

Deb's Double Dog Dare - Winters Start

A permanent of 200 kilometers

Total (mi)	Direction	(L=Left, R=Right, S=Straight)	Go (mi)
NB: start from parking lot next to Rotary Park at the SE corner of Main and Railroad			
CONTROL 1 Open Control: Obtain proof of passage			
Steady Eddys Coffee House, 5 East Main Street, Winters, CA 95694;			
several other establishments near Main St. and Railroad Ave in Winters			
(Close: 1 hr. after starting time.)			
0.0	L (south)	Railroad Ave, becomes Winters Road	0.2
0.2	Bear R	Continue on Winters Road	0.2
0.4	R	Putah Creek Road	4.8
5.2	L	Pleasants Valley Road	11.6
16.8	R	Cherry Glen Road	0.8
17.6	R	Lyon Rd	2.3
19.9	R	Hilborn Rd	2.0
21.9	R	Vista Grande. CAUTION: Stop sign at bottom of hill, limited sight distance	0.6
22.5	S	Continue on Vista Grande after crossing 10 Gate Rd	0.9
23.4	R	Waterman Blvd	0.3
23.7	S	Continue onto Mankas Corner Rd	0.9
24.6	L	Abernathy Road	1.8
26.4	R	Rockville Road (at traffic circle)	1.7
28.1	CONTROL 2 Open Control: Obtain proof of passage		
Intersection of Suisun Valley and Rockville Roads.			
Valley Cafe, 4171 Suisun Valley Rd, Fairfield 94534			
or Tower Minimart or La Barista Espresso & Deli			
(Open: 1 hrs. 30 min. Close: 3 hrs. 0 min. after start.)			
28.1	R (north)	Suisun Valley Road (becomes Wooden Valley Road)	12.3
40.4	L	CA-121, begin 2-mile 6-8% climb	2.0
42.4	S	CA-121, summit of Mt. George	3.7
CAUTION: steep descent with sharp corners!			
46.1	R	Atlas Peak Road	0.9
47.0	L	Hardman Avenue	0.9
47.9	R	Silverado Trail. Follow north toward St. Helena, rollers and flats.	0.9
48.8	S	Silverado Trail (deli, restrooms at Soda Canyon Road on right)	14.6
63.4	L	Pope Street - be cautious making turn: fast overtaking and oncoming traffic!	0.6
64.0	S	Pope Street - Restrooms, water in Jacob Meily Park on Right	0.3
NB: suggested Control 3 has no public restrooms - stop here first!			
64.3	R	Main Street	0.2
64.5	CONTROL 3 The Model Bakery (on left side of street): Obtain proof of passage		
1357 Main Street, St. Helena 94574; may also use Chevron at 1400 Main			
or Napa Valley Coffee Roasting at 1400 Adams St			
(Open: 3 hrs. 28 min. Close: 6 hrs. 56 min. after start.)			
Use caution riding in St Helena. Highly congested with tourist traffic,			
especially on weekends.			

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64.5	R	Main Street - return to Pope Street	0.2
64.7	L	Pope Street	0.9
65.6	L	Silverado Trail	100 ft
		Very fast cross-traffic! Use extreme caution!	
65.6	R	Howell Mountain Road	0.3
65.9	S	Continue on Howell Mountain Road - begin first climb, 4 miles of 6-10% grade	0.9
66.8	L	Continue on Howell Mountain Road	3.2
70.0	S	White Cottage Road: cross main road (Deer Park to left, Howell Mtn to right)	1.2
		CAUTION: fast cross-traffic does not stop	
		second climb continues 3.8 miles, 6-8% grade with breaks	
71.2	S	White Cottage Road: first false summit	0.9
72.1	S	White Cottage Road: second false summit	0.2
72.3	S	White Cottage Road: CAUTION! Sharp switchback on quick descent!	0.1
72.4	S	Continue on White Cottage at intersection with College Ave., climb continues	1.0
73.4	S	White Cottage - summit of climb!	0.2
73.6	S	Continue on White Cottage at intersection with Ink Grade	0.1
73.7	L	Howell Mountain Road	2.3
		CAUTION: very steep, technical descent, tight turns. Take extra care during wet and/or icy conditions. Keep your speed under control at all times!!!	
76.0	L	Chiles-Pope Valley Road	50 ft
76.0	CONTROL 4	Valley Market: Obtain proof of passage 5850 Pope Valley Rd., Pope Valley, CA 94567 (Open: 4 hrs. 4 min. Close: 8 hrs. 8 min. after start.)	
76.0	L	Chiles-Pope Valley Road	0.9
76.9	L	Pope Valley Cross Road	1.0
77.9	L	Pope Canyon Road. Patchy pavement in places.	7.8
85.7	S	CAUTION: beginning of 13% descent with stop sign at base	0.6
86.3	R	Knoxville-Berryessa Road	8.1
		CAUTION: watch for boating-related traffic, esp. on summer weekends	
94.4	CONTROL 5	Spanish Flat Country Store (on left): Obtain proof of passage 4318 Knoxville Road, Napa, CA 94558 (Open: 5 hrs. 4 min. Close: 10 hrs. 08 min. after start.)	
94.3	L	Continue on Knoxville-Berryessa Road	5.0
99.3	L	CA-128/Capell Valley Road	4.8
104.1	L	CA-128, Junction CA-121. Convenience store. Hills ahead.	6.4
110.5	S	Summit of Cardiac Hill. Caution! Steep 2-mile descent.	12.9
123.4	R	Main Street in Winters; stay on Main as it bends to the left.	0.9
124.3 (200K)	CONTROL 6	Open Control: Obtain proof of passage Steady Eddys Coffee House, 5 East Main Street, Winters, CA 95694; several other establishments near Main St. and Railroad Ave in Winters (Open: 6 hrs. 40 min. Close: 13 hrs. 20 min. after start.)	