

KJ's Way Permanent

This route is named for Ultra Randonneur Ken Johnson, who left a lot of rubber on this route in March of 2010 when he rode 4,500 miles in March alone. KJ's Way starts in Davis, California, and crosses the causeway to West Sacramento. Once across the iconic Tower Bridge, the route passes through historic Old Sacramento, and then follows the American River from its confluence with the Sacramento River east around Lake Natoma to Folsom Lake, and then up Auburn-Folsom Road to Auburn....and back.

Thirty-one miles of the ride in each direction occurs in the American River Parkway on the Jedediah Smith Memorial Trail, also known as the American River Bike Trail. This scenic portion of the ride is virtually free of stops, with few motor vehicle crossings. Riders should use caution at intersections and watch for poles between the lanes which are there to keep cars off the trail but also can present a hazard if the rider is not alert. While the paved lanes are intended for bicyclists....joggers, walkers, roller-bladers and equestrians also use the trail and are often unaware of the rules, which are painted on the asphalt surface. Be courteous and yell "on your left" or "bike back" as you are over-taking other trail users and most will yield the right-of-way. Mile markers are painted on the trail in half mile increments starting at the Discovery Park end of the trail, so alert riders will know the distance they have travelled on the trail at almost any time.

This route passes through riparian forest, oak woodland, grassland and oak savanna. Riding among the large piles of cobbles, dredger tailings, one is constantly reminded of the gold mining activities from the early 20th century. This river ecosystem is completely surrounded by urbanization along its entire length. While riding along the American River, riders must keep an eye out for turkeys, deer, and ground squirrels darting across the trail.

There are numerous opportunities for restrooms and water along the trail. If riders leave the official route to seek services they should be sure to re-enter the route at the same location. Total mileage for KJ's Way is 132, with a total elevation gain of 4,300 feet. The route is available year round but is subject to closure or route adjustments due to flooding at Discovery Park in high water years.

CONTROLS:

DAVIS/The Market Place

Safeway
1431 W. Covell Blvd.
Davis, CA 95616
Open: 24/7

Peet's Coffee & Tea
1411 W. Covell Blvd.
Davis, CA 95616
Open: Monday-Friday 5:30 AM-7:00 PM
Sat 6:00 AM-7:00 PM / Sun 6:30 AM-7:00 PM

Dos Coyotes
1411 W. Covell Blvd.
Davis, CA 95616
Open: 11:00AM-9:00PM

AUBURN

Starbuck's
13345 Lincoln Way
Auburn, CA 95603
Open: 5:00AM-9:00PM

Raley's (supermarket)
13384 Lincoln Way
Auburn, CA 95603
Open: 6:00AM-11:00PM