



Changing Gears

GRR by the numbers

We had 78 registered riders total.

77 riders started at 6:00pm on Monday, June 24th.

Of the 77 riders 11 were women.

Of the 77 riders 20 did not finish.

The numbers of volunteers is hard to determine accurately, but a cursory count yields 94.

Given all the behind the scenes work done for the event by local organizations my guess put the number of volunteers over 100.

Of those 100 volunteers 72 were DBC members.

Of those 72 DBC members 23 have ridden Paris-Brest-Paris, the GRR or other 1200 kilometer events.

GRR report

by Dan Shadoan

The GRR headquarters staff has been asleep for an extended period. We hope all the rest of the riders, volunteers, family members and assistants have also had some time to rest.

The 2013 Gold Rush Randonnee is finished for another four years. Shattered is the operative word.

It was an epic event. Clearly, with all the weather extremes this was the most difficult GRR out of all four events! I'm not just making this up. Ken Bonner, rider no 7, has ridden all four GRR events and he confirmed this as the hardest one of all.

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Dan Shadoan starts the GRR Photo Credit: Deb Ford



The GRR began under grim skies Photo Credit: Deb Ford

There's lots of clean-up to do. Clean-up of equipment surely but also clean-up of rider data sheets and on-line progress info and tons of reimbursement forms to process.

The GRR was a huge success and it was due primarily to the many committed volunteers all along the course.

A large number of volunteers were not even DBC members. Examples include the 9-10 year old 4-H members serving food at the Taylorsville control, the Alturas librarian securing FAX machines to communicate rider times from the small town of Adin, the Sutter High School students providing support to riders at Sutter early in the ride.

It goes on and on. I am indeed thankful for all these dedicated helpers. The GRR is

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not an easy event to support. The 90 hour time limit requires controls (rest stops) be open for long periods of time. The final control is officially open for nearly 48 hours.



Photo Credit: Deb Ford

We did have one serious injury during the event.

A Japanese rider accidentally overlapped the wheel of his fellow Japanese rider and fell breaking his right hip.

He was taken to the Oroville hospital where he underwent surgery to install a steel plate. I've talked with him, Deb Ford has visited with him and he's recovering rapidly.

We held an end-of-ride party at the downtown Bistro 33 where rides shared stories about their rides. We passed out rider jerseys to all who were there and will be attentive about getting jerseys to those who were not there.

The most unusual story related to Lee Pope's unique solution to Shermer's neck.

On the return trip, Lee was suffering from this malady where it becomes increasingly difficult to hold one's head up high enough to see the road in front.

Race Across America riders frequently experience this condition. It first happened to Michael Shermer on RAAM.



Photo Credit: Deb Ford

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At the Taylorville control a volunteer mom whose job it is to read meters for the power company just happened to have a "dog defense" stick.

It looks like a shortened ski pole with a tennis ball bolted to the end. With help from Eric Senter, captain of the control at that time, they managed to put the pole under Lee's jersey and attach the tennis ball end to the back of Lee's helmet.

With appropriate tape, bungee cords and other lashings Lee was able to ride with his head held high and ultimately finish GRR!

Once again many thanks to all involved for their dedication to our sport



Janesville Grade

Photo Credit: Deb Ford



Photo Credit: Deb Ford



Photo Credit: Deb Ford

Burlingame Criterium Elite 3's Recap

by Jon Penalosa

The crit was early, but we got there with enough time to grab some coffee at a cafe on the course and watch a crash in the 4s unfold a few feet from us. Our start had 50 riders, a couple teams showed up in numbers but didn't use their strength cohesively. My teammates Bob and Reginald were up near the front with me the entire race, so the three of us always had a spot to slot into when we needed one.

A solo flyer went every so often but never stuck long, and I was part of a small break for a lap and a half or so, long enough to grab a prime but the group was pretty unmotivated and we got caught not long after. Most were content to ride hard on the front then shoot to the back, so the pace settled down in the last third and I prepared for a bunch finish. A few crashes happened here and there, but I never saw them, just heard them behind me.

I floated the last four laps in the top five or so, and when one generous rider decided to pull me second wheel into the hairpin I figured it was the right time, so I took the inside line and put in a dig. Before the following chicane I checked underneath my shoulder, saw a gap, and knew I had it. The next 30 seconds were a blur, but I gave another look back on the final curve and saw my gap had widened, so I had some time to take my hands off the bars and show off my new DBC kit at the line. Very proud to represent the organization and riders that have supported me through my first four years in the sport!

VR Ed Note: Big Congratulations to Jon on this huge W. Burlingame is one of the classic criteriums in Northern California and is usually fast and very tough to win in a big field such as this!

Support an injured cyclist

by Pamela King

Greg was seriously injured in a bicycle accident on May 25, 2013. He is in recovery now, but has a long road ahead of him. As a fitness trainer and spin instructor, he is facing a loss of income until he can recover sufficiently to resume his spin classes.

Many of you may know Greg...Or know of his impact on Solano County roads...if there is a road that is dangerous to cyclists due to paving issues, you can thank Greg for getting it on the schedule for repair.

If you post this event, we will be able to reach some cyclist who know Greg and want to participate in his financial recovery....

This will be a fun event, with good eats, good drink, and bocce ball for all.



GREG HAMTIL

BENEFIT EVENT

July 21, 2013 - 4pm to 9pm



Come Eat, Drink, Spend And Throw Your Balls For Greg!

Main Street Cellars
9 East Main Street, Winters
530.795.9000

Wine And Beer Tasting
Silent Auction
Bocce Ball Tournament
Tickets: \$25.00 Per Person
Additional Entry For Bocce Ball Tournament
All Proceeds Go Directly To Greg

Tour d’Fritter support train captured by our fearless correspondent

These images of race support vehicles on a dry run were captured by **William Whitehead** on local county roads, the day before the 2013 Tour de Fritter (TDF 4-IV).



The TDF broom wagon brings up the rear behind law enforcement, Jelly Belly team support and Vamic neutral support

Photo credit: William Whitehead



Closeup of the familiar yellow vehicle prepared to handle flat tires. At left, suspected high-energy low-fat cargo is visible in the bed of the Jelly Belly truck.

Photo credit: William Whitehead



Two additional team cars were also seen. Shortly after this picture was taken, the ambulance departed the roadway for unknown reasons.

Photo credit: William Whitehead



Minutes later, this unmarked motorhome was seen being followed by a US Government vehicle and a news crew.

Photo credit: William Whitehead

U.S. BICYCLING HALL *of* FAME
Davis, California



**Clif Family Winery Fundraiser
benefiting the U.S. Bicycling Hall of Fame
Sunday, August 11**

What: Clif Family Winery Fundraiser

When: Sunday, August 11

Where: Velo Vino Tasting room 709 Main St, St Helena CA

Time: 10:00am to 6:00pm

Register here: <http://usbhofatvelovino.eventbrite.com/?ref=esfbenivtefor001>

On Sunday, August 11, 15% of the proceeds from wine purchased at Clif Family Winery's Velo Vino tasting room benefits the [U.S. Bicycling Hall of Fame](#), whose mission is to preserve the history of American cycling, educate people about the past and encourage them to participate in cycling activities. Join us on August 11 for this very special fundraiser at the Velo Vino tasting room in St. Helena. Enjoy a Clif Family Winery tasting (3 wines for \$10) or wine by the glass (\$6), sample Gary & Kit's Napa Valley nut mixes and dukkah's (a Middle Eastern inspired nut, seed and herb blend), or have an espressos (also available for purchase) before or after heading out on one of eight [self-guided bike rides](#) through the heart of Napa Valley. If cycling's not your style, let someone else saddle up while you enjoy Velo Vino and walking the charming downtown St. Helena.

There is no registration fee for this event, but we ask that you RSVP via Eventbrite so we have some idea of how many of you might be attending. Velo Vino is located on Main Street in St. Helena and open from 10:00 am to 6:00 pm on Sunday, August 11. For directions, go to [Velo Vino hours](#). Bike rentals are available, for more information please go to [Velo Vino cycling](#).

For further information please contact event.info@usbhof.org

Gold Lakes Tour 2013

by David Joshel

Itinerary: 3 day bicycle tour of the Northern High Sierra. Dates: Friday September 20th to Monday September 23rd.

Lodging: 3 nights at the Feather River Resort in the town of Blairsden, California. The resort has a rustic ambiance among tall pine trees. The cabins are typically 2 bedroom, 2 bath with kitchens. There are swimming pools to cool off in post ride.
Website: /www.featherriverparkresort.com

Food: 2 dinners, 3 lunches and 3 breakfasts will be provided. All food is included in tour cost. The tour participants are expected to help with food preparation and cleanup.

Travel: Leave Davis Friday morning September 20th, return Monday September 23rd.
The resort is 3.5 hours from Davis, 1 hour north of Truckee on State route 89.

Rides: Sag Van with sag food will be provided. Lunches on the road will be provided.
Riding is optional, there are other activities locally. (hiking, golf, swimming)

Weather: At an altitude of 4500 ft, the temperature in the morning could be as low as 35 degrees Fahrenheit at this time of year. The days will usually warm up nicely to the mid 60's.

Day 1: Arrive at noon, 2-3 hour easy ride to acclimate and explore the local area.
Lunch, Dinner.

Day 2: Saturday 65 miles approximately 4000 feet of climbing from Graegle to Davis Lake and the Sierra Valley through the towns of Sierraville, Loyalton & Portola.
Breakfast, Lunch & Dinner

Day 3: Sunday 56 miles approximately 4500 feet of climbing up Yuba Pass and Gold Lakes road with an 8 mile descent at the end.
Breakfast, Lunch. Dinner on your own.

Cost: ESTIMATE \$225.00 including deposit, all food and lodging based on sharing cabins with at least three people. This cost is based on full participation; it may increase slightly if the tour is not full. Transportation to and from tour will be carpooling. The gas cost to and from the location is not included in the total.

Deposit: \$50 make checks payable to DBC. Balance due at completion of tour.
Balance fully refundable up to one month before tour. Cancellation after that date forfeits the deposit.

Limit of 16 people.

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Tire-Side Chat Series

The U.S. Bicycling Hall of Fame Presents:

David Herlihy



Rescued Cycling Photos from 1891

Thomas Stevens won global fame when he completed a novel “round the world” tour on a high-wheel bicycle in 1887. Three years later, two college graduates, Thomas Allen and William Satchleben set out to top that feat riding new-fangled “safety” bicycles (the blueprint for today’s vehicle). In contrast to Stevens, who drew pictures to illustrate his adventures, Allen and Sachtleben brought along another novelty, a compact Kodak

film camera. For forty years, UCLA has stored some 400 fragile nitrate negatives taken by these two while traversing Asia Minor in 1891. At last, they have been scanned, revealing remarkable photos taken more than 120 years ago.

Please the US Bicycling Hall of Fame in welcoming
David Herlihy as he presents and discusses select images.

Tuesday, July 16, 7:00-8:00 PM.

USBHOF Headquarters & Museum

The USBHOF will open at 6:30 PM on July 16. Drinks will be served.

Free Admission for USBHOF and Davis Bike Club members.

Others: suggested donation \$5 general, \$3 Student/senior

Publication Schedule for 2013

by Adam Bridge, Editor

Due to travel challenges “Changing Gears” will be published on the 15th of the month instead of the 1st as is traditional through the end of 2013. The November 15th edition will be a combined “Holiday Edition”. Publication on, or about, the 1st of each month will begin again with the January 2014 edition.

Articles should reach the editor no later than the 10th of each month for inclusion in that month’s newsletter.

Thank you for your consideration.