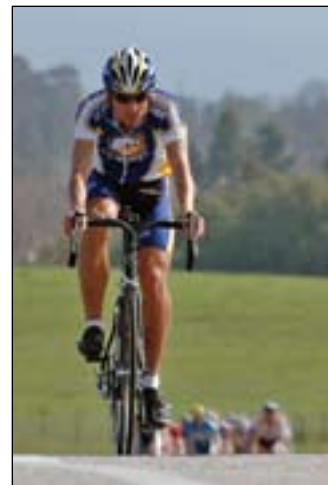
THE DAVIS BIKE CLUB RACE TEAM is pleased to announce that the 2008 Elite team will consist of returning veterans and new faces. 2007 veterans Chris Morales, Judd Van Sickle, and Joe Iannarelli all return, and while the squad loses Tyler Dibble to California Giant Berry Farms/Specialized and Mitch Trux to Metromint, current UC Davis Cal-Aggie cyclists Phil Mooney and Paul Mach will fill their spots on the Elite team roster. In addition, stand-out DBC juniors Alex Wick and Taylor Kuphaldt will race with the Elite team in select events.

Mooney is a new graduate student at UC Davis who completed his undergraduate work at DePauw University in Greencastle, Indiana. As a Category 1 rider, Phil competed in both USCF and collegiate national events as an undergrad, and we are very encouraged by the level of excitement and enthusiasm he brings to the DBC.


Mach is a fourth-year Ph.D. candidate in Applied Math at UC Davis who has raced for the Aggie team during the last two seasons. Last year he won a

number of collegiate and NCNCA races and finished second in the Western Collegiate Cycling Conference's Men's individual omnium behind new Jittery Joe's professional rider Jared Barrilleaux. After the Aggie season concluded, he raced as a Category 2 for DBC and

posted some excellent results, including sixth at Copperopolis behind Tour De France podium finisher Levi Leipheimer, so we are eager to watch him race Pro 1/2 events with a full complement of other DBC Elite racers. The Davis Bike Club Master's race team is also very excited about the 2008 season. The squad's complement of Masters 4/5 riders has almost doubled since last year, and the team has also welcomed an infusion of Masters 2/3 talent with the merger of the DBC and DeMasi Group racing teams. The inclusion of former DeMasi riders will now allow the Davis Bike Club Masters team to field competitive squads in both the beginner 4/5 category and the more advanced Pro 1/2/3 events, a depth which will help experienced Category 4 racers make the jump into more demanding and competitive categories.




Paul Mach

of supplements ranging from vitamins, antioxidants, probiotics/prebiotics, and bone health supplements that include: SynVita, SynBio, SynOPC, SynCell, and SynBoneCare. 



Phil Mooney

In sponsorship news, The DeMasi Group at Coldwell Banker ([www.demasirealestate.com](http://www.demasirealestate.com)) and Syntec Nutraceuticals ([www.syntecworld.com](http://www.syntecworld.com)) have agreed to provide substantial financial contributions to support the Race team. Syntec Nutraceuticals provides a multitude

of supplements ranging from vitamins, antioxidants, probiotics/prebiotics, and bone health supplements that include: SynVita, SynBio, SynOPC, SynCell, and SynBoneCare. 

### DBC Masters Racing Team Showdown

The inaugural DBC Masters Showdown, an intra-squad race, was held Sunday, January 13. The race pitted twelve 45+ against a team of sixteen 35+ DBC Masters on a flat 38 mile course (between Davis and Dixon) marked with 3 bonus sprints worth 2 seconds each.

Fred 'Walker' Schnaars, 45+, easily took the first sprint. Amazingly, Eric 'Pursuit' O'Brien, recovering from back injury, nailed the second sprint and nullified the 45+ advantage. A breakaway representing both teams immediately formed after the second sprint. The peloton allowed the escapees to contest the remaining sprint bonus among themselves. Strongman Karl 'Brooklyn' Wurzbach brought that one home giving the


35+ a two second advantage. Everyone was together again when the inevitable windup on Old Davis Road finally strung out the field, culminating in the now legendary sprint of 45+ Dan 'Camelbak' Patterson. His teammates launched him along Old Davis Road as they rolled over Putah Creek and went "faster miles per hour," ultimately generating a gap of over two seconds from the closest 35+ rival. Yup! The senior DBC Masters won the inaugural Masters Showdown, defeating the junior Masters by milliseconds.

The youngsters want a rematch. Losers always do...





Complete report: [dbcmasters.blogspot.com/2008/01/lequipe-news-flash.html](http://dbcmasters.blogspot.com/2008/01/lequipe-news-flash.html)

Race Team Sponsors

The Davis Bike Club Race Team is thankful for the generous contributions of our local sponsors:



[www.syntecworld.com](http://www.syntecworld.com)

Official Use Only

# DAVIS BIKE CLUB MEMBERSHIP APPLICATION

|                |
|----------------|
| Exp: _____     |
| Pd: _____      |
| Check #: _____ |
| Entered: _____ |



**Step 1:** Fill out form completely.  
**Step 2:** Sign where indicated.  
**Step 3:** Make checks payable to Davis Bike Club and return completed form to:  
 DBC Membership, c/o B&L Bike Shop, 610 Third St., Davis CA 95616

Name for mailing label: \_\_\_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-mail \_\_\_\_\_

If you wish to be added to the DBC email list please visit our website [www.DavisBikeClub.org](http://www.DavisBikeClub.org)

|                         |   |   |          |
|-------------------------|---|---|----------|
| Action Type             | <input type="checkbox"/> New Member     | Basic Membership, 1 year..... <input type="checkbox"/> \$20.00 single or ..... <input type="checkbox"/> \$30.00 family            | \$ _____ |
|                         | <input type="checkbox"/> Renewal        | Basic Membership, 3 years..... <input type="checkbox"/> \$50.00 single or ..... <input type="checkbox"/> \$75.00 family           |          |
|                         | <input type="checkbox"/> Address Change | Basic Membership, 5 years..... <input type="checkbox"/> \$80.00 single or ..... <input type="checkbox"/> \$120.00 family          |          |
|                         |   | Race Team add-on... <input type="checkbox"/> \$20.00 per racer per year .....   | \$ _____ |
|                         |   | <input type="checkbox"/> Aggie Cycling Team (no race team fee) OR... <input type="checkbox"/> Junior Race Team (no race team fee) |          |
| <b>TOTAL AMOUNT DUE</b> |   |   | \$ _____ |

### ALL adult members must sign release; parent or guardian signature required for members under age 18.

Your signature indicates that you have read, understand and agree to all of the conditions set forth in the Accident Waiver and Release of Liability statement below.

Name \_\_\_\_\_ Age \_\_\_\_\_ Signature \_\_\_\_\_ Racer?  Date \_\_\_\_\_  
 Name \_\_\_\_\_ Age \_\_\_\_\_ Signature \_\_\_\_\_ Racer?  Date \_\_\_\_\_  
 Minor's Name \_\_\_\_\_ Age \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Racer?  Date \_\_\_\_\_  
 Minor's Name \_\_\_\_\_ Age \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Racer?  Date \_\_\_\_\_

### ACCIDENT WAIVER AND RELEASE OF LIABILITY

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: Davis Bike Club, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand its content.

### Parent Guardian Waiver for Minors (Under 18 years old)

The above signed parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parent or legal guardian.

### Helmets are required on all club rides.



**Incomplete applications will be returned unprocessed. Please allow up to 6 weeks for processing.**



Revised 03-26-2006

The Davis Bike Club is a volunteer organization. The club has many activities that require member assistance during the year. Your volunteered time helps make these projects successful. Please indicate if you would be interested in helping with any of the following club activities and events:

|   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Leading local club rides   | <input type="checkbox"/> Organizing/leading club tours | <input type="checkbox"/> Serving as a Board Member | <input type="checkbox"/> Other - Contact me for general help |
| <input type="checkbox"/> March Madness              | <input type="checkbox"/> Double Century                | <input type="checkbox"/> Foxy's Fall Century       | <input type="checkbox"/> Fourth of July Criterium            |
| <input type="checkbox"/> Dunlap Memorial Time Trial |  |  |  |

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Showdown
- pg 11 Membership Application
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Thanks to our Ride Leaders!

- Scott Alumbaugh
- Barry Bolden
- Larry Burdick
- Phil Coleman
- Dan & Sharon Cucinotta
- Marilyn Dewey
- Paul Grant
- Anne Huber
- David Joshel
- Jack Kenward
- Glenn Mounkes
- Gerry Peterson
- Amy Rafferty
- Julie Sly


# DBC Philanthropy Alert

by **Steve Kahn**  
*Philanthropy Director*

**A**RE YOU PLANNING on raising money for a ride sponsored by a charity this year? Perhaps you are thinking of participating in the NorCal AIDS Challenge, or the ride sponsored by the Berkeley Outdoor Recreation Program.

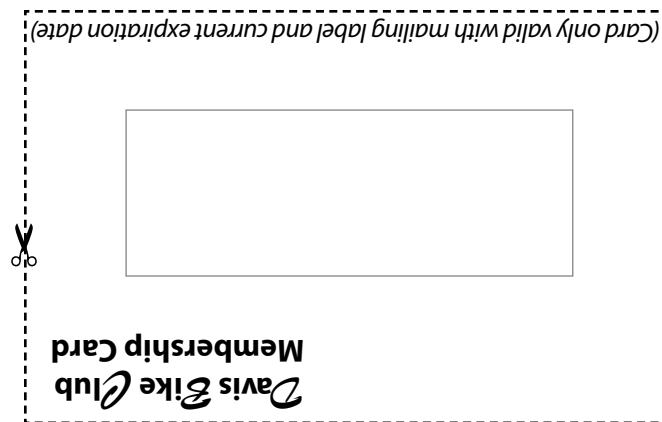
Every year many charitable rides are offered by worthy causes. This year, DBC has set aside \$1,500 to sponsor DBC riders in such events.

The first 15 DBC riders who request support will receive \$100 to apply to their fundraising activities. We have already advertised this program via the DBC listserv, but in case you missed our message, now is your chance to apply. Seven slots remain to be filled. If all slots are not taken, we will divide the remaining funds between the charity-oriented rides in which those riders receiving funds participated.

For more information, call Steve Kahn at 530.758.4083 or email Steve at [patsteve@pacbell.net](mailto:patsteve@pacbell.net). 



*2007 NorCal AIDS Challenge riders taking a break*



## First Class

**Davis Bike Club**  
c/o B&L Bike Shop  
610 3rd Street  
Davis, CA 95616